#### Goal: To meet the objectives of the Head Start Performance Standards with regards to children with to mental health.

STANDARD	GOAL	OBJECTIVES	SPECIFIC TASKS/ACTIVITIES	PERSON RESPONSIBLE	TARGET DATE
1304.24	1304.24(a)	(a) Cover working collaboratively with parents,	1. To provide for the emotional and social well being of all children, parents and staff.		
Related: 1304.24(a)		securing the services of a mental health consultant who			
1304.24(a)		has an established schedule of on-site visits, and involving mental health professionals, program staff and parents.			
<b>1304.24(a)</b> (1)(i) Related: 1304.51(g) 1304.40(b) (1)(ii) 1304.40(f)	(1) Head Start must work collaboratively with parents for issues related to parent education by:	(i) Soliciting parental information, observations, and concerns about their child's mental health.	<ol> <li>Request parental information regarding the child's development, health and other concerns related to mental health. Request information about the child's developmental stages, the child's interest, needs, and strengths; and changes in the child's mood, attitude, or appearance; any health conditions which may influence the child's behavior.         <ul> <li>a. Interview for Child Health Record</li> <li>b. Family Needs Assessment</li> <li>c. DIAL 4 Social Emotional Questionnaire</li> </ul> </li> </ol>	<ol> <li>Family Services Staff</li> <li>Nurses</li> <li>Mental Health Manager</li> <li>Parents</li> </ol>	Enrollment February 12 May 13

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#### SPECIFIC **STANDARD** GOAL **OBJECTIVES** PERSON TARGET **TASKS/ACTIVITIES** RESPONSIBLE DATE (ii) Sharing staff observations Within 45 days of enrollment the child's Within 45 2. Teachers 1. behavioral, social and emotional skills will be 1304.24(a)(1)(ii) of their child and discussing 2. days of Mental Health and anticipating with parents screened. enrollment Manager Related: their child's behavior and 3. Mental Health Aug 12 Behavioral 1304.21(b)(1) development. Professional May 13 0 DIAL 4 S/E Questionnaire 1304.21(b)(1) (I) Classroom Observation 4. Parents 0 Social & Emotional • DIAL 4 S/E Questionnaire Classroom Observation. 0 a. Parents will be given the DIAL 4 S/E at orientation to be filled out. 1. Mental Health b. Children falling within the Potential Delay range Manager 2. Mental Health on the Social Emotional scale indicate that the Professional child is exhibiting an unusually high amount of 3. Teachers troubling behaviors. These children will be 4. Parents monitored closely and positive behavioral guidance will be provided. Consult with staff concerning the results, as c. necessary. Consult with parents as needed. d. **Classroom Observations** e. 1. Teachers Sept.12 f. Plastic Communication Folders May 13 Advise parents of child 3. Inform parents of development issues development issues. Orientation -1. Mental Health Aug 12 a. Manager Aug 13 b. Parent Training 2. Teachers "I Care" • 3. Family Services • Breakfast Buddies Staff c. Individual Counseling Outside 4. d. Parent/Teacher Conferences/Home Visits Consultants

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STANDARD GOA	L OBJECTIVES	SPECIFIC	PERSON	TARGET
		TASKS/ACTIVITIES	RESPONSIBLE	DATE
STANDARDGOA1304.24(a) (1)(iii)Head Start m collaborativel parents for iss related to par- education by:1304.21(a)(3) (i)(C)(D) 1304.52(h) (iv)Head Start m collaborativel parents for iss related to par- education by:	ust work (iii) Discussing and ly with identifying with parents sues appropriate responses to their ent child's behavior;	TASKS/ACTIVITIES         1. Inform parents of effective methods to encourage desirable behaviors in their children.       2         • Workshops       • One-on-one conferences         • Teacher contact       2         2. Encourage parents to volunteer/observe in classroom to learn positive techniques that support child social/emotional development.         3. Implement character education part of the OWL Curriculum.		

