

# The Pirate Press

Neah-Kah-Nie High School's Weekly Newsletter

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November 1, 2024

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## Upcoming Dates: 📅

### November:

- Nov 1: FB @ Knappa
  - Nov 2: Speech and Debate meet @ Sprague HS, VB 2nd round state playoffs
  - Nov 4: JV Football at Home vs Tillamook
  - Nov 6: Leo's Club Meeting at Lunch
  - Nov 7 4pm-6pm: Tutoring in room 3, sign up in the main office!
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 [CLICK HERE FOR THE SCHOOL MENU](#) 

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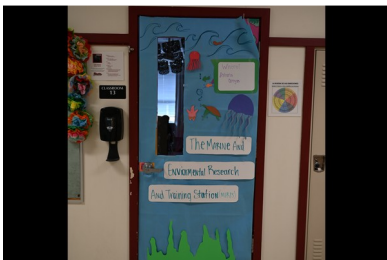
Student Life 📖



Halloween Looks 🧐



## GEAR Up Week-Door Wars



## Finals Schedule (November 22nd and 25th)

We will be doing a finals schedule this trimester on November 22nd and 25th. This schedule is below for your review. You will see "Time and Opportunity" listed in the schedule. This time can be



used for students to complete missing assignments or get tutoring support.

#### Additional Information That is Important to Note:

- Bus runs will remain unchanged: one run in the AM and one in the PM
- No students leave class early; TAs stay in class
- If a student finishes early, they will need to stay in class until the bell rings.
- Those who ride a bus will need to go into a teacher's classroom until the buses arrive.



#### TRIMESTER 1 FINALS SCHEDULE 2024

##### Friday, November 22 (Periods 1, 3, and 5)

Time	Minutes	What
8:45-9:45	60 min	Time & Opportunity/Finals Make-ups
9:45-10:00	15 min	Breakfast
10:00- 11:20	80 min	1st Period Final
11:30-12:50	80 min	3rd Period Final
12:50-1:30	40 min	Lunch
1:35- 2:55	80 min	5th Period Final
3:00- 4:00	60 min	Time & Opportunity/Finals Make-ups

##### Monday, November 25 (Periods 4 and 6)

Time	Minutes	What
8:45-9:45	60 min	Time & Opportunity/Finals Make-ups
9:45-10:00	15 min	Breakfast
10:00- 11:20	80 min	4th Period Final
11:30-12:50	80 min	6th Period Final
12:50-1:30	40 min	Lunch
1:35- 4:00	80 min	Time & Opportunity/Finals Make-ups

##### IMPORTANT INFORMATION FOR STUDENTS AND FAMILIES

- Bus runs will remain unchanged: one run in the AM and one in the PM
- No students leave class early; TAs stay in class
- If a student finishes early, they will need to stay in class until the bell rings.
- SPED staff need copies of finals from Reg Ed teachers early to make modifications
- Those who ride a bus will need to go into a teacher's classroom until the buses arrive.

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## Costa Rica Exchange Opportunity

Mudd Nick is sponsoring two Neah-Kah-Nie Spanish Language students for the experience of a lifetime. Mudd Nick will award two scholarships for students who are selected by the Partners of America Costa Rica Exchange Program. Scholarship applications are now being accepted and are due by Dec. 6, 2024. For more information or to get a copy of the application, contact Mudd Nick program coordinator James Johansen at [jamesj@nknsc.org](mailto:jamesj@nknsc.org) or follow this link: [Mudd Nick Partners of America Scholarship Application](#)

[Click Here for Application](#)

# COSTA RICA

## HIGH SCHOOL EXCHANGE



**IMMERSE YOURSELF IN 8 LIFE CHANGING WEEKS**

**CHECK IT OUT!**

**[PARTNERSORCR.COM](http://PARTNERSORCR.COM)**

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### Europe Trip Anyone?

Have you ever wanted to travel to Europe? Your chance to travel to Ireland, Scotland, England, and France in the summer of 2026 is coming up! This last summer 18 students from NKN traveled to Germany, Italy, and Switzerland, and now it is your turn. There will be an informational meeting for students and parents on Wednesday at 6 pm in the Library. Check your school email for more information!

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### After School Tutoring in Room 3

NKNHS staff member, Stephanie Gomez, offers after school tutoring on Thursdays in room 3 from 4:00-6:00. Students needing to access the activity bus can do so at the end. We have a limit of 10 students per session. Students can sign up with Amy in the main office.

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### Help is Available!

