

CONSIDERATION OF APPROVAL OF THE DISTRICT'S WELLNESS PLAN

Action Item:

This agenda item allows for consideration of approval of the District's Wellness Plan, which has been previously approved by the School Health Advisory Council (SHAC Committee). This plan falls within the guidelines of the USDA and State Law regarding consumption of food and beverages and our commitment to provide nutrition education, along with stressing the importance of physical activity, to help ensure the overall well-being of our students and staff. Membership in the SHAC committee includes district staff, students, community members, parents, and the involvement of representatives from outreach agencies (various departments involved with human/health services).

Superintendent's Recommendation:

I recommend the Board approve the 2024-2025 District's Wellness Plan as presented.

Suggested Motion:

I move to approve the 2024-2025 District's Wellness Plan as presented.