

Day Treatment Services

Day Treatment is a therapeutic service designed for individuals who require less than in-patient care but more than traditional out-patient care. Day treatment is a behavioral intervention program which provides children/adolescents the intensity of treatment necessary to enable them to live in the community.

The program is based on behavior management principles and includes, at a minimum, social skills training, impulse control, anger management, problem solving, and/or conflict resolution. Day treatment addresses issues such as defiance, severe mood swings, ADHD, isolation/withdrawal, frequent rage, outbursts, or threats, anxiety, and depression.

Day treatment programs will operate at a minimum of two (2) hrs. per day, five (5) days per week. The program will include a minimum of four (4) youth and a maximum of ten (10) youth. The district will pay at the rate of \$32.00/hr ONLY when the Day Treatment count falls below 8 students with a pay source.

The school district will provide an assistant while NEMH provides a master's level therapist. NEMH will provide MANDT training to the staff.

We can begin with a summer program housed at McDougal if we provide transportation. For the 2013/2014 school year, one K-2nd school and one 3rd-5th school will be chosen to house the programs. Transportation will be provided to and from the students' home schools.

School site must be approved by the Health Department. Students must have a prior authorization from the Health Department. Students are placed for six to eight weeks and must have a transition plan in place.