

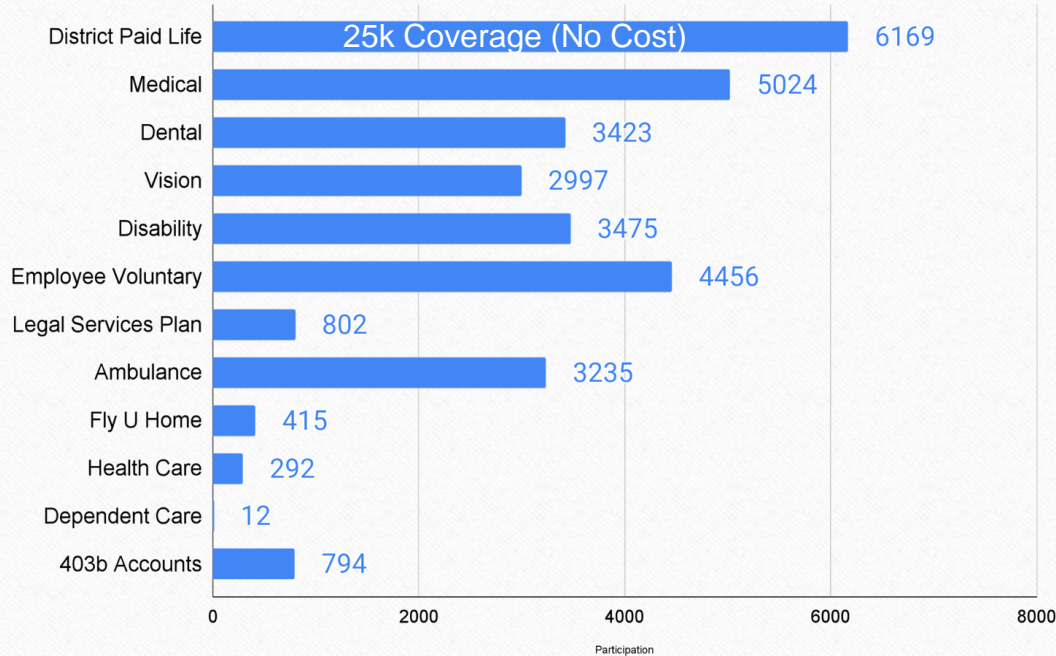
Risk Management
Insurance Benefits

&

Wellness Program

Insurance Services Administered by Risk Management Benefits Department

Benefit Current Enrollment (March 30, 2023)



Benefits Staff Oversees 12 different benefits.

- The Wellness Program is managed under the Benefits Department.
- We have 31,094 participants across all benefits.

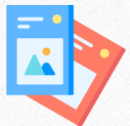
Benefits Department Communications Platforms

Newsletters	Night and Urgent Care Centers, Open Enrollment Dates, MD Live, Benefit Promotions for UISD Employees Etc.
Social Media	We use Social Media such as Facebook or Instagram to advertise Benefit Program events.
ITV Videos	UISD TV develops our promotional videos, using real testimonials of employees using the benefits that we offer.
RM Website	Offers a comprehensive and detailed overview about the benefits available to employees. Access to providers websites and Benefits Portal.
Risk Management Staff	Plays a vital role communicating benefits updates to the District's employees. Answering questions regarding coverage and qualifying events.

Communications Samples



[Designating Your Beneficiary Video](#)



[Open Enrollment Flyer](#)



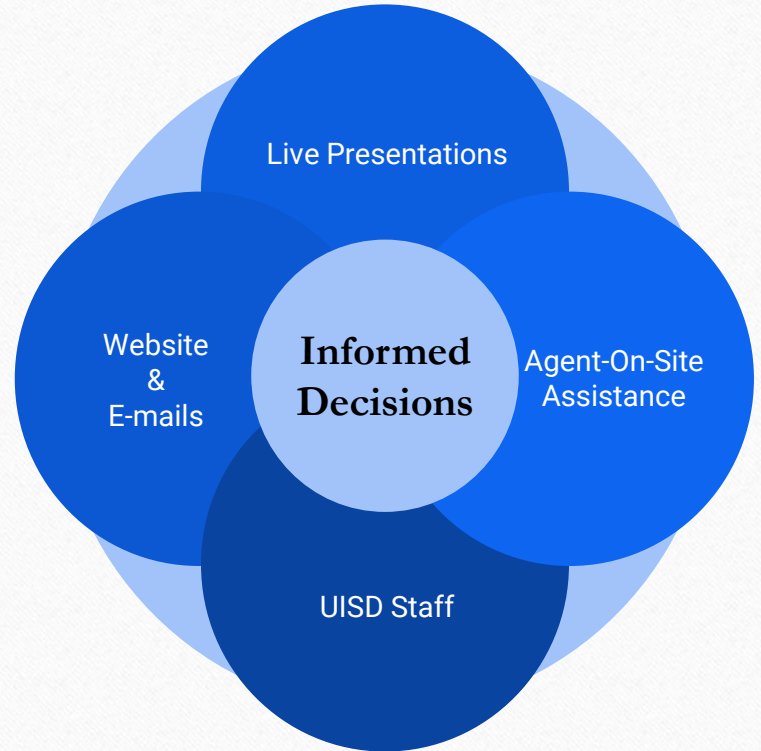
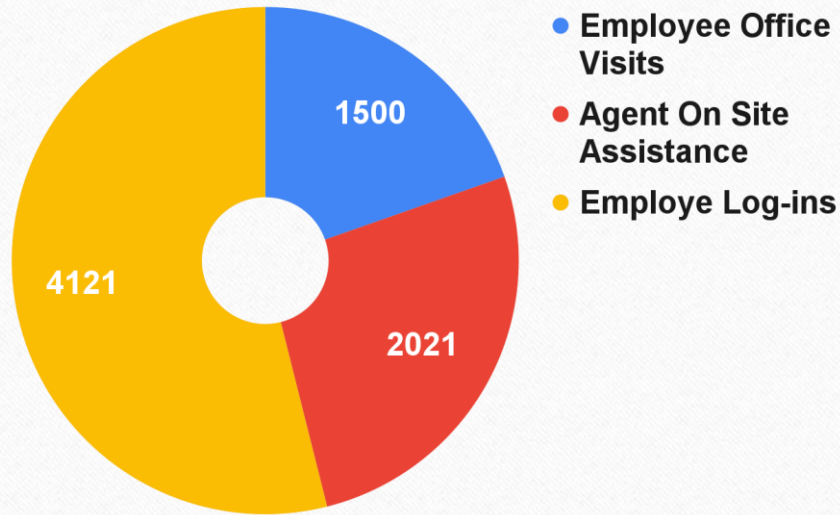
[Benefits Website](#)