Scan the QR Code to view and access resources relating to:

- Mental Health

- Suicide
- LGBTQ+
- Sexual Assault, dating violent, domestic violence, and abuse
- Student and school safety
- Food pantries
- Housing and shelter
- Childcare and parenting



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## Winter Sports

Winter Sports will be here before we know it. Practices for Winter Sports start Nov. 18th. Don't be left out because of expired physicals or Athletic Code/Permission slips not completed. Check out the QR Code board outside of Mary's office for the Athletic Code/Permission Slips to complete online or Amy in the office IF YOU HAVE NOT ALREADY FOR THE SCHOOL YEAR '24-25. If you played fall sports, you are good to go for the permission slips.

### **Athletic Code/Permission Form:**

English-<https://forms.gle/u57zsMxVSG2sNCig7>

Spanish-<https://forms.gle/diB5JwNXGAgjQsER6>

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## Juntos Updates:

### **Día de los Muertos**

- Join us for a Día de los Muertos celebration at the OSU Extension office in Tillamook on November 1st starting at 6pm. This event promises to be a night filled with delightful experiences families. Enjoy ,food, music, and art activities for all ages. This is a fantastic opportunity to immerse yourself in the celebration of Día de los Muertos. Don't miss out on this chance to connect with community and learn about the holiday in a fun interactive way. Mark your calendars and join Juntos and friends for a Día de los Muertos celebration!

### **Family Workshops**

- Are you a high school student or parent interested in learning more about post-secondary options? Join us for an engaging and informative Family Workshop on October 24th from 5:30-8:30 pm. This event, hosted by Open Campus and Juntos, will provide valuable insights into the various pathways available after high school. Whether you're considering college, vocational training, or other alternatives, this workshop will equip you with the knowledge to make informed decisions about your future. Don't miss this opportunity to explore the exciting possibilities that lie ahead. Pre-register now at [opencampus.oregonstate.tillamook.com](https://opencampus.oregonstate.tillamook.com) and get ready to take the next step towards a successful post-secondary journey.
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In September, the National Honor Society volunteered at the Mudd Nick Foundation Dinner and Auction. Students greeted guests, served appetizers, cleared guests plates, and cleared off tables at the end of the event.

We will be having another induction ceremony in mid-November for students who would like to be a member of the National Honor Society. Students who are Sophomores, Juniors, or Seniors this year can become a member of NHS. Mrs. Gores has candidate application forms for anyone that it interested. The requirements are having at least a 3.0 GPA and prior experience in leadership and service activities in school and/or the community. Candidate application forms are due Friday, October 11th.



## Pick 'N' Stick Clinic With Donny Reynolds and Crew



**3-week Session ~ \$60**

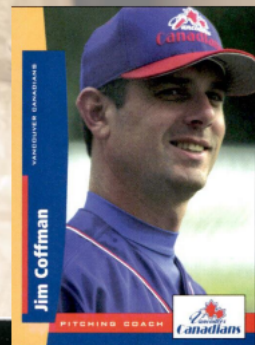
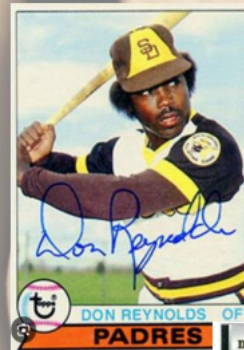
**@ Neah-Kah-Nie High School**

**November 3<sup>rd</sup> 10<sup>th</sup> & 17<sup>th</sup>**

**3<sup>rd</sup> – 6<sup>th</sup> grade: 12-2pm**

**7<sup>th</sup> – 12<sup>th</sup> grade: 2-4pm**

**Space is limited... Fees due by 10/30**



Contact Crystal Dietrich to Register: [cry.rich11@gmail.com](mailto:cry.rich11@gmail.com) 503-877-8791

Rockaway Beach Interscholastic Baseball: PO Box 454 Rockaway Beach, OR 97136



# Soccer



## Pick-up Games



**4-6pm**

Join us on the NEW soccer field (outfield of the HS baseball field) on Tuesdays after school for a fun pickup soccer game! Grades 6-12 welcome, teams will be chosen by the players and will not have any officials. Games will end in time to take the activity bus. Let's get ready for High School Soccer in 2026! Any questions, ask Mr. Keefauver

**Tuesdays**

Starting 9/24/24

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Information that is helpful to know:

Student Wellness Center is Open!





# NKN

## STUDENT HEALTH & WELLNESS CENTER

### AT NEAH-KAH-NIE HIGH SCHOOL

#### HOURS:

<b>Tuesdays</b>	8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>
<b>Wednesdays</b> <small>Counseling appointments only</small>	8:30 am – 12:30 pm / 1:30 – 4:30 pm <i>(Closed for lunch 12:30 – 1:30 pm)</i>
<b>Thursdays</b>	8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>

#### SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services (Dental, X-rays, MRIs, Specialty)
Age-appropriate reproductive health	
Vision screenings	

Learn more at: [NKNHealth.org](http://NKNHealth.org)

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901

## Student Illness and Absence

### Call or Email the Main Office to Let Us Know

Our phone number is 503-355-2772.

