

Per school board discussion at the June meeting, an overview of our district's mental health resources and staff will be provided. This is the annual school board governance education. Dr. Jean Duffy (Asst. Superintendent of Curriculum and Instruction) will be at the meeting to provide this information.



School Board Presentation

August 6, 2018

School Board Goal 2018 – 2019
Implement a sustainable mental health delivery
model in each school.

*Preparing self-directed learners to thrive in a changing global
community*

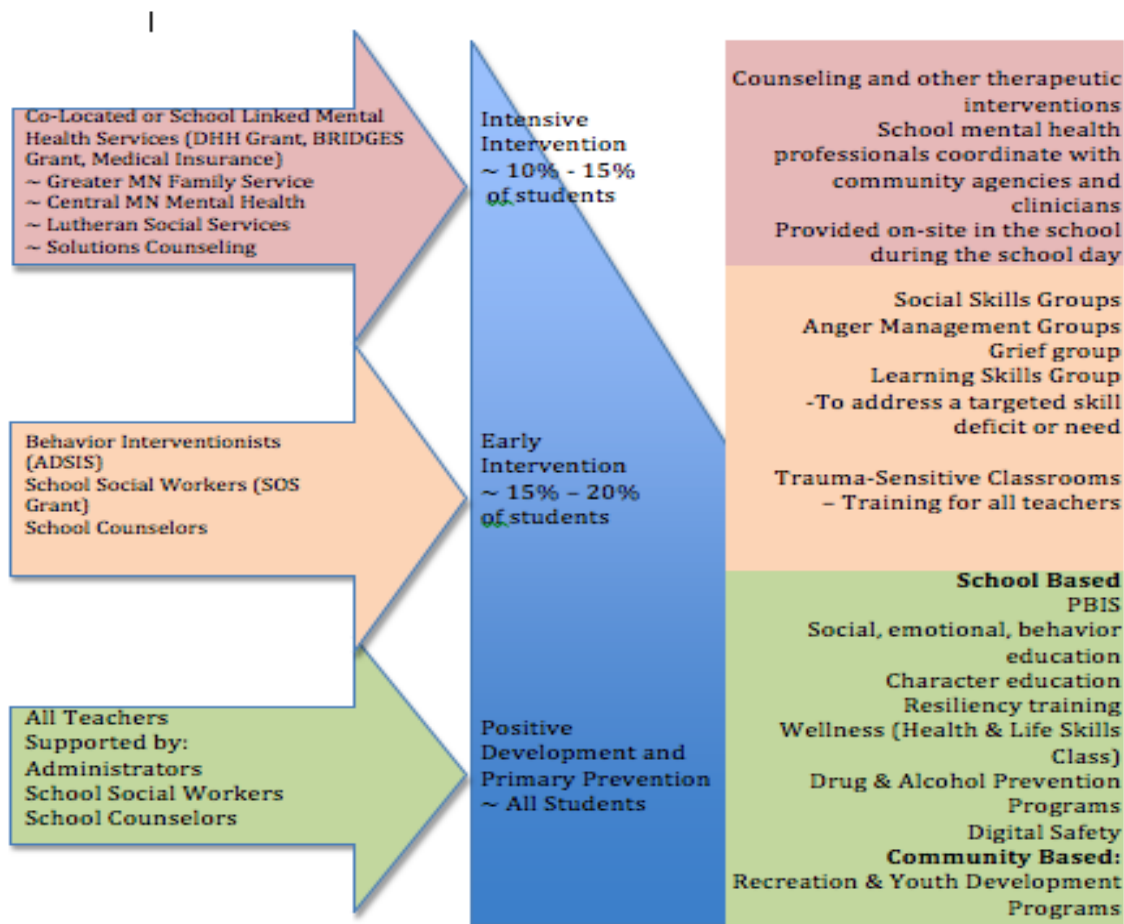
Recommendation from American Academy of Pediatrics

~ Mental Health is primarily discussed as if the terms were synonymous with problems (e.g., emotional disturbance, violence, and substance abuse) thereby countering efforts to pursue the school's role in promoting positive social and emotional development

Recommendation: a comprehensive, multifaceted, and integrated approach that places mental health in schools into proper perspective as a major force for **addressing barriers to learning** and **promoting healthy development**

CONTINUUM OF SCHOOL MENTAL HEALTH SERVICES

BECKER PUBLIC SCHOOLS





Primary Prevention & Positive Development: All Students – Tier I

- All teachers supported by administrators, school social workers, and school counselors
- Positive Behavior Intervention & Support (PBIS)
- Social, Emotional, & Behavior Education
- Character Education
- Resiliency and Perseverance Development
- Wellness – Health & Life Skills Classes
- Digital Safety
- Community Programs – Developmental Assets



Early Intervention & Support: 15% - 25% of students - Tier 2

- Addresses a need or targeted skill deficit – delivered by social workers and behavior interventionists
- Social Skills, Anger Management, Grief, or Learning Skills Groups
- Pull-Out small group or individual support



Counseling & Therapeutic Intervention & Support: 10% - 15% of students – Tier 3

- Co-located or School Linked
- School Mental Health Professionals coordinate with community agencies and professionals
- Scheduled in school during school hours
- School provides office space & phone
- Grants & Medical Insurance

School Mental Health Professionals

Position	Funding Source	Primary School	Inter. School	Middle School	High School
Counselor	Gen. Fund			1	2.5 (2018)
Social Worker	Special Education	.25	.25	.5	1.0
Behav. Int. (SW)	ADSIS Funding	1 (2015)	1 (2015)	.5 (2015)	.5 (2015)
Social Worker	SOS Grant	1 (2016)	1 (2016)		
Social Worker	Building FTE			.5 (2017) .5 (2018)	
Total		2.25	2.25	3.0	4.0

School Linked or Co-Located Mental Health Services

Funding Source	Primary School	Inter. School	Middle School	High School
Department Health and Human Services and BRIDGES (Sherburne Co) Grant ~ Greater MN Family Services ~ Central MN Mental health ~ Solutions Counseling ~ Lutheran Social Services ~Tolefsons, Healing Moments, Center for Family Counseling ALSO Health Insurance Reimbursement Dylan's Hope	1 – 1 day/week	1 – 4 days/week	1 – 4 days/week 1 – 3 days/week	1 – 1 day/week 1 – 2 days/week 3 – 3 hrs week 1 – 2 hrs week 1 – 2 hr week

References

- American Academy of Pediatrics (2004). School-Based Mental Health Services. *Pediatrics*, 116 (6).
- School-Based Mental Health: An Empirical Guide for Decision-Makers
- Rossen & Cowan (2015). Improving Mental Health in Schools
- UCLA (2001). Mental Health in Schools: Guidelines, Models, Resources, & Policy Considerations