

Sex Education Advisory Board Meeting

Board Meeting Room – East Lansing High School

March 16th, 2023, 6:30 PM

- 1) **Call to Order.** The meeting was called to order by Melissa Fore at 6:33 PM
- 2) **Membership Roll Call.** Members present: Aiyana Rosinski, Liz Miller, Megan Mass, Karessa Wheeler, Trisha Koslowski, Sara Smith, Heather Marlow, Anne Scott, Jonathan Gold, Glenn Mitcham, Diane Tuinstra, Melissa Fore, Bridget Burns-King.
- 3) **Approval/Modifications to the Previous Meeting Minutes**

A motion to approve the previous meeting minutes without any changes was made by Danny Hearit and seconded by Karessa Wheeler. Motion passed unanimously.
- 4) **Approval/Additions to the Agenda**

A motion to approve the agenda without any changes was made by Liz Miller and seconded by Karessa Wheeler. Motion passed unanimously.
- 5) **Public Comment:**
 - a. Students from MSU joined us for our discussion today in the name of civic engagement.
- 6) **Presentations/Committee Reports**
 - a. **Sex Ed Director Report**
 - i. Puberty sex ed lessons for 4th and 5th grade will begin early this year. Those teachers met and are in favor of doing these classes earlier in the year (as in the fall next year). They will start earlier this Spring. Parent meeting is happening the week after spring break.
 - ii. Sexual harassment issues this year - Wellness director is willing to tackle this issue. However this will have to wait for next year due to mat leave.
 - iii. Health sex ed for high school starting next week.
 - iv. Spoke with Grand Rapids school district sex ed director. Collaborating to see how we can help each other.
- 7) **Unfinished Business**
 - a. **MiPHY Data (Ingham County)**
 - i. Trend analysis for middle school (7th grade) analysis was done and presented on. Notable findings:
 1. The percentage of sexually active 7th graders is small but not insignificant.
 2. Many sexually active 7th graders used drugs or alcohol before having sex and their partners were 3 or more years older than them.
 3. The percentage of sexually active students using condoms has declined.
 4. The percentage of students identifying as gay, lesbian or bisexual has increased.
 - ii. Trend analysis for high school (9th and 11th) grade analysis was done and presented on. Notable findings:
 1. Fewer high schoolers are having sex, and most that do are waiting until after their freshman year. The freshman that are sexually active have a higher percentage of partners three years older or more.

2. The percentage of forced sex in those that are active has increased.
 3. The percentage of using alcohol and drugs before sex has increased, but the number of individuals doing so decreased. This along with the next point shows that a good number of students having sex are also those displaying other high-risk behaviors.
 4. The percentage of sexually active students using condoms has declined markedly since 2020, though birth control is slightly up and pregnancies are decreasing.
 5. The percentage of students identifying as gay, lesbian or bisexual has increased.
- iii. Discussed current ELHS sex ed class, ability to opt out, and participation rates.
 1. Discussed finding ways to increase participation.
 2. The idea of peer mentoring ELHS students with college or med students.
 3. Invite our current health teachers and school principal to give us more accurate information about current sex ed classes.
 4. Life science (biology) or other core classes could incorporate some of the sex ed curriculum.
 5. While not our purview, what else could be taught in health class – sex ed, mental health, etc. Rebranding health class to be more enticing, increasing engagement. A day off for sex ed, fair/booths, etc. Bringing in certified health professionals as resources and guest speakers.
- b. 4th Grade Videos**
- i. Last meeting we did not have a recommendation for new 4th grade sex ed videos.
 - ii. Discussed looking for better sources, funding new videos, or using private videos (amaze.org)
 1. Using amaze.org could be viable if we combine multiple videos as they are only a few minutes long each, but great quality.
 2. Discussed planned parenthood sex ed curriculum for more ideas.
 3. Action item for this board is to find better video resources for 4th grade.
 - iii. Our recommendation for the board is to make no changes at the moment and we are still working on finding better video resources.

8) New Business

- c. Review of Goals/Additional Meeting Needed
 - i. We have made progress on all of our goals, and have completed 2 out of the 7 goals.
 1. Gender roles/norms and sex ed
 2. High School curriculum
 3. Review current birth control information
 4. Who are we not reaching and how do we reach them?
 5. Pornography education
 6. Curriculum fidelity
 7. Synopsis of the videos for Wonder Years curriculum we approved last year for the teachers to use.
- d. High School Videos (if time)
 - i. Will send out an email on video watching action items for board members.

11) Announcements

- a. Next meeting April 20, 2023
- b. Additional meeting is scheduled for May 18, 2023.

12) Adjournment

Motion to adjourn was made by Diane Tuinstra and seconded by Karessa Wheeler. Meeting adjourned at 8:04 PM.