# The Nehalem Nugget

NOVEMBER 2022

Be Safe . . . Be Respectful . . . Be Responsible

### Important Dates and Reminders

**Book Fair Family Night -** Wednesday November 2, 2022 - 2:45-6:00 P.M. **Daylight Savings** - Sunday November 6, 2022- set clocks back one hour **NO School** - Friday, November 11, 2022 - Veteran's Day

**School Board Meeting -** Monday, November 14, 2022 - 6:30 p.m. at the District Office





# Our School District is Looking for Parent and Family Feedback

Please give our school district some feedback on how we are doing! Here is a <u>survey link</u> to take a district wide survey for family members.



#### From the Library

The Book Fair will start on Tuesday November 1st and run through Friday November 4th. Students will have a chance to stop in to make purchases on scheduled times. Their teacher has that schedule. Parents have a chance to bring their children on Family Night, Wednesday November 2nd from 2:45-6:00 P.M.

#### MISS JENNIFER

Hard to believe it is already November!

In October we learned about Kelso's choices. Students worked on recognizing the size of the problem and worked on using Kelso's strategies for conflict resolution. We also covered student safety with our Child Protection Unit from Second Step. Students learned about



ways to stay safe with our "Never Never Rules" and the "Always Ask First Rule." I encourage you to ask your child about the different Kelso's choices and the never never rules, they know their stuff!

In November we will continue to work on skills for learning: focused attention, listening, following directions, being assertive, empathy and more. Additionally, we will continue developing using our 'tools' (Breathing, Listening & Words - so far) to help in solving problems and staying in the green zone. Mindfulness will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm... I encourage you to practice this with your students at home. The more they practice, the more automatic a mindfulness response becomes. MindYeti is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, the SEL curriculum used at NES. Waterford.org is another great resource for kids and mindfulness as well.

If you have any questions or concerns about your student feel free to contact me. You can also fill out a <u>counseling form espanol</u> to request a meeting.

Ms. Jennifer 503-355-3657

#### jenniferh@nknsd.org



#### FLASH ALERT

FlashAlert is the service we use to provide emergency closures to the Portland television and radio stations. The system will send you a text and/or email message. (FAMILIES THAT SIGNED UP LAST YEAR WILL



<u>may log in and request a test message to revalidate your account.</u>) To subscribe to this service, go to our web site at <a href="https://www.flashalert.net/login/">https://www.flashalert.net/login/</a> Under "Subscribe to receive FlashAlert messages from Neah-Kah-Nie Sch. Dist." Type in your email address, click subscribe, confirm email address, create password, confirm password, click create account. You may enter up to three email addresses, or three text message numbers, or a combination of both. Once you have added your information click in the box that states "Click here" to send validation messages and complete the registration process. You also can download the iOS/Android app FlashAlert Messenger to your phones and link it to your account. Then click log out. If you need help with this process, contact your school secretary or Kathie Sellars at the District Office. You will need to make sure that your SPAM filter allows messages from info@flashalert.net.



# ROCKAWAY LIONS TAKING THANKSGIVING FOOD BASKET APPLICATIONS

Each year the Rockaway Lions Club provides Thanksgiving food baskets for families in our community who are in need of holiday assistance. Requests to receive a food basket are available in the school office. Stop by for one or call and ask that one be sent home with your child. The completed request needs to be returned to the school office no later than **Friday, November 11th**. The Lions will deny your request if you are already scheduled to receive Thanksgiving assistance through another organization. If you have any questions, call Ron with the Lions Club @ 503-355-2778 or 208-305-8886.

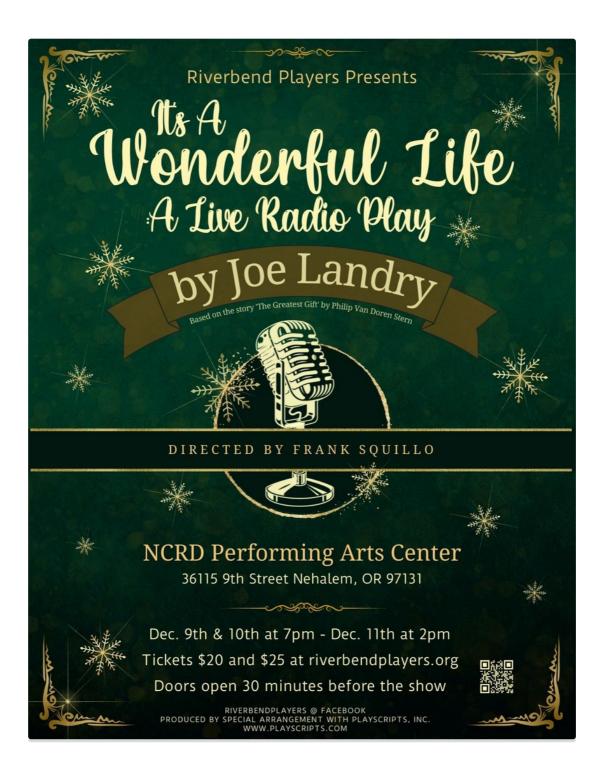
#### Nehalem Parent Council

Hello, my name Is Larisa Keller and I am the new elected parent council president. I have a kindergartener and 3rd grader here at NES. Parent council meetings are held on the 2nd Tuesday of every month, at 6pm in the Nehalem Elementary School Library. All are welcome to attend. Looking forward to what this year has in store for us. Our next meeting is Tuesday, November 8th at 6:00 p.m. See you there!

