## Buffalo-Hanover-Montrose Public Schools Optional Field Trip/Overnight or Out-of-State Trip Form

School BHS Group Making Request Girls Swim Dive
Principal Mark Mischke Person in Charge Rachel Busch
1. Destination: Clar Lake, IA + Mason City, IA
2. Dates of Trip: $\frac{8}{10}\frac{15-8}{20/15}$ Number of School Days Missed:
3. Number of Students: Male Female 48
<ol> <li>Grade Levels Included: 7-12</li> <li>Supervision requirements: one adult for every 12 students. Same gender chaperone must be included for each gender participating.</li> <li>a. Staff Accompanying: Rachel Busch, Laura Lundeen</li> </ol>
b. Other Adults Accompanying: 2-4 additional parent chaperones (They will get background checks.)
7. Describe the purpose and objectives of the trip:  Team bonding and training Team and individual goals will be set. Team expectations will also be determined. We will discuss the many facets of being a successful team and an individual mathlete.
8. Cost Factors:  a. Trip funded by:  1. School Account   2. Individual student   b. Cost per person #65 or 1885  c. What provision has been made for students with financial difficulties? Fund raising activities conducted?  Girls will participate in fund raising twough
program ad sales and the River Inv Pankake breakfast. The Booster Club will pay for students with financial difficulties!

d. What efforts have been made to acquire the most cost effective price?  Research for Cheapest (but Safe) lodging transpor	<del>l</del> c
pool use, and food. We are going to TA because of Rachel Buschs connections in the area we're trou	e
1. Faculty members may not receive any salary remuneration relating to field trips from	
outside agencies or arrange trips for financial gain. Is a portion of the funds provided by	
students paying for or reducing chaperone costs? YES NO (A minimal amou	Λ
2. Insurance Issues a. Will students need additional medical insurance coverage? YES NO	
b. Is group tour insurance being purchase? If so, what is the coverage and cost?	
No.	
9. Transportation Information: How will students be transported?	
a. Bus X Name of Company Voigt'S BUS Service, Inc. b. Plane Name of Airline	
b. Plane Name of Airline  c. School District van/s	
d. School District not responsible for transportation	
d. School District not responsible for transportation  e. Other - explain The chaperones may drive their own Vehicle	e
It will be used for students in an emergency.	
10. Communication - Please attach a copy of the trip itinerary. Include parental and student	
input in the planning process and all parent meetings conducted to ensure full disclosure of	
the trip and associated topics to include but not limited to: purpose of the trip, cost (to include spending money), fund raising, adult chaperones, emergency telephone numbers,	
medical insurance needs, procedure for sending a student home in case of an emergency	
(medical, disciplinary, etc.) and itinerary.	
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Person in Charge Signature Rockel Busch Date 3/20/15	
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Activities Director Signature Date 3/20/15	
Superintendent Signature Date 8 4/9/15	
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# BISON Girls Swim/Dive 2015 SUMMER TRAINING TRIP ITINERARY

\*\*The details of this itinerary are subject to change.\*\*

#### Tuesday, August 18th

7:30 – 9:30	Practice at BCMS in the AM
9:30 - 10:15	Shower, Pack-up, Load bus
10:15 – 1:30	Depart BCMS (Eat lunch on the bus. This time will also be used to discuss and
	make team expectations and goals and also individual goals.)
1:30 - 2:30	Arrive in Clear Lake at Girl Scout Camp Tanglefoot & set-up camp
2:30 - 3:30	Team Builder/Scavenger hunt
3:30 - 4:00	Free Time
4:00 - 4:45	Leave Girl Scout Camp to go to MCFAC w/ tour of Mason City.
4:45 - 5:00	Arrive at MCFAC & get equipment out
5:00 - 6:30	Swim Practice
6:30 - 7:00	Clean-up and leave
7:00 - 7:30	Travel back to Girl Scout Camp. Finalize team expectations while on bus.
7:30 – 8:30	Dinner (Prepare, eat, and clean-up.)
8:30 - 9:30	Stretching/team builder (MINUTE TO WIN IT GAMES)
9:30 11:00	Free time
11:00	Lights out

#### Wednesday, August 19th

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7:00	Rise and shine! <sup>(1)</sup>
7:15 – 8:00	Breakfast (Prepare, eat, and clean-up.)
8:00 - 9:00	Run/dryland
9:10 - 9:45	Leave Girl Scout Camp & travel to MCFAC. Discuss goals.
9:45	Arrive at MCFAC
10:00 - Noon	Morning swim practice
12:00 - 12:30	Clean-up and leave
12:30 - 1:00	Travel to Girl Scout Camp (Snack on the bus.)
1:00 - 2:00	Lunch (Prepare, eat, and clean-up.)
2:00 - 2:30	Free time
2:30 - 2:50	Load bus and travel to the beach (Take practice equipment.)
2:50 - 4:10	Fun at the beach!
4:10 - 4:45	Leave beach and go to Mason City Family Aquatic Center
4:45 - 5:00	Arrive at MCFAC & get equipment out
5:00 - 6:30	Swim Practice
6:30 - 7:00	Clean-up and leave
7:00 - 7:30	Travel back to Girl Scout Camp.
7:30 - 8:30	Dinner (Prepare, eat, and clean-up.)
8:30 - 9:30	Stretching/team builder
9:30 - 11:00	Free time
11:00	Lights out

### Thursday, August 20th

7:00	Rise and shine! ©
7:15 – 8:00	Breakfast (Prepare, eat, and clean-up.)
8:00 - 9:00	Run/dryland
9:10 - 9:45	Leave Girl Scout Camp & travel to MCFAC
9:45	Arrive at MCFAC
10:00 - Noon	Morning swim practice
12:00 - 12:30	Clean-up and leave
12:30 – 1:00	Travel to Girl Scout Camp (Snack on the bus.)
1:00 – 1:45	Lunch (Prepare, eat, and clean-up.)
1:45 - 2:45	Free time
2:45 – 3:15	Clean cabins and pack-up belongings
3:15 – 3:45	Leave and go to East Park in Mason City
3:45 - 4:40	Softball game with Mason City High School Girls Team
4:40 4:50	Go to MCFAC
4:50 - 5:00	Arrive at MCFAC & get equipment out
5:00 - 6:30	Swim Practice
6:30 – 7:30	Clean-up, eat pizza at MCFAC, and pack bus
7:30 – 10:30	Travel back to Buffalo

<sup>\*\*</sup>The details of this itinerary are subject to change.\*\*