# Nehalem Nugget, JUNE 2023

Be Safe . . . Be Respectful . . . Be Responsible

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## **Important Dates/Reminders**

- June 2nd Neah-Kah-Nie High School Graduation, Friday at 7:00 p.m.
- June 6th All library books due Last day of Library
- June 6th 8th Last Week for K/1 Swim
- June 9th Field day, 12:00-2:15 Please contact the office if you're interested in volunteering.
- June 12th School Board Meeting, 6:30 p.m.
- · June 13th Last Day for Preschool
- June 15th Last Day of School, dismiss at 12:00 p.m.
- August 1st Open Registration for New Students

## The Jog A Thon Fundraiser was a Huge Success!!!

Thank you to for all of your support! We raised **\$5292.76** for our walking track around the field. This is going to be so beneficial to our students, staff, and community! It will be completed by the fall when school starts.

## 2023/2024 Class Assignment & Configurations

- Preschool: Mrs. Quintana
- · Kindergarten: Mrs. Archer
- 1st Grade: Ms. Carbary and a new teacher (TBA)
- 2nd/3rd grade: Mrs. Christensen and Mrs. Honts
- · 4th/5th Grade: Mrs. Henderson, Mr. McCoy, and brand new to NES is Mrs. Lopez

Student placement will be based on Nehalem Elementary staff recommendations derived from our cumulative knowledge of a student's individual learning needs, personal characteristics and our desire to have balanced classrooms. We hope families will trust our professional judgment regarding their student's placement and not try to make requests. Final decision will be made by the building principal based on all of the factors. Due to uncertain summer time enrollment, final class lists will be posted right before Labor Day Weekend in September.



## Field Day

Mrs. Duer is looking for volunteers for Field Day. If you're interested in volunteering, please click on the link below and fill out this google form.

Field Day Sign Up

## Preschool Registration is now open for the 23/24 school year.

23/24 Preschool Enrollment has begun. NES only has 20 slots available. If you are interested in having your child attend Nehalem Elementary School Preschool Program, please contact Shannon at NES by calling 503.355.3650 or email <a href="mailto:shannonam@nknsd.org">shannonam@nknsd.org</a>.

Please note, your child must be 3 years old on or before September 1st, 2023 to be eligible.



## 5th Grade End of Year Events

#### **Thursday June 15th**

10:45-11:45 a.m. K-5 Assembly in the Gym 11:50 a.m. Bell Ringing for Grade 5 Students

Families are welcome to attend. If you plan to take your student home from school PLEASE let the office know.

### 5th Grade Class Trip

Hi 5th grade families!

Here are the details for the 5th grade trip:

Date: June 15th (last day of school)

Where: Capital Kid Amusement Park (in Seaside) Website for Captain Kid

What: Rides, Mini-Golf, Go-Carts, Pizza, Ice Cream and Drinks.

Time: June 15th is a half-day, and the bus will pick students up right after school @12. The bus will return to NES at 5pm, where you will pick up your child.

If you plan on having your child attend, please put their name on this google doc, so we can get a preliminary head count and shirt size: <u>Shirt Size Form</u>

Look for permission slips to sign in your child's backpack next week.

#### What is still needed:

We are in need of money to cover the bus ( $\sim$ \$350) and would like to do t-shirts and treats for the kids, in addition ( $\sim$ \$650).

**Fundraising**: Teah Laviolette is setting up a fundraiser, selling snacks and lemonade at the Crab Derby on Saturday, June 3rd at Jetty Fishery. It would be great for kids to participate in helping to raise money for their class trip. Email Teah at: <a href="mailto:teah.laviolette@gmail.com">teah.laviolette@gmail.com</a> for details.

**Financial Donations:** Some people have indicated that they would like to donate money. We do not have a bank account set up, so donations would have to be cash or check made out to a parent. I have a mailbox at NES, so, if you would like to donate money, put it in an envelope and bring it to the front office <u>by June 5th</u>. Write Lesley Anctil on the envelope to make sure it goes to the right place. This event is not organized by NES. It's organized by parents, so do not make checks out to Nehalem Elementary School. If we end up with extra money from donations and fundraising, I will look into setting up a class of 2030 bank account, which will go towards future events etc. for the class.

