

# *School Health Advisory Committee (SHAC)*

## **Fit, Healthy, and Ready to Learn**

Research shows that healthy children do better in school - from attendance and behavior to academics and overall performance. The Wylie I.S.D. Health Advisory Council (SHAC) works with the district to help school communities support good health and academic achievement.

What is a SHAC?

A SHAC (School Health Advisory Council) is a school board appointed advisory group of individuals who represent different segments of the community. By law, a majority of the members must be persons who are parents of students enrolled in the district and who are not employed by the district. The Wylie I.S.D. SHAC is made up of parents, community members, students, and school staff working together to improve the health of all students and families through coordinated school health programs.

Why do we need a School Health Advisory Council (SHAC)?

- Texas law
- Healthy children learn better
- Healthy homes and healthy schools support healthy children

What is included in a coordinated school health program (CSHP)?

The components of a coordinated school health program include:

- Family and community involvement
- Nutrition services
- Physical education
- Health education
- Counseling, psychological & social services
- Health services
- Health promotion for school staff

For information: Contact Kristi Price, Wylie I.S.D. School Health Coordinator, at 690-1181 or [kprice@wylie.esc14.net](mailto:kprice@wylie.esc14.net)

**SHAC Meeting September 24, 2013 2:00 pm**

Minutes read from April 2013 meeting.

New Business: Needing more parent committee members. Nominating Dad = Ricky Thomas.

Devise a checklist for teachers to follow for cleaning during cold and flu season.

Open discussion

Meeting ended @ 2:30 pm.

**SHAC Meeting January 21, 2014 2:00 p.m.**

New Business

Set SHAC Meeting Calendar

Pep Grant Ends soon

Open Discussion

Meeting Closed @ 2:30 p.m.

**SHAC Meeting February 25, 2014 2:00 p.m.**

Open Discussion

Back pack for Kids- Hungry kids/weekends- Funding etc.

Meeting closed @ 2:45 pm

**SHAC Meeting April 17, 2014 2:00 p.m.**

Audrey Anderson came to speak about the success of the Pep Grant- Final Fitness Report goes in December 2014.

Set SHAC calendar 2014-2015 School Year.

- Wednesday, September 17, 2014 2pm Wylie Intermediate School
- Wednesday, November 5, 2014 2pm Wylie Intermediate School
- Wednesday, February 4, 2015 2 pm Wylie Intermediate School
- Wednesday, April 1, 2015 2pm Wylie Intermediate School