## **APRIL 2015**

#### Jamie Ongman Principal

ILLINOIS VALLEY COUCARS

Erik Lathen, Assistant Principal / Athletic Director

## Cougar Happenings At IVHS.....

Academic Masters: We have the privilege of hosting the Academic Master's competition on April 29<sup>th</sup>. This competition is a show case of the best academic talent in Josephine County, with students from all four high schools competing in the disciplines of Mathematics, English/Language Arts, Science, Social Studies and Music. These students will compete for the chance to win prize monies and with it the pride of being the #1 student in that content area. The school that has the highest attendance also receives an award; we hope that you can join us on the 29<sup>th</sup> for a great evening of competition and fun.

**Town Hall Meeting:** On Friday April 10<sup>th</sup> Illinois Valley High school will host a Town Hall meeting with Sen. Jeff Merkley and possibly Rep. Peter DeFazio. This was a specific request from Sen. Merkley's office seeking input from students and community members around any issue that they have questions on. April 10<sup>th</sup> is a clerical day for Three Rivers School District, so we're encouraging any students to attend if time; furthermore we have reached out to Grants Pass High School with an invitation to this event. This is a great opportunity to show case Illinois Valley High School along with Cave Junction, we hope that you can join us on April 10<sup>th</sup>.

"TACOS and a TALK": On April 15<sup>th</sup> and 16<sup>th</sup> we will be hosting spring conferences here at the high school. This will be an opportunity for parents and guardians to pick-up their students' progress report, eat TACOS, and have a TALK with teachers about your student's achievements. We will again be offering a chance for participating parents to win a \$50 gas card and/or a meat pack from Taylors through a drawing. So come have TACOS and a TALK and be entered in a drawing for a chance to win gas or a meat pack.

#### Way to Go Cougars!!

Jamie Ongman, Principal

Inside this issue: Students of the Month 2 3 Sports & Events Facts You Should Know 4 **3rd Qtr Conferences** 6 Tacos & Talks 2015 Academic Masters **Competition Information** IV Safe House Alliance 8 Art Competition **21st Century Enrichment** 9 After School Program College & Scholarship Info 10 Student & Parent Resources 11 Library Books for IVHS 12

Three Rivers School District Board Meeting @ IVHS Tuesday, April 21st 6:00 PM

32nd Annual Academic Masters Competition April 29, 2015 6:30 pm Hosted by Illinois Valley High School



Three Rivers School District

Illinois Valley High School § 625 E. River Street § Cave Junction, OR 97523 541-592-2116 § 541-592-4853 FAX § www.threerivers.k12.or.us

## September 2014 Student of the Month



Jacob Yost Grade 9



Brooke Smith Grade 10

Patrick Anderson Grade 11

November & December 2014 Student of the Month



Dakota Fortney Grade 12

In honor of our students and the achievements that they have made, we are proud to present **IVHS COUGAR STUDENTS** OF THE MONTH