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Goal: STANDARD	GOAL	OBJECTIVES	SPECIFIC	PERSON	TARGET
STANDARD	GOAL	ODJECTIVES	TASKS/ACTIVITIES	RESPONSIBLE	DATE
1304.24(a)(1) (iv)	Head Start must work collaboratively with parents for issues	(iv) Discussing how to strengthen nurturing supportive environments and	1. Provide developmentally appropriate materials and activities.	1. Mental Health Manager	Aug 12 May 13
Related: 1304.24 (a)(1)(iii), (a)(3)(i)(A) (a)(3)(i)(D) (b)(1)(ii),	related to parent education by:	relationships in the home and at the program;	<ol> <li>Coordinate with Education Manager in selection of materials and activities.</li> <li>Provide appropriate activity that address the particular situation or need of child/family         <ul> <li>Group or individual counseling (death, divorce etc.)</li> </ul> </li> </ol>	<ol> <li>Mental Health Professional</li> <li>Family Services Staff</li> <li>Teachers</li> </ol>	
(b)(1)(1), (b)(2)(i), (c)(1)(iv), (c)(1)(v)			<ul> <li>4. Teach developmental guidance curriculum.</li> <li>OWL Curriculum</li> <li>I Like Me</li> <li>I'm Like you, You're Like Me</li> <li>We Can Get Along</li> </ul>	<ol> <li>Mental Health Manager</li> <li>Teachers</li> </ol>	Aug 12 May 13
			<ul> <li>Just Because I am</li> <li>I Care</li> <li>Get Real About Violence</li> <li>District wide curriculum</li> </ul>	<ol> <li>Family Services Staff</li> <li>Parents</li> </ol>	
			<ul> <li>5. All children will have access to the services provided by the Developmental Guidance Curriculum <ul> <li>Small group Counseling</li> <li>Individual Counseling</li> </ul> </li> </ul>	<ol> <li>Mental Health Manager</li> <li>Mental Health Professional</li> </ol>	Aug 12 May 13
1304.24(a)(1) (iv)		(iv) Discussing how to strengthen nurturing supportive environments and relationships in the home and at the program;	<ul> <li>6. To provide ongoing counseling services as needed.</li> <li>To forward any counseling records as requested in writing, by parents to receiving Kindergarten Counselor.</li> <li>7. Discuss ways that families can support and contribute to their child's social/emotional development.</li> <li>Parent workshops/meetings</li> </ul>	<ol> <li>Mental Health Manager</li> <li>Teachers</li> <li>Family Services Staff</li> <li>Mental Health</li> </ol>	Aug 12 May13
			<ul> <li>Farent workshops/meetings</li> <li>Home visits/parent conferences</li> </ul>	<ul> <li>4. Mental Health Professional</li> </ul>	

#### 2012-2013

STANDARD	GOAL	OBJECTIVES	SPECIFIC	PERSON	TARGET
			TASKS/ACTIVITIES	RESPONSIBLE	DATE
1304.24(a) (1)(v) Related: 1304.40(f)(4)		(v) Helping parents to better understand mental health issues;	<ul> <li>Provide group orientation         <ul> <li>Orientation</li> <li>Orientation</li> </ul> </li> <li>Provide parent training with Mental Health Professional</li> <li>Provide workshops dealing with Mental Health Issues.</li> <li>One-on-one conferences</li> <li>Help parents access community Mental Health Resources.</li> <li>I Care Monthly Meetings</li> <li>Semester Mental Health Newsletter (Mind, Body &amp; Soul)</li> <li>Psychiatric emergencies for a child or adult will be immediately dealt with.         <ul> <li>911</li> <li>Police Department</li> <li>MHMR – Spindletop</li> </ul> </li> <li>Traumatic events (hurricanes., fire) will be addressed quickly.         <ul> <li>Referral information will be quickly distributed</li> <li>Staff will work with other agencies as not to duplicate services.</li> </ul> </li> </ul>	<ol> <li>Mental Health Manager</li> <li>Family Services Staff</li> <li>Mental Health Professional</li> <li>District –Parent</li> <li>Learning Network</li> <li>Principal</li> <li>Police</li> <li>MHMR</li> <li>Family Services</li> <li>Mental Health Professional</li> </ol>	June 12 May 13
1304.24(a)(1) (vi) Related: 1304.40(f)(4) (iii)		(vi) Supporting parents' participation in any needed mental health intervention;	<ol> <li>Work with parents to identify Mental Health issues regarding their child.</li> <li>Share information about Mental Health resources available at school and in the community. (Community Resource Handbook)</li> <li>Assist parents in arranging Mental Health services or appointments.</li> <li>Assure parents that confidentiality will be maintained at all times.</li> </ol>	<ol> <li>Mental Health Manager</li> <li>Mental Health Professional</li> <li>Family Services</li> </ol>	Aug 12 Aug 13

