
PE HB3141 Compliance

POLICY ISSUE/SITUATION

HB3141 was approved by the Oregon Legislature in 2007, with a specific intent to reduce the epidemic of childhood obesity by increasing physical activity in schools. As mandated, beginning with the 2017-18 school year, all K-5 students shall receive 150 minutes of physical education per week and students in grades 6-8 shall receive 225 minutes of physical education per week.

CURRENT STATUS:

Elementary Schools

- Students receive physical education instruction on a 3-6 day rotation.
- The range of frequency is dependent on the number of students enrolled in each school.
- Classes are 45 minutes in duration, which results in a range of 45 minutes per week to 90 minutes of instruction per week.

Middle Schools

- Students in grades 6-8 receive a range of 90-135 minutes per week on an every other week rotation.

IMPACT:

Elementary Schools

- To comply with HB3141, it will be necessary to hire 66.5 additional physical education teachers to teach our elementary level students.
- Even with three physical classes of 45 minutes each week we will still fall 15 minutes short of the 150 minutes requirement
- Increased frequency of physical education classes may also negatively impact the frequency of other subject areas (i.e. core classroom instruction).
- Music, Media and Technology classes were not reduced in order to increase physical education instruction to meet the expectations for 2017-18.

Middle Schools

- Additional staff will be needed at middle schools, yet further analysis will be necessary in order to accurately determine the number of additional staff that will be required.

As stated in HB3141, all “physical education shall be *adequately prepared* and shall regularly participate in professional development activities to effectively deliver the physical education program.”

With an addition of 66.5 physical education teachers at the elementary level will require additional space for appropriate PE instruction to take place in each of our schools. Each elementary school will need to facilitate the appropriate PE learning space for 2.5 to 3 teachers per school.

The Beaverton School District recognizes the diversity and worth of all individuals and groups. It is the policy of the Beaverton School District that there will be no discrimination or harassment of individuals or groups based on race, color, religion, gender, sexual orientation, gender identity, gender expression, national origin, marital status, age, veterans' status, genetic information or disability in any educational programs, activities or employment.

- At the present time elementary schools do not have adequate space for multiple physical education classes to take place at the same time.
- The Bond Steering Committee discussed the lack of internal space suitable for physical education and determined that the cost would far exceed potential bond resources.

POTENTIAL CONSIDERATIONS:

- Seek modification of the language in HB3141 to provide more flexibility.
- Pursue a reduction from 150 minutes to an average of 100 minutes of physical education for elementary students.
- Include daily recesses in the amount of minutes required.
- Allow school districts or schools to include participation in directed athletics as part of the required minutes.

RECOMMENDATION

It recommended that the Beaverton School Board of Directors discuss the implications and impact of HB3141 with local legislators and seek modification that will retain the spirit of the law by continuing to support physical education opportunities for students without unnecessarily impacting available resources.