## October 2014 Student of the Month



Gabriela Rapley

Grade 9





Reyna San-Juan

Morris Grade 10

wna Crawford Grade 12







Cynthia Burns Grade 9

Seth Kitchens Grade 10

Skyla Patton Grade 11

Brian Waterman Grade 12





## February 2015 Student of the Month



Isaiah McLanahan

Grade 9

Austin Phelps Grade 10



Andrew Evans Grade 11

Go Cougars

James Thompson Grade 12



Courtney Scott

Grade 9

Alejandro Robles Grade 9



Paul Binker

Grade 10

Victoria Johnson

Grade 10







Kynan Nordal

Grade 11







Savannah Baez Grade 11

Sarah Bollweg Grade 12

















## March 2015 Student of the Month



Mariah Ellis Grade 11





## March 2015

## **Erik Lathen, Athletic Director**

**GO COUGARS** 

#### **Ms. Heather Merrill, Athletic Secretary**

## **SPORTS & COMPETITION REPORT FROM THE COUGAR DEN**

## SOUTHERN CASCADE LEAGUE SPORTS: <u>HTTP://WWW.SOUTHERNCASCADELEAGUE.ORG</u>

# **April 2015 Sports & Events**

**Girls Softball** 

#### **Boys Baseball**

<u>Date</u>	Activity	<u>Time</u>	Versus
04/01/2015	Boys Varsity	4:30pm	@ Prospect
04/03/2015	Boys JV	4:30pm	North Valley
04/04/2015	Boys Varsity	12:00pm	@ Brookings Harbor
04/04/2015	Boys Varsity	2:30pm	@ Brookings Harbor
04/06/2015	Boys Varsity	4:30pm	Butte Falls
04/07/2015	Boys JV	4:30pm	@ North Valley
04/10/2015	Boys JV	4:30pm	@ Brookings Harbor
04/11/2015	Boys Varsity	1:00pm	Prospect
04/11/2015	Boys Varsity	3:30pm	Prospect
04/14/2015	Boys Varsity	4:30pm	Cascade Christian
04/15/2015	Boys JV	4:30pm	Brookings Harbor
04/16/2015	Boys Varsity	4:30pm	Prospect
<del>04/18/2015</del>	Boys Varsity	<del>12:00pm</del>	<del>Glendale</del>
<del>04/18/2015</del>	Boys Varsity	<del>2:30pm</del>	Glendale
04/20/2015	Boys Varsity	4:30pm	Glendale
04/21/2015	Boys Varsity	4:30pm	@ Lakeview
04/24/2015	Boys Varsity	3:00pm	St. Mary's
04/24/2015	Boys Varsity	5:00pm	St. Mary's
04/27/2015	Boys JV	4:30pm	@ Grants Pass
04/28/2015	Boys Varsity	4:30pm	Rogue River
04/30/2015	Boys Varsity	4:30pm	@ Butte Falls

#### **Boys Golf**

Date	Activity	<u>Time</u>	<u>Versus</u>
04/01/2015	Boys Varsity	12:00pm	@ Eagle Point
04/17/2015	Boys Varsity	11:00am	@ Henley
04/20/2015	Boys Varsity	11:00am	@ Gold Beach
04/27/2015	Boys Varsity	1:00pm	@ Brookings Harbor
04/29/2015	<b>Boys Varsity</b>	1:00pm	@ Phoenix

#### **Girls Golf**

Date	Activity	Time	<u>Versus</u>
04/06/2015	Girls Varsity	1:30pm	@ North Valley
04/15/2015	Girls Varsity	12:00pm	@ Mazama
04/20/2015	Girls Varsity	1:00pm	@ Siuslaw
04/23/2015	Girls Varsity	10:00am	@ IV Golf Club (Multi Schools)
04/27/2015	Girls Varsity	1:00pm	@ Brookings Harbor

Date	Activity	<u>Time</u>	<u>Versus</u>
04/01/2015	Girls Varsity	4:30pm	@ Prospect
04/06/2015	Girls Varsity	4:30pm	Butte Falls
04/07/2015	Girls Varsity	4:00pm	Hidden Valley
04/11/2015	Girls Varsity	10:00am	Brookings Harbor
04/11/2015	Girls Varsity	12:00pm	Brookings Harbor
04/14/2015	Girls Varsity	4:30pm	Cascade Christian
04/16/2015	Girls Varsity	4:30pm	Prospect
04/20/2015	Girls Varsity	4:30pm	Glendale
04/21/2015	Girls Varsity	4:30pm	@ Lakeview
04/24/2015	Girls Varsity	3:00pm	St. Mary's
04/24/2015	Girls Varsity	5:00pm	St. Mary's
04/28/2015	Girls Varsity	4:30pm	Rogue River
04/30/2015	Girls Varsity	4:30pm	@ Butte Falls

#### **Boys & Girls Equestrian**

<u>Date</u>	Activity	Location
04/17/2015	Varsity	@ Jackson Co Fair
04/18/2015	Varsity	@ Jackson Co Fair
04/19/2015	Varsity	@ Jackson Co Fair

#### **Boys & Girls Track**

<u>Date</u>	Activity	Time	Versus
04/04/2015	Varsity	11:00am	@ Douglas
04/11/2015	Varsity	10:00am	@ Brookings Harbor
04/18/2015	Varsity	10:00am	@ Crater
04/25/2015	Varsity	10:45am	@ OIT

#### **Mathletes**

<u>Date</u>	<u>Time</u>	Activity/Place of Event		
04/14/2015	7:00am-3:10pm	Mathletes at SOU		