**Snack/Drink Donations:** Crystal Dietrich is putting together snack bags for each kid. If you would like to help put them together or want to donate non-perishable snacks or drinks, email Crystal at: <a href="mailto:Cry.rich11@gmail.com">Cry.rich11@gmail.com</a>

**Chaperones**: With 26 kids, we need 5-6 adults to chaperone. I believe we have enough people with those that expressed interest already, but if you are interested in being a back-up, you can send an email to: <a href="mailto:lesleyanctil@gmail.com">lesleyanctil@gmail.com</a>

Should be a fun time! Feel free to reach out if you have questions or thoughts.

## **School Nurse**

Hello families.

Hope this finds you all healthy & enjoying the spring weather!

Here is a quick update from OHA/ODE.

A five-day period of isolation for those infected with COVID-19 will also **no longer be recommended** for the general population, including people in K-12 education settings for the rest of this school year and the opening of the next school year. The recommendation for covid falls in line with all respiratory illnesses:

- · to stay home until fever free for 24 hours, cough is well controlled and symptoms are improving;
- $\cdot$  to avoid contact with individuals at increased risk for severe disease, including older adults and those with underlying medical conditions;
- · and to consider masking for 10 days.

A communicable disease management plan will still need to be in place for the next school year for each school. This will be posted on the district website before school starts.

Enjoy the last few weeks of school.

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Denise

## Ms. Jennifer's School Counseling Office

We made it! Another year in the books. It has been an absolute joy working with your children this year, helping them foster growth in their social emotional skills.



As we head into summer I'd like to share some ideas to continue your child's social emotional learning...

- Mindfulness has been practiced daily with our school wide morning breathing practice. I
  encourage you to practice this with your students at home this summer. The more they practice
  the more automatic the mindfulness response becomes. MindYeti is a great resource for PreK 3rd grade. It was created by the Committee for Children who is the creator of Second Step, one of
  the SEL curriculum used at NES. Waterford.org is another great resource for kids and
  mindfulness as well. Additionally, The Child Mind Institute is a great resource in learning more
  about supporting your children's mental health.
- Supporting children during big emotions is crucial in building their emotional intelligence. As
  adults, modeling for them the recognition of our own feelings and tools to work through them is
  so beneficial. for kids. Below is a script as a starting point to help your kiddos work through big
  emotions:

I hope you have a great summer! Love Ms. Jennifer

#### BIG EMOTION COACHING

I. ACKNOWLEDGE THE EMOTION Let the Child know that you see they are experiencing an emotion	SAY. I can see something is bothering you	
2. LABEL THE EMOTION Help the child understand what emotion they may be feeling	SAY. where is your energy level? Are you feeling comfortable or uncomfortable?	
3. VALIDATE THE EMOTION All emotions are valid even if the emotion doesn't fit the problem	SAY. It sounds like you feel because of Does that sound right?	
Help your chile	d problem solve	
SADNESS needs comfort	SAY. It's ok to cry, do you want a hug?	
ANGER needs patience	SAY: I'm going to wait over here until you are ready.	
ANXIETY needs security	SAY. You're safe, I'm here for you. Tell me about it.	

## **Family Resource Center**

If you're looking to clean out gently used clothing that your child/children outgrew, we're in need of the following items.....

- clothing
- shoes/boots
- · coats
- swim suits and trunks

Preschool through 5th grade sizes would be greatly appreciated! Please contact Heaven Hartford at 503-355-3639 or <a href="mailto:heavenh@nknsd.org">heavenh@nknsd.org</a> to donate



## **NES Parent Council**

Hello all!

I cannot believe we are wrapping up the end of the year! I want to thank all our community for your unwavering support and help throughout the year. Parent Council relies on fundraising to continue the tradition of supplying school supplies for our students.

Parent Council would like to thank the parents for supporting our fundraising efforts, we appreciate it more than you know. To our teachers, instructional assistants, and all NES staff, THANK YOU. I cannot say thank you enough, you all are truly are phenomenal at wearing many hats, and making all of our students feel safe and loved.

If you have any questions or comments, please feel free to contact me via email. <a href="mailto:larisak@nknsd.org">larisak@nknsd.org</a>.