The email is [amya@nknsd.org](mailto:amya@nknsd.org)


It is important to let us know that your child will not be attending so we do not worry about them. If your child is not at school, and we haven't heard from you, then you will receive an automated phone call notifying you of your child's absence.'

### How long does my child need to wait to return to school after an illness?

The answer to this question depends on their symptoms. Our school has to follow the directives from the Oregon Health Authority (OHA) regarding when students may be readmitted to school after an illness. Please review the provided info from OHA. **Please also note that the period of exclusion often requires 24 hours away from school** (this is not a rule that the school developed, but one we have to follow).

## PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 <b>Fever:</b> temperature of 100.4°F (38°C) or greater	<b>*Fever-free for 24 hours</b> without taking fever-reducing medicine.
 <b>New cough illness</b>	<b>* Symptoms improving for 24 hours</b> (no cough or cough is well-controlled).
 <b>New difficulty breathing</b>	<b>* Symptoms improving for 24 hours</b> (breathing comfortably). <i>Urgent medical care may be needed.</i>
 <b>Diarrhea:</b> 3 loose or watery stools in a day <b>OR</b> not able to control bowel movements	<b>*Symptoms improving for 24 hours</b> (no more than two bowel movements more than normal and no longer having accidents) <b>OR</b> with orders from doctor to school nurse.
 <b>Vomiting:</b> one or more episode that is unexplained	<b>*Symptom-free for 24 hours OR</b> with orders from doctor to school nurse.
 <b>Headache with stiff neck and fever</b>	<b>*Symptom-free OR</b> with orders from doctor to school nurse. Follow fever instructions above. <i>Urgent medical care may be needed.</i>
<b>Skin rash or open sores</b>	<b>*Symptom free</b> , which means rash is gone <b>OR</b> sores are dry or can be completely covered by a bandage <b>OR</b> with orders from doctor to school nurse.
<b>Red eyes with colored drainage</b>	<b>*Symptom-free</b> , which means redness and drainage are gone <b>OR</b> with orders from doctor to school nurse.
<b>Jaundice:</b> new yellow color in eyes or skin	<b>*After the school has orders</b> from doctor or local public health authority to school nurse.
<b>Acting differently without a reason:</b> unusually sleepy, grumpy, or confused.	<b>*Symptom-free</b> , which means return to normal behavior <b>OR</b> with orders from doctor to school nurse.
<b>Major health event</b> , like an illness lasting 2 or more weeks <b>OR</b> a hospital stay, <b>OR health condition requires more care than school staff can safely provide.</b>	<b>*After the school has orders</b> from doctor to school nurse <b>AND</b> after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.



## Medication

All prescription and over-the-counter (OTC) medication must be administered at the office by trained personnel.

Medication that you want your child to take during the school day has to be brought to the office in the original container (or we cannot take possession of the medication). Parents must complete the medicine administration form before trained personnel can dispense medication to a child. ALL OTC medications must be handled through the office (this includes cough drops). If you have any questions about medication administration and school, please contact our main office.

## Community Events:

Tillamook County  **Community Health Centers**

# VACCINE CLINICS

## PROTECT YOUR HEALTH

*No appointment required!*



### NORTH COUNTY RECREATION DISTRICT

- Thursday 10/24 9am-12pm | 3pm-6pm



### ROCKAWAY ST MARY'S BY THE SEA

- Wednesday 10/30 9am-11:30am



### NESTUCCA K-8

- Wednesday 10/23 3:30-6:30pm
- Thursday 11/7 3:30-6:30pm



### TILLAMOOK FAIRGROUNDS

- Monday 10/21 11am-6pm
- Tuesday 10/22 11am-6pm
- Monday 10/28 11am-6pm
- Tuesday 10/29 11am-6pm
- Monday 11/4 11am-6pm
- Tuesday 11/5 11am-7pm
- **Wednesday 11/6 11am-7pm\***

\*See below for special event

**COVID-19**  
Ages 6 months+

**Flu**  
Ages 6 months+

**Pneumonia**  
Ages 50+

## Spanish Clinic

**NOVEMBER 6 | 11am-7pm**

Our **November 6** clinic will have Spanish-focused resources, interpretation, and vaccination services. Everyone is welcome!



Most health insurance plans cover the cost of vaccines. If you do not have insurance, a sliding fee scale may be used. No one is turned away for the inability to pay. Vaccine age limit varies. COVID-19 and Flu vaccines may be administered in same day.



**Neah-Kah Nie High School**

<https://nknsd.org/neah-kah-nie-high-school/>