### 2012-2013

STANDARD	GOAL	OBJECTIVES		SPECIFIC		PERSON	TARGET
5 million Dinkb	GOIL			TASKS/ACTIVITIES		RESPONSIBLE	DATE
1304.24(a)(2) Related: 1304.41(a)(2) (ii), 1304.52(d)(4)	(2) Secure the services of a mental health professional on a schedule to enable the timely and effective identification of and intervention in family and staff concerns about a child's mental		1. 2. 3. 4.	<ul> <li>Mental Health Professional is contracted to school twice a month.</li> <li>Dates she is on campus are listed/posted in the;</li> <li>✓ parent/staff monthly calendar</li> <li>✓ Mental Health Newsletter (Mind, Body &amp; Soul)</li> <li>✓ PI Room and Office</li> <li>✓ All Classrooms</li> <li>Parents can call and request an appointment.</li> <li>Parents can drop in and will be seen as soon as</li> </ul>	1.	Mental Health Manager Mental Health Professional	Sept. 12 May 13
1304.24(a)(3) Related: 1304.24(a)(3), 1304.24(a)(3) (i)-(iv)	(3) Mental Health Program services must include a regular schedule of on-site consultations.		<ol> <li>5.</li> <li>6.</li> <li>7.</li> <li>8.</li> <li>9.</li> <li>10.</li> <li>11.</li> </ol>	<ul> <li>Prior written permission will be obtained from parent, when scheduling any visits with the Mental Health Professional for a child.</li> <li>Document referrals and mental health services provided, including missed visits, reports from provider and any other counseling notes.</li> <li>Mental Health/Counseling folders are kept in a locked drawer in the Mental Health Managers office.</li> <li>Typed reports of any visit with a child by the Mental Health Professional will be sent to the parent and teacher.</li> <li>Parents are assured that confidentially of all records will be obtained.</li> <li>Case Management Meetings at least 4 times a year.</li> <li>Monthly managers meeting.</li> <li>Samaritan Counseling is providing a Licensed Professional Counselor for a semester to provide;</li> <li>✓ Small group counseling sessions</li> <li>✓ Focus groups on anger</li> </ul>		Head Start Managers Nurse Principal Mental Health nager	Sept. 12 Dec. 12

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1304.24(a)(3) (i)     i) Design and implement program practice responsive to the identified behavioral and mental health concerns of the identified behavioral and individual child or group of children;     1. Advise and assist in developmental screenings and an individual child or group of children;     1. Advise and assist in developmental screenings and an individual child or group of children;     1. Advise and assist in developmental screenings and an individual child or group of children;     1. Advise and assist in developmental screening and an individual child or group of children;     1. Advise and assist in developmental screening and an individual child or group of children;     1. Advise and assist in developmental screening and an individual child or group of children;     1. Advise and assist in developmental an individual child or group of children;     1. Advise and assist in developmental an individual child or group of children;     1. Advise and assist in developmental an individual child or group of children;     1. Advise and assist in developmental an individual child arge group and assessment results are transferred into the PTomis data base.     1. Mental Health Manager     Aug 13       1. Mental Health reacher and family.     - ParentChild Activities     - Social-Emotional Activities     - Social-Emotional Activities     - Mental Health Manager       1. Mental Health reacher and family.     - Parent. Social-Emotional Activities     - Mental Health manager     - Mental Health Professional       1. Mental Health reacher and parent as needed.     - Social-Emotional ong with teacher and parent as needed.     - Mental Health Professional     - Mental Health Manager       1. Mental Heal	STANDARD	GOAL	OBJECTIVES		SPECIFIC		PERSON	TARGET
1304.24(a)(3)       i) Design and implement program practice responsive to the identified behavioral and mental health concerns of an individual child or group of children;       1. Advise and assist in developmental screenings and assessments.       1. Mental Health       Aug 12 Aug 13         1304.24(a)(3)       i. Mental health concerns of an individual child or group of children;       . Administration within 45 days of child's enrollment       1. Mental Health       Aug 13         1304.21(c)(2)       . DIAL 4       . DIAL 4       . DIAL 4       . Mental health       . Mental health         1304.21(c)(2)       . DIAL 4       . DIAL 4       . DIAL 4       . Mental health       . Mental health         1304.21(c)(2)       . All screening and assessment results are transferred into the Promis data base.       . DIAL 4 results are inputted into the DIAL 4       . Mental Health       Manager       . Mental Health         . Parent-Child Activities       . Social-Emotional Activities       . Social-Emotional activities       . Mental Health       Manager       . Mental Health         . Manager       . Mental Health       . Mental Health       Manager       . Mental Health       Manager         . Manager       . DiAL 4 results are inputted into the DIAL 4       . Mental Health       Manager       . Mental Health       Manager         . Manager       . Mental Health       Manager       . Mental Health       Mana		o o i i i						
	(i) Related: 1304.20(b),		program practice responsive to the identified behavioral and mental health concerns of an individual child or group of	<ol> <li>4.</li> <li>5.</li> <li>6.</li> <li>7.</li> <li>5.</li> </ol>	<ul> <li>Advise and assist in developmental screenings and assessments.</li> <li>a. Administration within 45 days of child's enrollment <ul> <li>DIAL 4</li> <li>DIAL 4</li> <li>DIAL 4 Social/Emotional Questionnaire</li> <li>DOCT</li> </ul> </li> <li>All screening and assessment results are transferred into the Promis data base.</li> <li>DIAL 4 results are inputted into the DIAL 4</li> <li>Pearson Q-Global database and reports run for teacher and family. <ul> <li>Parent-Child Activities</li> <li>Social-Emotional Activities</li> </ul> </li> <li>Modify daily activities as needed to address the needs and address the needs of children with known and suspected disabilities or Mental Health challenges.</li> <li>Develop Treatment Plan along with teacher and parent as needed.</li> <li>Schedule parent meetings/workshops per semester dedicated to mental health issues for use with families.</li> <li>Implement automated system to track records</li> <li>Skyward</li> <li>PROMIS</li> <li>Access data base</li> <li>DIAL 4 Pearson Q-Global database</li> </ul>	1.         2.         3.         4.         1.         1.         2.         3.         4.         3.         4.         3.         4.         3.         3.         3.         3.         3.	Mental Health Manager Mental health Professional Teachers Family Services Mental Health Manager Mental Health Professional Teacher Parent Mental Health	Aug 12