## Speech & Debate

<u>Date</u>	Activity	<u>Event</u>	Time	Location
04/03/2015	Varsity	District Regionals	TBD	@ North Valley
04/04/2015	Varsity	District Regionals	9:00am	@ North Valley
04/23/2015	Varsity	State	TBD	@ WOU
04/24/2015	Varsity	State	TBD	@ WOU

## **ILLINOIS VALLEY HIGH SCHOOL**

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#### IVHS Student-Based ~ Health Center News

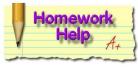
#### Sports physical information:

All sports physicals will cost \$25. This price is good all the time, and available at all Siskiyou Community Health Center sites. This includes the School-Based Health Centers, the clinics in Cave Junction and Grants Pass, and Siskiyou's Walk-In Clinic in Grants Pass.

Physicals need to be completed or updated in order to be eligible for Sports. Call or stop by the health center to schedule an appointment!







## MORNING Homework Help hours 7:15—7:45 AM, MONDAY THROUGH THURSDAY

## AFTERNOON Homework help hours: 3:30—5:30 PM

## TUESDAYS & THURSDAYS

The afterschool bus will transport students, per the "Straight-Line" bus route, Monday through Thursday.

- Students who are staying for after-school tutoring and are riding the bus are
  expected to stay in the classroom the entire time.
- Students who are walking, being picked up, or driving themselves may leave when they have finished working.
- Students may not leave the campus and return later. Students are given a 15 minute break and snack about 4:30. There is no cost for this snack.
- No student will be allowed to ride the activity bus if they are not in an after school program or a sport. We will tell the bus drivers to transport the student home, but a referral will be written, followed by consequences.
- Students are required to sign in and out. If you are assuming your child is coming to
  after-school, you may call the school the following day to check on attendance.

Many students could benefit from this extra help, so encourage your students to attend if they need the extra help.

# FACTS YOU SHOULD KNOW.....

## CALENDAR OF EVENTS



## **APRIL 2015**

2 <sup>ND</sup>	Honor Society Induction Ceremony	6:00 PM
5 <sup>TH</sup>	Easter Sunday - Holiday	
9 <sup>th</sup>	End of 3 <sup>rd</sup> Quarter	
10 <sup>th</sup>	Clerical Day – NO CLASSES	
	Town Hall meeting with Senator Jeff Merkley	10:00-11:00 AM
14 <sup>TH</sup>	District Spelling Bee @ DO Board Room	ALL DAY
15 <sup>th</sup>	Parent/Teacher Conferences – Evening Session (Tacos & Talk dinner 5:00-7:00 PM)	4:00-8:00 PM
16 <sup>th</sup>	Parent/Teacher Conferences – NO CLASSES (see scheduled times & information in this newsletter)	7:30 AM-7:30 PM
17 <sup>th</sup>	NO SCHOOL	
21 <sup>ST</sup>	TRSD Board Meeting @ District Office	6:00 PM
29 <sup>th</sup>	Academic Master's Competition @ IVHS	6:30 PM





#### Communications: Synrevolce—Automated Voice Messaging & Attendance notifications

We will use **Synervoice** to send out important messages about school closures and school events. When you get a call from the school using **Synervoice**, it is important that you say



"Hello" as this triggers the message. If you have voicemail, it will leave a message. If you have email registered with the school, we will often send emails as well.

At this time, our Attendance Clerk, Mary Paul, personally follows up on absences on a daily basis, If your student missed all or part of school, please call the school the next morning to clear your student's absences. The number is 541-592-2116; ask for the attendance office. You may also send Ms. Paul an email to verify or excuse an absence or tardy: <u>mary.paul@threerivers.k12.or.us</u>. It is very important for you and your student to have these absences cleared. Students end up doing lunch detentions for un-cleared absences.

## **ILLINOIS VALLEY HIGH SCHOOL**

# FACTS YOU SHOULD KNOW (CONT) .....

Class of 2015 Graduation Ceremony June 4th, 2015 7:00 PM

The Class of 2015 is wrapping up their Senior year, and, their high school career.

Plans are being made for their graduation ceremony.

