

School Board Meeting:

January 25, 2016

Subject:

Wellness Pilot Program

Presenter:

Kim Carlson

SUGGESTED SCHOOL BOARD ACTION:

Recommend board approval

DESCRIPTION:

Similar to the 2012 Resource Training and Solutions Wellness pilot program, the District would like to offer our employees the Resource Training and Solutions Fitbit Incentive Wellness Program for 2016.

Eligibility for the Wellness Program and incentives is limited to the employees who are enrolled in the District sponsored group health plans.

We have received a signed Memorandum of Understanding for the Fitbit Incentive Program from each bargaining unit. They received the information and were given time to ask questions and seek clarification.

Individuals who voluntarily choose to participate will do so online by Jan. 29, 2016. Employees who do so will receive a Fitbit and may earn up to \$200 payout into a VEBA or HSA account as long as the employee is still enrolled in the Resource BlueCross BlueShield insurance plan and employed by the school.

Fitbits will arrive at the schools no later than February 12th and the \$200 payout will happen in Oct./Nov. of 2016. Again, participation by employees is completely voluntary.

I am here tonight to receive the Board's approval of the MOUs and policy adoption for the Wellness Pilot Program.