

CCS Health and Wellness Committee
Meeting Minutes
submitted by Kathy Faust

3-9-2023 Thursday

Present: Kathy Faust – Coordinator of Food and Nutrition Services, Lisa Schumacher - teacher, Maxwell Prindle - student, Cooper Peterson – student, Tammi Jacobsen – parent and staff, Laurie Jost - teacher, Jared Griffin – School Board Member via Zoom, Cynthia Johnson from Sprout - Guest.

- I. We read minutes from last meeting.

- II. We talked about the Rethink your drink water challenge for staff we had 24 participate.

- III. We discussed the new farm to school grant and some ideas. Cynthia from Sprout Food Hub in Little Falls gave us some insight on Sprout and how she could help us with our grant. - We will work on a survey for students

- IV. Staff – school wide possibly Pickleball tourney in May

- V. Meeting time works for everyone.