[Benefits Guide](#)

Risk Management Interactions

Number of Interactions During Open Enrollment
2022-2023





Cordelia R. Sarabia

Blue Cross Blue Shield – Wellness Coordinator

Employee Wellness Program Statement

The UISD Employee Wellness Program strives to foster a culture of health and wellness for **ALL** employees. The goal of the program is for employees to **embrace, engage, and be empowered** to take an active role in their health and wellness. The Employee Wellness program is committed to supporting employees by providing them with activities, tools, and resources so that they may take a **proactive** approach to their health.

Dedicated Communications



Newsletters



Wellness
Champions



Social Media



Onsite
Presentations



Video
Announcements

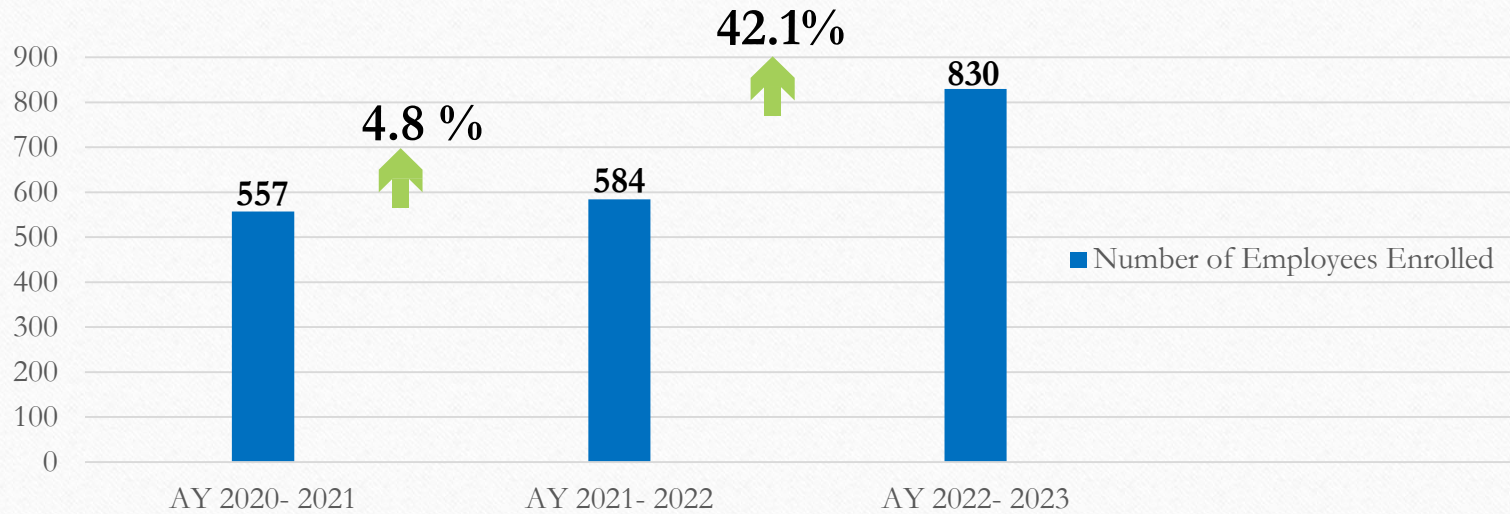


Website Update

Employee Wellness Areas of Focus

- BCBS Resources and Tools
- Health Awareness Information
- Healthy Living Tips and Information
- Community and Partner Resources and Opportunities

Program Growth



Activities, Resources, and Tools

Walker Tracker Challenges

Learn to Live

Halloween District Walk

MDLive

Health Fair

(In conjunction with City of Laredo and other Community Entities)

Airrosti

Diabetes Empowerment Program

HealthyWage

BCBS Fitness Program

Employee Volleyball Tournament

Health Education Presentations

Ovia Health

Heart Health Webinar Series

Well on Target

Newsletter Samples

[August Back to School edition](#)

[November Newsletter](#)

[Mindful Monday](#)

[Feel Good Friday](#)



National **Gold Level** Recognition



American Heart Association®
Well-being Works Better™



The American Heart Association has Awarded United Independent School District **National Gold level recognition for its commitment to employee health and well-being as measured in the Association's 2022 Workforce Well-being Scorecard.*

THANK YOU.

Risk Management Department

**Insurance
Benefits**

**Wellness
Program**

Main Contact Information: 473-6390; 201 Lindenwood Dr. Portables: #3; #6; #13