




# January

Brave Connections		
GRADES 6-8		
<b>Lesson: New Year - Setting Goals</b>	 Setting Goals - Lesson Slides (6-...	10 Minutes
<b>Worksheets</b>	 Setting Goals - Rationale Worksh... <i>*Hand out the worksheet to be completed during the video, there will be instructions in the video.</i> <i>*You can collect worksheets for a participation grade or students can take them home.</i>	5-10 minutes
<b>Videos (optional)</b>	<a href="#">My process for goal setting - YouTube</a>	2 minutes

GRADES 9-12		
<b>Lesson: New Year - Setting Goals</b>	 Setting Goals - Lesson Slides (9-1...	10 minutes
<b>Worksheet</b>	<a href="#">SMART Goals Worksheet</a> <i>*Hand out the worksheet to be completed during the video, there will be instructions in the video.</i> <i>*You can collect worksheets for a participation grade or students can take them home.</i>	5-10 minutes
<b>Videos (optional)</b>	<a href="#">My process for goal setting - YouTube</a>	2 minutes