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STANDARD	GOAL	OBJECTIVES		SPECIFIC		PERSON	TARGET
				TASKS/ACTIVITIES		RESPONSIBLE	DATE
		ii) Promote children's mental	1.	Encourage parents to preview district guidance	1.	Mental Health	Aug 12
1304.24(a)(3)		wellness by providing group		program.		Manager	Aug 13
(ii)		and individual staff and parent		<ul> <li>Displayed during Open House</li> </ul>	2.	Family Services	
		education on mental health	2.	Assess parental needs and interests in training.		Manager	
Related:		issues;		• Parental survey given at time of enrollment			
1304.40(f)(4),			3.	Provide staff training as indicated by observation			
1304.21(c)(1)				or request.			
(iii)			4.	Provide referrals for staff and families to support			
				groups and self help groups.			
			5.	Mental health lessons are provided <i>daily</i> in the	1.	Teachers	
				classroom and documented on lesson plans.			
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#### 2012-2013

STANDARD	GOAL	OBJECTIVES		SPECIFIC		PERSON	TARGET
5 million and	GOILL	Objectives		TASKS/ACTIVITIES		RESPONSIBLE	DATE
1304.24(a)(3) (iii) Related: 1304.20(f)(2) 1304.21(a)(1) (ii), 1308.19 1308.21		(iii) Assist in providing special help for children with atypical behavior or development;	1.         2.         3.         4.         5.         6.         7.	<ul> <li>TASKS/ACTIVITIES</li> <li>Identify children in need of additional professional assessment; the following can be used: <ul> <li>Review assessment finding and records</li> <li>Act on parental requests</li> <li>SPARKS Behavior checklist</li> <li>Hawthorne ADD/ADHD evaluation</li> <li>Devereaux Early Childhood Assessment (DECA)</li> <li>DECA-C</li> <li>Bracken <ul> <li>Basic Concept Scale – revised</li> </ul> </li> <li>Behavioral Checklist</li> <li>Provide recommendation and resource information to assist families and staff in structuring the environment and in modifications with instructions.</li> <li>Maintain tracking system of services to children with special needs</li> <li>Disabilities Tracking System</li> <li>Mental Health Tracking System</li> <li>Promis</li> <li>Skyward</li> </ul> </li> <li>Maintain record of all referrals</li> <li>Request for Counselor Assistance</li> <li>Large and small group activities are provided for all children according to their needs.</li> <li>Identify children in need of a written behavior modification plan</li> <li>Special Ed. Manager – develop IEP goals</li> <li>Behavioral Intervention Plan</li> </ul>	1.         2.         3.         1.         2.         3.         1.         2.         3.         1.         2.         3.         4.	Mental Health Manager Teachers Mental Health Professional Component Managers WOCCISD Department of Special Services Mental Health Manager Mental Health Manager Mental Health Professional Principal Head Start Staff District Staff	DATE Aug 12 May 13

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STANDARD	GOAL	OBJECTIVES	SPECIFIC PERSON TASKS/ACTIVITIES RESPONSIBLE	TARGET DATE
1304.24(a)(3) (iv) Related: 1304.41(a)(2) (ii)		(iv) Utilize other community mental health resources as needed.	1. Open lines of communication are maintained with various community agencies during the program year.       1. Mental Health Manager         2. Participation in Child Find       2. Family Services         3. Parents and staff are provided with a community resource handbook early in the program year.       2. Community Counseling Referral Information given to parents as needed.	Aug 12 May 13