

# Spookinaapi (Good Health) Project

## Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
  - Under-Age Drinking
  - Marijuana use
  - Prescription pain Killers (Opioids)
  - Suicide
  - Family engagement
- Target population
  - Grades 2-12

## Update on Goals

Goal 1. Provide Prevention education, activities and awareness for the schools and community. Spookinaapi team made the initial introduction into the class rooms, met with the administrators to schedule time in the classrooms to introduce prevention strategies

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services. Spookinaapi team will continue serving their case load and provide Mental Health Services.

Goal 3. Establish a mentoring program for each building and target at-risk students. The Spookinaapi team will develop a mentoring program in each building to target at-risk students.

## Current Projects:

Each Spookinaapi Specialist will provide prevention services, they also established a list their case load of tier 2 students through one-on-one social emotional support. Their activities include simple exercises, activities and curriculum pages they can do in the class room

The Spookinaapi coordinator and staff are registering and participating on prevention webinars. The coordinator is continuing entering data in the SPARS data base and started entering for year 3 to submit report to the SAMHSA GPO, year 3 report is complete and is submitted participating in on-line zoom community meetings. The Spookinaapi coordinator will be attending zoom meetings with the UofM epidemiologist and SAMHSA Grant GPO. The assessment will be the Spookinaapi programs base line. Spookinaapi coordinator has providing training to the staff on screening process/contract tracing of Covid-19, rapid testing is offered. Collaborated with BPS activities and 21 Century for Red Ribbon week light on after school, Spookinaapi was responsible for the Pumpkin patch, there were over 1200 pumpkins that were given out to students and their families.

### Spookinaapi Specialist

BMS: Jennifer Elhers- Grade 6<sup>th</sup>-8<sup>th</sup> Spookinaapi Specialist returned to BMS to provide support to the students, Jennifer will be scheduling time in the classrooms to provide services to the students and will be part of the Teen pregnancy prevention coalition through Manpower. Jennifer will be scheduling and providing Youth Mental Health First Aid training to BPS staff.

BES: Kimberly Tatsey-McKay- Grades 2<sup>nd</sup> & 3<sup>rd</sup>

Social emotional support, planning events for Red Ribbon Week. Weekly schedule to provide prevention curriculum to the student during specials. Each student received a bag full of prevention incentives and a coloring page from the Pikuni Lodge institute. Kim will be scheduling and providing Youth Mental Health First Aid training to BPS staff.

Napi: 4<sup>th</sup>,5<sup>th</sup> grade Tessa Wells- Tessa has been providing services through the Too Good for Drugs curriculum she has also been doing check-ins with students, providing social emotional support. Tess has been collaborating with the Napi councilors for the upcoming Red Ribbon Week in October, each student received a bag full of prevention incentives and a coloring page from the Pikuni Lodge institute

BHS 9-12<sup>th</sup> grade- Kiana McClure is the New Spookinaapi Specialist, she met with all the advisory teachers and is providing services to the students, building capacity with the tribal programs, identifying resources in the community, Kiana will be part of the Teen Pregnancy Prevention coalition through Manpower