Parent involvement is a necessary component to assure that your student has and enjoyable time in these events, which will give them lasting memories. All-Night Grad Party

Class of 2015

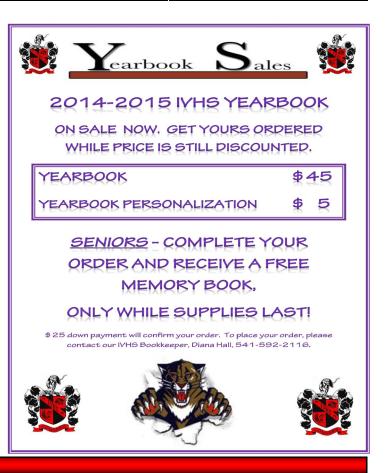
Safe & Sober

Committee is busy making plans for this year's graduating class, and would really like to have as many senior parents & guardians participate in the planning and production of this event.

If you would like more information, or, would like to be a part of the planning process for this event, please contact the school as soon as possible, and we will put you in contact with the right people.



Illinois Valley High School Cordially Invites Family, Friends & Community to the 2015 National Honor Society Induction Ceremony Thursday, April 2, 2015—6:00 PM





It is always our goal to help students learn, succeed, and thrive, and, as parents/guardians, you know that healthy eating is one tool that is beneficial.

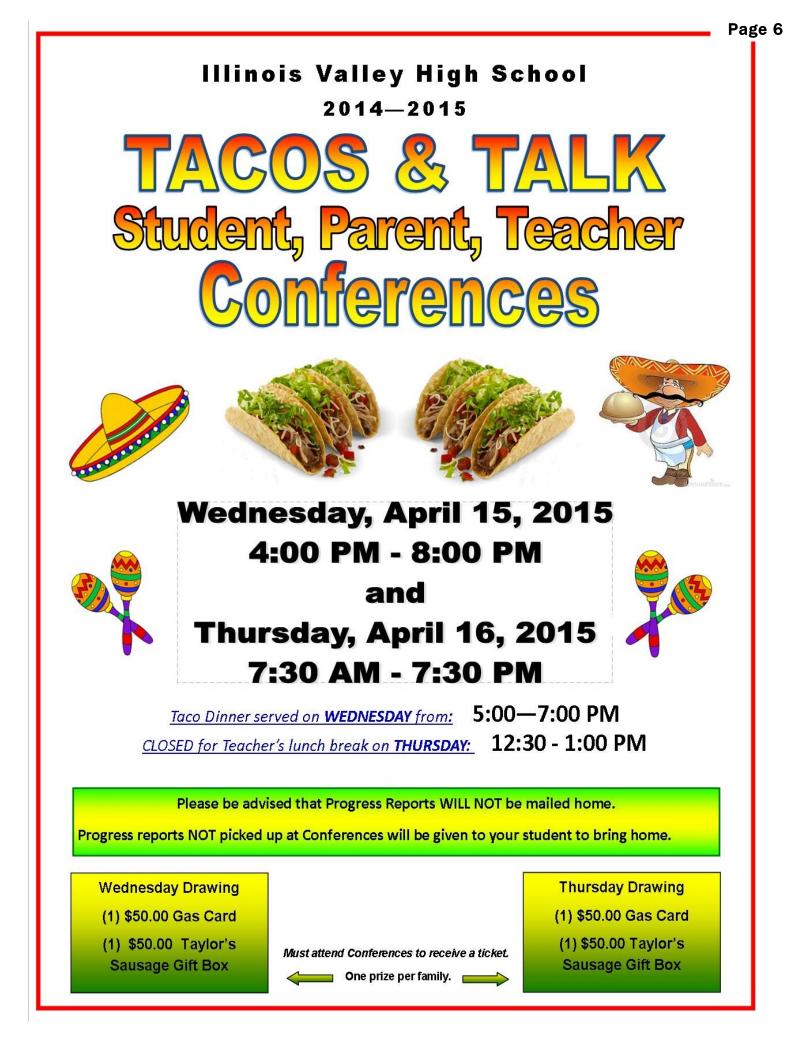
We encourage our students to eat during the regularly scheduled breakfast and lunch times. We do understand that there may be times when this does not work as planned. As a supplemental time, the school schedule provides a morning break, and, for most of the week, an afternoon break, which allows students to grab a quick snack or drink, should they choose to.

