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**#6130.2.2  
Exemptions From Instruction**

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**Religious**

If the religious belief and / or teachings of a student or his / her parents or guardian are contrary to the content of a school subject, or to any part of a school activity, the student may be exempt from participation. To receive such an exemption, the parent or guardian must present a written request for exemption to the principal stating the conflict involved.

**Medical**

If a student is unable to participate in a physical education class, he / she must present to the principal or designee a statement from a physician stating the reason for his / her inability to participate. In addition, school regulations may prohibit a student's participation for medical reasons.

**HIV / AIDS Instruction**

The Board of Education encourages parents to support student participation in HIV / AIDS instruction (cf 5120.3.2 HIV Infection). However, a student will be exempted from instruction on Human Immunodeficiency Virus (HIV) / Acquired Immune Deficiency Syndrome (AIDS) upon receipt of a written request for exemption from his / her parent or guardian.

**Bilingual Education**

A student will be exempted from the bilingual program upon receipt of a written request for exemption from his / her parent or guardian.

**Dissection of Animals**

A student will be exempted from the dissection of animals upon receipt of a written request for exemption from his / her parent or guardian.

**6130.2.2 (continued)****Substance Abuse Education**

Substance abuse education is required by state statutes for all students annually and students are not exempt.

Exemptions from required instruction do not excuse a student from the total semester hours required for graduation.

**Family Life and Sex Education**

Students, parents or guardians shall be informed of their right to exempt the student from the family life program. The student will be exempted upon a written request for exemption from his / her parent or guardian.

Legal Reference: Connecticut General Statutes  
10-16b Prescribed courses of study  
10-16e Students not required to participate in the family life education program.  
10-17f Required bilingual program (as amended by PA 98-168)  
10-19(b) AIDS education  
10-19 Effect of alcohol, nicotine or tobacco and drugs to be taught

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