Happy almost summer! Larisa

Middle School Summer Enrichment Program

## Neah-Kah-Nie Middle School Presents...

# The 3rd Annual CI

## Enrichment Program

Neah-Kah-Nie Middle School is excited to offer a FREE 1 week summer enrichment program for our students entering grades 6-8. Students will have the opportunity to participate in a wide variety of activities including: art, athletics, nature survival skills, team-building, field trips, and more. Transportation and lunch will be provided at no cost to participants.

Dates: Monday, August 21st - Friday August 25th.

Times: 8:00 AM - 2:00 PM

Register online using this <u>link</u> or contact the Middle School Office at 503-355-2990. Email <u>angied@nknsd.org</u> if you have any questions. Space is limited, so reserve your spot now.







## **NKN Employment Opportunities**

Click button to access and apply for open positions.





## **COMMUNITY NEWS**

## **SUMMERTIME FUN @ the NCRD**

#### **NCRD Youth Center**

Youth Center News - Summer!!

If you're in need of childcare visit the Welcome Center at NCRD or call 855-444-6273. On school days we pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Cost is \$6 a day per child, and this includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, and etc...). We are closed for all national holiday's and on day's observing the holiday. This month's Holiday is Juneteenth. We have changed the way we charge and bill in the Youth Department. Prices are as follows:

\$20 pre-registration and pre-payment.

\$25 Day of registration (space permitting) with payment.

\$30 Day of registration (space permitting) with invoice billing.

This month the last day of school is Thursday June 15th, this will be an early release day (School is out at Noon!!) We will pick the kids up directly after school and have a fun last day activities planned. On June 16th summer hours at the youth center begin, they are 7am – 5pm. We provide breakfast, lunch, and a snack. We plan to visit Aldercreek Farm, the Bookmobile will be here every other Tuesday, and Field Trip Wednesday's start in July, get registered as they fill fast.

### **Planned Field trips:**

Wednesday 7/12/23 Astoria Maritime Museum and Column leaving at 9am-4pm

Wednesday 7/19/23 Short Sands Beach leaving at 9am - 4pm

Wednesday 7/26/23 Tillamook Air Museum and Barview Sandhill 9am – 4pm

Wednesday 8/2/23 Garibaldi Train Ride and Museum leaving 9am - 4pm

Wednesday 8/9/23 Tillamook Forest Center leaving at 9am - 4pm

Wednesday 8/16/23 Nehalem Bay State Park leaving 9am - 4pm

Wednesday 8/23/23 Cape Meares lighthouse & Damp, Whiskey Creek Fish Hatchery 9am-4pm

Wednesday 8/30/23 Rex Champ Field leave at 10am

On Field Trip days, childcare begins at 7:00 am, child MUST be in program by NO LATER then 8:30 am, our Childcare program closes on Field Trip days at 5:00 pm. Building Scholarship applications are available upon request. NCRD scholarships are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year. Please let any NCRD staff or the welcome center know if you would like an application.

#### -Youth Sports-

Baseball is underway and will run through the end of June on Tuesday's and Thursdays at Rex Champ Field! We are always looking for more coaches, lots of experience or no experience all coaches are welcome. Please check the box on your child's registration form or let us know and join us for the next session of fun. Thank you. Do not hesitate to reach out with any questions or concerns, <a href="mailto:anglet@ncrdnehalem.org">anglet@ncrdnehalem.org</a> kileyk@ncrdnehalem.org

## **NCRD POOL**

#### **OPEN SWIM**

Children 5 years and younger must be accompanied by an adult.

- > Recreational Swim | Monday Friday (5 days a week) 1:00 pm 3:00 pm
- > Family Swim | Wednesday Evening 6:00 pm 7:30 pm

	Youth Rates		Adult Rates	
In District:	\$2 per visit	\$18 Youth 10-visit Pass	\$6 per visit	\$50 Adult 10-visit Pass
Out of District:	\$3 per visit	\$25 Youth 10-visit Pass	\$8 per visit	\$65 Adult 10-visit Pass

#### SWIM LESSONS

#### Parent Tot Lessons | Tuesday or Thursday

Weekly, all season

> 9:15 am - 9:45 am

Parent Tot Lesson Rates	6 Lesson Package	
In District	One child \$42	Each additional sibling \$21
Out of District	One child \$54	Each additional sibling \$27