During School Hours

If you need to bring food/drink to the school for your student, please understand that there is a guideline in place that will not allow class time to be disrupted.

#### The process of how food and/or drinks are delivered to students during regular class time hours will be as follows:

- $\Rightarrow$  ANY food or drink brought to the school for a student will be delivered at an end –of-class bell.
- $\Rightarrow$  Food/drinks left for student athletes, or, students going on a school-sponsored field trip, will be able to it pick up BETWEEN classes, or, on their way out to the bus
- $\Rightarrow$  NO food or drink will be delivered to a student during ANY class time periods.
- If you have any questions or concerns, please do not hesitate to contact our
- office.





32nd Annual Academic Masters Competition Hosted by Illinois Valley High School April 29, 2015 6:30 pm

The 32nd Annual Academic Masters challenge will be held at Illinois Valley High School on Wednesday, April 29th, at 6:30 PM. The Academic Masters Foundation has \$15,000 to give away to the students from the four area schools—Grants Pass HS, Hidden Valley HS, Illinois Valley HS, and North Valley HS.

Every spring, students compete in this challenge, first at their high school level. Students participating in the event will take a test in one of five categories: English, Math, Music, Science, & Social Studies. Students are allowed to take up to all five tests, if they wish. At each school, three or more top-scoring students in each test category will compete and present at a school assembly for a chance to represent their school as a semifinalist.

Once the semifinalists from each school are chosen, they compete in front of a live audience (each school takes a turn hosting the event, and this year is IVHS' turn). There are 20 total semifinalists (one student from each of the four schools, for each of the five categories).

The place finalists in each category receive the following cash amounts:

4th Place	\$300 cash	3rd Place	\$500 cash
2nd Place	\$800 cash	1st Place	\$1200 cash

The school with the highest percentage attendance, (compared to their student enrollment attendance) to the event on April 29th will win an attendance award. Show up and support IVHS Cougars!!



# Teen's Speak Art Competition

The *Teen's Speak Art Competition* is designed to get teens talking about violence and thinking about what they can do or say when confronted with these types of situations. We are encouraging teens (anyone aged 13 to 19) to think about the situations they face and to think of creative ways to take a stand against violence without putting themselves or anyone else at risk.

Theme: What can you do (peacefully) to keep someone safe?

Why? To raise awareness about the important role each of us plays in making our community safe for everyone

Who: Anyone ages 13 to 19

**Prize:** Winner (1) \$300

Honorable Mention (3) \$100 each

When: Deadline for entries 4pm May 1st 2015

- What: Create an original two dimensional work of art (drawing, painting, photography, a poem, computer generated graphics, multi-media, or other medium suitable for reproduction) that reflects that message. The artwork should be a minimum of 4"x6" and a maximum of 16"x22." The artwork may not include copyrighted material, or have been used by any individual or other organization for any other purpose. Each individual may submit up to three entries, and each submission must include a completed entry form.
- Where:Pick up entry forms/rules and drop off artwork at the Illinois Valley Safe HouseAlliance (next to the DMV in Cave Junction).REMEMBER, each entry must be<br/>accompanied by a completed entry form.

For more information call us at:

Marcy Sowa Volunteer Coordinator Illinois Valley Safe House Alliance

## www.ivsha.org

www.facebook.com/ivsha

103 S Kerby Ave | PO Box 2490 | Cave Junction, Oregon

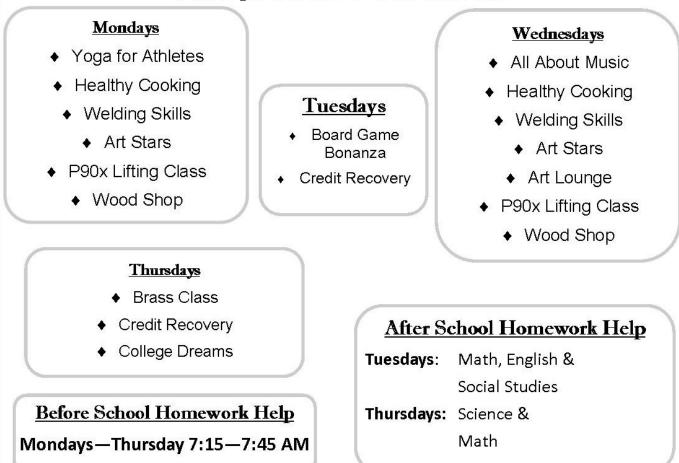
541.592.5332 (tel) | 541.592.285 (fax)



