

**COORDINATED SCHOOL HEALTH PROGRAM
EARLY CHILDHOOD CENTER
2010-2011**

- **Nutrition services**

The children are given nutritional lunches based upon state guidelines.

- **Health services**

We had a nurse come to our school and check the eyes and ears of the children.

- **Healthy and safe school environment**

We have Germ-X everywhere at school so that the children always have access to clean germ free hands. This in turn will help prevent and lower our number of children out of school sick. There is also a sick policy which states that children who have thrown up or have pink eye may not come to school within 24 hours of throwing up or using medicine for pink eye. We have many rules in place to help keep the children safe in the classroom and on the playground. We also have a policy that states that visitors must always report to the office and sign in and we keep our doors locked except to the main building.

- **Counseling and mental health services**

We have access to the elementary school counselor if a situation ever arose that needed to be addressed by a counselor.

- **Staff wellness promotion**

We have access to flu shots at school which make it much more convenient so employees are more likely to get one. As Wylie employees we have access to both the “dog house” and the staff wellness center for exercise. Wylie also provides us with health insurance so we can go to the doctor if needed. In the beginning of the school year we had a chance to get discounted health screenings which can help with early detection or prevention of some health issues.

- **Parent and community involvement**

We have many parent volunteers that help out in the library, on field trips, and just in the classrooms. As teachers they have conferences and meetings with parents to stay in contact and to try and ensure that parents and teachers are working hand in hand for the student’s best interest. We also have a “Meet the Teacher” night in the beginning of the school year to help try and motivate parents and get them involved in their children’s education. We also have parents involved in the PTA where they volunteer at the Fall Festival and other activities put on by the PTA.

- **Physical education**

At the Pre-K we do a lot of different types of teacher directed movement through music and classroom lessons and activities. We also promote physical education by having daily recesses where the children have an opportunity to run and play. At times we also take the children to the gym where we do more structured activities such as relay races, scooters, and hula hoops.

- **Health education**

As far as health education is concerned, we try in many different ways to teach young kids about health and healthy living. We have Sparky Dean come to our school and talk to the children about staying safe on bicycles and in cars. We also have the fire department come and talk with the children about fire safety and what to do in the case of an emergency. We had a dentist come and talk to the kids about dental health, making smart food choices, and brushing their teeth. We encourage and try to help the children to remember to wash their hands after using the restroom, coughing/sneezing, and before consuming food. And we try to promote healthy eating and making smart food choices by providing healthy snacks each afternoon.