#### Youth Lessons | Tuesday & Thursday

Two-week Sessions (4 lessons each session)

- > 10:15 am 10:45 am Beginner/Intermediate Level (separate groups)
- > 11:00 am 11:30 am Intermediate Level

Youth Lesso	ins	
Session 1	June 27, 29 & July 6 (*reduced rates below for shortened session)	
Session 2	July 11, 13 & July 18, 20	
Session 3	July 25, 27 & August 1, 3	
Session 4	August 8, 10 & August 15, 17	

Youth Lessons Rates	One Session (4 Lessons)		
In District	One child \$32 / *\$24	Each additional sibling \$16 / *\$12	
Out of District	One child \$40 / *\$30	Each additional sibling \$20 / *\$15	

#### Reservations REQUIRED | call or e-mail

Call 855-444-6273, choose Option 3

Email suedg@ncrdnehalem.org



Children ages 6-12 (incoming grades 1-6) can build new skills and friendships through theatre games and music explorations at the Seaside Secondary Building. Camp participants will collaborate with their peers as they work within a level comfortable to their skills and grow from there. A performance showcase for family and friends will take place the final hour of the camp on Friday (11am to noon).

### **ACTIVITIES INCLUDE:**

- games
- improvisation
- pantomime
- singing
- dancing
- acting methods
- performance prep
- · art projects
- outside time (weather permitting)
- performance showcase 11amnoon on Friday, August 18

## SIGN UP HERE!

https://forms.gle/tHYLW 3yU2xeWAbLU8



Susan Baertlein & Ann Susee, SHS English & Drama Teachers sbaertlein@seasidek12.org asusee@seasidek12.org 503.738.5586 2600 Spruce Dr. Suite 200

Seaside, OR 97138

## **DAILY SCHEDULE**

9-10am: warm-up activities, improv, pantomime, music, and dance

10-11am: snacktime and rehearsal (small groups)

11 - noon: art projects and outside activities



## FEES AND INSTRUCTOR INFO CAMP FEE PER CHILD: \$150

This includes a t-shirt, daily snacks, 15 hours of camp, art supplies, and any costumes needed for the showcase.

Teachers Susan Baertlein and Ann Susee will run the camp, assisted by a few seniors as a Pacifica Project.

ALL PROCEEDS BENEFIT THE SHS DRAMA PROGRAM.



Los niños de 6 a 12 años (que ingresan a los grados 1 a 6) pueden desarrollar nuevas habilidades y amistades a través de juegos de teatro y exploraciones musicales en el edificio secundario Seaside. Los participantes del campamento colaborarán con sus compañeros mientras trabajan dentro de un nivel cómodo para sus habilidades y crecen a partir de ahí. Un escaparate de actuación para familiares y amigos se llevará a cabo la hora final del campamento el viernes (11 am a mediodía).

#### **ACTIVIDADES INCLUIDAS:**

- juegos
- improvisación
- pantomima
- . cantando
- baile
- · métodos de actuación
- preparación para el desempeño
- proyectos de arte
- tiempo al aire libre (si el tiempo lo permite)
- presentación de espectáculos de 11 a.m. al mediodía del viernes 18 de agosto

#### ¡REGISTRATE AQUÍ!

https://forms.gle/XGWu UzFc5UzPungN6



Susan Baertlein & Ann Susee, SHS Profesores de Inglés y Drama sbaertlein@seasidek12.org asusee@seasidek12.org 503.738.5586 2600 Spruce Dr. Suite 200

### **HORARIO DIARIO**

9-10am: actividades de calentamiento, improvisación, pantomima, música y baile 10-11: merienda y ensayo (grupos reducidos)

11 - mediodía: proyectos de arte y actividades al aire libre

### TARIFAS E INFORMACIÓN DEL **INSTRUCTOR**

**CUOTA DEL CAMPAMENTO POR** NIÑO: \$150!

Esto incluye una camiseta, refrigerios diarios, 15 horas de campamento, materiales de arte y los disfraces necesarios para la exhibición.

Las maestras Susan Baertlein y Ann Susee dirigirán el campamento, asistidas por algunas personas mayores como un Proyecto Pacifica.

**TODOS LOS INGRESOS BENEFICIAN EL** PROGRAMA DE DRAMA DE SHS.