The following classes have been provided by a grant through the **21st Century Learning Center**, and are open to I.V. High School students, Home Schooled students at the level of 9th-12th grades, and students enrolled in a registered GED program. Parents and relatives of any of these eligible students are also welcome to participate in this program.

## All after school classes begin at 3:30 PM and end at 5:30 PM

## Snack is provided for all after school classes.



All classes are held at **Illinois Valley High School**, 625 E. River Street, Cave Junction, OR 97523 Coordinators are: *Sara Creek*, (sara.creek@threerivers.k12.or.us), & *Scott Thornhill* (scott.thornhill@threerivers.k12.or.us)

For more information, send an email to either coordinator, or call, 541-592-2116.



## **ILLINOIS VALLEY HIGH SCHOOL**

#### For Juniors

- ✓ <u>Take the SAT</u>: It is suggested that Juniors take the SAT or ACT's in the spring of their junior year. The SAT exam will be given at IVHS in May. See Ms. Thornhill in the Counseling Center to see if you qualify for a fee waiver. Register for the SAT at <u>www.collegeboard.org</u>. Our school code is 380150. Students may also choose to take the ACT. Sign up for the ACT at <u>www.act.org</u>
- ✓ Junior Girls: If you are interested in attending Girl's State, a leadership event for 5 days sponsored by the American Legion, please see Ms. Tucker in counseling.

#### Seniors Planning to Enroll in College in the Fall of 2015

- <u>Take the SAT or ACT</u> if you are planning to go to a university. Go to <u>www.collegeboard.org</u> to register for the SAT, or <u>www.act.org</u> to register for the ACT.
- <u>Apply to Schools</u>: Don't forget to get your applications for admissions and scholarships in by school deadlines. If you qualify for free or reduced lunch, you may be eligible for a deferral of application fees to Oregon University System schools. Many state universities had early admissions in November, so check the admissions deadlines for the colleges you want to attend.
- ✓ File your FAFSA (Free Application for Federal Student Aid): Each student and one parent must complete this application for a student to be eligible for federal and state college grants (free money!!). First apply for a PIN at <u>www.pin.ed.gov</u>. Both the student and one parent/guardian must have a PIN (your electronic signature) to apply for the FAFSA. As soon after **January 1<sup>st</sup>** as possible, complete the FAFSA at <u>www.fafsa.ed.gov</u>.
- ✓ IV Scholarship Packet: Go through the IVHS Scholarship Packet and decide which scholarships you want to apply for. You will need two letters of recommendation (at least one from non-school, non-family). Ask your employers, community members, or friends of the family. You will also need to turn in two staff recommendations and typed responses to four short essay questions. The scholarship application is available online at <u>http://www.jocoeducationalfund.org</u> The deadline to get all of the materials in is: 2/20/2015.
- ✓ <u>Apply for the Oregon Student Assistance Commission (OSAC) Scholarships</u>: This online scholarship application contains the Ford and Gear Up scholarships and many others. Complete the application at <u>www.oregonstudentaid.gov</u>, available in Nov. Early Bird due date 2/16/13. Final due date 3/1/15
- ✓ <u>Apply for RCC Foundation Scholarships</u>: If you may be attending RCC you should submit their scholarships application. Three out of four students who submit an application receive a scholarship. Apply online at <u>www.rccfoundation.org</u>.
- ✓ <u>Check for additional scholarships available posted in Counseling</u>.

See Ms. Tucker in Counseling or Ms. Sara Creek in the Career Center if you have any questions or need assistance with scholarships or financial aid.

## **PARENT & STUDENT RESOURCES**

#### YEAR-ROUND IN-SCHOOL & ON-LINE STUDY RESOURCES AVAILABLE

On-Line support to help your student keep the skills learned, in shape. Like exercising your muscles on a daily or weekly basis, so too does the brain need its physical activity. The following web sites are provided to assist with the "Summer Brain Exercise" routine.

