

SCHOOL HEALTH ADVISORY COUNCIL

Aledo ISD
2019-2020

PURPOSE AND REQUIREMENTS OF THE SCHOOL HEALTH ADVISORY COUNCIL

- From TEC 28.004[a]:

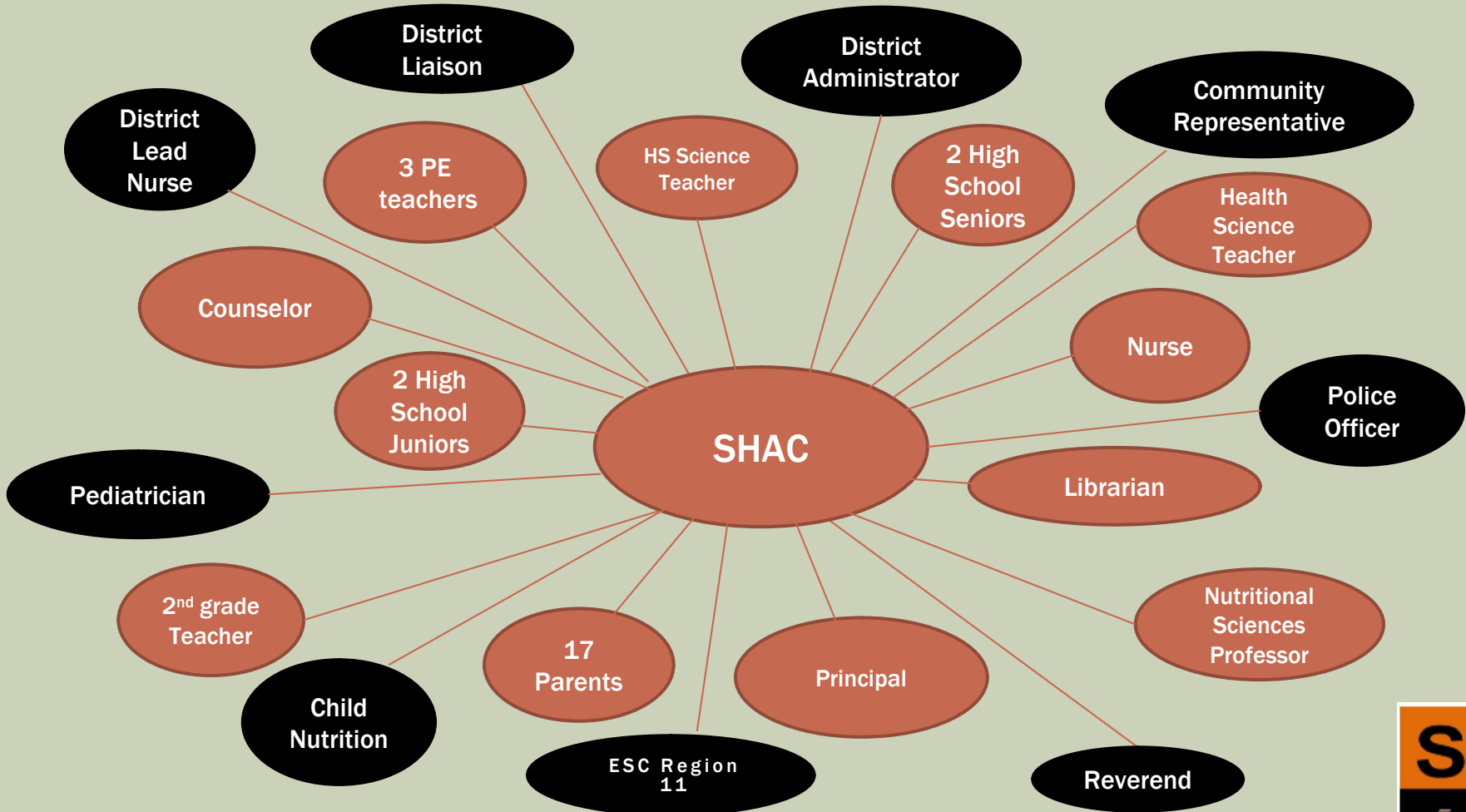
The purpose of the School Health Advisory Council (SHAC) is, “...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”

- From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually “...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report.”