#### NCRD PERFORMING ARTS CENTER

Three NES students will appear in 'It's A Wonderful Life: A Live Radio Play' by Joe Landry at the NCRD Performing Arts Center. 4th graders Colbie Conner and Oliver Arnold, along with 5th grader Chloe Ward will take the stage on December 9th, 10th, and 11th in Riverbend Players' production of the classic holiday story. Play director, Frank Squillo, said he wanted this year's production to be "more authentic" and was excited to have such talented young performers be a part of an already superb cast. This year's production also includes a very special appearance by the Neah-kah-Nie High School choir.

Tickets are on sale now for 3 shows only. For tickets or more information go to Riverbendplayers.org



#### NCRD Youth Center

Rain is here and the smell of fall is in the air. We are looking forward to learning about the change of seasons and why the leaves change color! Do you know? If you need youth care, please reach out to us at NCRD welcome center. On school days we pick up your students at Nehalem Elementary school at the end of each school day and are open until 5pm. Cost is \$6 a day per child, and this includes a nutritious snack and a host of enrichment activities (outdoor play/walks, gym time, crafts, music, science, and etc.) If interested please reach out to Angie or Kiley at NCRD by phone, email, or just stop in. We are not currently accepting drop-ins. However, we do have full day childcare available on a 1st come basis when the school is closed and it is not a national holiday, those days are \$20 per student and need to be preregistered and prepaid in the welcome center. This month's full day is Wednesday November 23rd. We look forward to enjoying the Thanksgiving holiday and will not be open November 24th & 25th.

Scholarship applications are available upon request. Scholarships for students are funded through the Friends of NCRD, who support families in need through various fundraisers throughout the year.

Please let any youth center staff or the welcome center know if this is a need, and we will get you the form.

#### -Youth Sports-

Soccer will conclude at the end of the October. Not to worry if you are looking for a soccer type activity, please join us for Futsal on Fridays from 4-5pm. Please register now, practice begins Nov. 4th and runs through Dec. 16th.

angiet@ncrdnehallem.org kileyk@ncrdnehalem.org

#### NCRD Pool News

Friday Night Family Swim Starts September 30, 2022

6:00---7:30pm

\*\*\*Adult(s) please accompany your children this Fall Term\*\*\*\*

\*\*\*Not mandatory that adult must be in the pool for kiddos to participate\*\*\*

2 per student  $18\ 10x$  swim pass  $6\ adult\ 50\ 10x$  swim pass Purchase @ the Pool!

No reservations necessary at this time!

\*\*\*POOL CLOSED NOVEMBER 24th & 25th . No FRIDAY NIGHT SWIM!

#### Wednesday Water Play is Back!! After School Program

Free choice water Fun\*\*\*\*\*Games & Equipment

Available for students 1st thru 5th grades.

Parents are responsible for delivering & picking up your child at the pool!!

Where: NCRD POOL

When: Wednesdays, October 19, 26 November 2, 9, 16, 30 December 7,14 8 classes Fall Term

Time: 2:45pm---4:00 Pick-up is 4:00 sharp. (Punctuality is truly appreciated!)

Cost: \$2 per session or use swim pass \$18 10x swim pass Purchase @ the POOL!

Questions: pool#1-855-444-6273 e-mail: <a href="mailto:suedg@ncrdnehalem.org">suedg@ncrdnehalem.org</a>

TILLAMOOK FAMILY COUNSELING CENTER AND NORTHWEST PARENTING PRESENTS:

#### **ACTIVE PARENTING**

Session 1: November 11th 3:00-5:00PM(Zoom)
Session 2: November 18th 3:00-5:00PM(Zoom)
Session 3: December 2nd 3:00-5:00PM(Zoom)

Active Parenting is a comprehensive parent education series for parents and caregivers of children ages 5–12.

Participants who participate in this series will receive an Active Parenting handbook and Active Parenting workbook.

In this trainings participants will learn:

- · Practical parenting skills
- Effective non-violent discipline strategies
- · Skills to improve communication with your children
- Strategies for students success
- and will have opportunities to connect with other parents

This training is being offered at no charge to participants that live in the Northwest Parenting region (Tillamook County, Clatsop County, and Columbia County). If you are interested in registering for this free virtual series email **Melissacsetfcc.org.** 









# NKN District Job Opportunities

Go to the <u>District Website</u> (Departments - Human Resource Tab - Current Openings) to see our current openings.

NKN School District is in need of Substitutes!



# Nehalem Elementary School

Principal: Kristi Mills Head Secretary: Amy Cram

36300 8th Street, Nehalem, OR, USA