My student doesn't understand their homework ... now what?

We have all been in the situation where our students don't understand the homework and we are trying to dust off the files in our head to remember how to do that math problem or remember what happened in this historic battle. It can be frustrating for both the student and the parent to get through the homework. In today's world full of technology students have numerous resources available to help them re-learn the concepts. The following are just three of the many sites available.

Khan Academy – www.khanacademy.org This website has over 4,000 videos on subjects from geometry to chemistry to computer science. This is a great tool that actually reteaches the material step by step. Many times hearing the concept explained by someone else makes that light bulb turn on and the student understands. Interactive practice is also available to solidify the concepts.

<u>Sophia</u> – www.sophia.org Video clips are also available at Sophia, but there is also much more. Over 28,000 tutorials including slideshows and screencasts are available anytime. The site also tailors the information according to the student's learning style, which is determined through a short quiz.

**Quizlet** – www.quizlet.com This is a great study tool. There are thousands of flash cards & quizzes on the site developed by students and teachers from around the world in nearly every subject you can think of. Students can use an already created tool or create one of their own to challenge themselves and others in their class. This is a great vocabulary tool.

We hope you will find these resources helpful. If you would like more information or other ideas how to help your child at home please do not hesitate to contact the office.



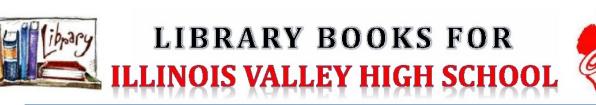
**ODYSSEYWARE** is an on-line academic website which provides innovative, 21st century learning opportunities for our students.

Three Rivers School District/Illinois Valley High School uses this program for students outside of the regular classroom setting, and for students that need to do make up classes (Credit Retrieval) to be eligible for graduation.

**ODYSSEYWARE (OW)** is web-based, if you have internet access, your student can access his/her assignments, which allows them the ability to complete the courses as fast as he/she needs to, whether they are in the classroom or at home.

To access the **ODYSSEYWARE** web site AFTER he/she is registered, your student will need to go to <u>https://3rlvers.owschools.com</u>. From there, they will be able to login and access the courses that they are enrolled in.





Reading is the most important skill a child can learn. It is vital to every child's success and it is the door opener to the 21<sup>st</sup> century for all children. No matter how advanced technology becomes, reading will continue to be the key that helps kids master all others.

When kids get older they are easily distracted. Reading often takes a backseat to other pursuits and interests. However, the more a child reads, the more confident and skilled they become. Motivating a child to keep reading and to understand and think critically and creatively about what they have read are the end goals.

So, head to the library, the bookstore, the Goodwill, or any place where books are sold. Get more involved in reading, reading to each other and reading aloud. Together we can make a difference in kid's lives that will last a lifetime. We invite and encourage all the members of our community to READ! READ! READ!

With these thoughts in mind, our local Grants Pass bookstore, Oregon Books & Games, is a jewel.

- They will contribute 5% of all purchases to Illinois Valley High School, if the customer requests IVHS to be the recipient of the contribution.
- The customer must request **IVHS** at the time of payment in order for our library to receive the gift certificate.
- In return, the library will use the money to purchase new books.
- As an added convenience, people may order online at www.oregonbooks.com and pick up their purchases in the store.
- Don't forget to designate **IVHS** when paying. The bookstore does not have the ability to accept payments online but will accept credit card payments over the phone; remember to mention **IVHS**. They will mail your purchase for a fee if you are unable to pick up at the store.

**Oregon Books & Games** is a full-service community bookstore that has served our area for more than twenty years. They feature a full range of books for young children, teens and adults. Book choices include mystery and adventure novels, fantasy, romance, graphic novels, and the latest bestsellers from more than 100 publishers.

For more information, please contact the **IVHS Librarian, Trudy Stehelin**, or, you may contact Oregon Books Games directly at:

150 NE "E" Street Grants Pass, OR 541-476-3132 <u>www.oregonbooks.com</u>



Three Rivers School District

lilinois valley high school 625 E. River Street Cave Junction, OR 97523

**Or Current Resident** 