SHAC MEMBERSHIP



MEETING DATES

Full SHAC:

- **October 7, 2019**
- **November 11, 2019**
- **February 3, 2020**
- **March 9, 2020**
- **May 4, 2020**



RANDOM STUDENT DRUG TESTING

- Changes to Random Student Drug Testing practices prompted many questions from SHAC member
- Questions like:
 - Why are all students not tested?
 - What percent of students test positive?
 - What happens if students are randomly selected but are not present?
- Additionally, input was shared to support possible expansion of Random Student Drug Testing to middle school level



HUMAN TRAFFICKING PROGRAMS

- SHAC input was sought related to several programs related to the topic of Human Trafficking were attempting to solicit business from AISD
- Many of the programs begin at 2nd or 3rd grade
- Discussion reviewed that SHAC has previously approved, and AISD utilizes, two programs similar in nature – they are *Play It Safe* and *P.S. It's My Body*
- Collective sentiment was to continue with current programming and for all staff to consistently reinforce with students about situational awareness, understanding surroundings, and reporting to trusted adults



LIFELINES SUICIDE PREVENTION PROGRAM

- LifeLines Suicide Prevention program is already recommended by SHAC and in use in AISD high school-credit health courses
- Hazelden, the publisher of LifeLines recently released a new program for suicide prevention going down to 5th grade
- Desire to have some sort of structured and evidence-based program at 6th - 8th grades has grown this year
- Robust discussion around the LifeLines program and suicide prevention led to tabling the agenda item until the next SHAC meeting

LIFELINES SUICIDE PREVENTION PROGRAM

- Discussion at subsequent SHAC meeting centered around need for structured suicide prevention activities at younger ages
- Concerns were expressed about the use of current LifeLines program at high school level
- SHAC agreed to move forward with approving to recommend the use of the newly available LifeLines program in grades 6th – 8th, while also requesting to revisit the use of LifeLines at the high school level with the hope to consider another option

Request was put to vote and approved 16-0



CHILD NUTRITION

- Patty Willhite, Child Nutrition Director, provided samples of food available through Child Nutrition department in Aledo ISD
- Members received information on Child Nutrition department including
 - laws that govern menus
 - promotional activities
 - safety procedures and training provided to Child Nutrition staff



STANFORD MEDICINE TOBACCO PREVENTION TOOLKIT

- Stanford University School of Medicine created and released a resource for use by public schools to promote the idea of tobacco prevention, specifically built around anti-vaping
- Toolkit and features were reviewed and discussed
- Features of the toolkit include:
 - Videos and modules for ease of delivering lessons
 - Supplemental training for school staff
 - Discussion guides to parents and families
- No vote taken, tabled until future SHAC meeting



STANFORD MEDICINE TOBACCO PREVENTION TOOLKIT

- Discussion at subsequent SHAC meeting centered around high levels of support for the use of the Stanford Medicine Tobacco Prevention Toolkit
- No additional discussion took place
- Plan would be to implement the modules during advisory periods beginning in the 2020-2021 school year

Request was put to vote and approved 18-1



COVID-19

- Prior to school closure, SHAC was briefed on AISD plans and alert levels related to coronavirus circumstances; information was shared and input was sought
- After school closure – during virtual SHAC meeting – information was shared with SHAC related to operations over summer and possible plans for re-opening; information was shared and input was sought
- SHAC members shared concerns about motivating students at home as well as worries surrounding where kids may be academically when returning to school; and wondering if summer school may be an option to keep learning going forward prior to next school year beginning



SOS: SIGNS OF SUICIDE PREVENTION PROGRAM

- Following discussion around suicide prevention at previous SHAC meeting, additional discussion took place to review an additional suicide prevention program for consideration at high school level
- New program, called SOS: Signs of Suicide, is also evidence-based and comes with a universal screener as part of the program
- SHAC considered recommending SOS program for high school as well as for middle school, while also retaining LifeLines for middle school, as approved at previous meeting

Request was put to vote and approved 21-0



FITNESSGRAM REVIEW

- FitnessGram administered in January – March
- Data not entered due to software glitch with TEA; told would be available following spring break
- Following spring break and school closures, FitnessGram inputting and reporting was suspended for 2019-2020 school year
- Data review of FitnessGram results will take place asap in fall, 2020



MEMBERSHIP EXPERIENCES

- Caitlin Zimmermann, AHS Senior



QUESTIONS

