

January

Brave Connections		
GRADES 6-8		
Lesson: New Year - Setting Goals	<input type="checkbox"/> Setting Goals - Lesson Slides (6-8)	10 Minutes
Worksheets	<input type="checkbox"/> Setting Goals - Rationale Worksheet <i>*Hand out the worksheet to be completed during the video, there will be instructions in the video.</i> <i>*You can collect worksheets for a participation grade or students can take them home.</i>	5-10 minutes
Videos (optional)	My process for goal setting - YouTube	2 minutes

GRADES 9-12		
Lesson: New Year - Setting Goals	<input type="checkbox"/> Setting Goals - Lesson Slides (9-12)	10 minutes
Worksheet	SMART Goals Worksheet <i>*Hand out the worksheet to be completed during the video, there will be instructions in the video.</i> <i>*You can collect worksheets for a participation grade or students can take them home.</i>	5-10 minutes
Videos (optional)	My process for goal setting - YouTube	2 minutes