

## QUANAH ATHLETIC DEPARTMENT



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## **Football**

We are completing our off week and are coming off of a great win against Shamrock. Our Junior High was defeated by Shamrock, but played aggressive and fast. Shamrock did not have a Junior Varsity, but we were able to pick up a game with Wellington. Our first district game will be October 13<sup>th</sup> in Petrolia.

## **Volleyball**

Our varsity volleyball team has shown improvement. We were able to score more points against the state ranked Archer City team than any other team. While we are still winless in district, we are continuing to improve and build our program.

## **Cross Country**

The kids are continuing to work hard and prepare for our upcoming district meet in Seymour. All of the athletes are working extremely hard and are consistently improving their times.