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TRSD SUPERINTENDENT

OREGON DEPARTMENT OF EDUCATION

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OREGON HEALTH AUTHORITY 500 Summer Street NE, E-20 Salem, OR 97301

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November 4, 2015

Dear Superintendent,

In 2010, the Oregon Student Wellness Survey (SWS) was introduced to assess school climate, substance use and the mental and behavioral health of Oregon youth. The SWS assesses factors that influence student success such as school climate, supportive parents and teachers, commitment to school, and positive youth development. It also examines risk factors like mental and emotional health, substance use, and gambling. In addition, the survey provides information about antisocial behaviors at school such as bullying, fighting and truancy.

The SWS was carefully designed to provide the data that are critical for monitoring a number of school and community grants, and coordinate health policies and programs in counties all over the state. The survey can be completed in one class period with less time needed for the online version. Most school districts participated in the survey in 2010, 2012, and 2014 yielding a rich set of data. Because of high participation rate, the SWS provided educators, parents, citizens, health care providers and policymakers with information that is vital to making decisions that will shape a positive future for Oregon's youth.

The Oregon Health Authority, through a contract with ISA Pride Surveys, will be offering the 2016 SWS at *no charge to schools*. All schools with students in grades 6, 8 or 11 (public, private, alternative or charter) are encouraged to participate.

Administration of the 2016 SWS will incorporate the following school-requested features:

- New for the 2016 SWS will be prior year comparison data. For those schools/districts
 that participated in the 2012 and 2014 SWS, the 2016 report will illustrate comparisons
 to those previous years data for measures such as 30 day use of alcohol, marijuana, and
 smoking as well as perceived risk of use, ease of ATOD access, depression, school
 safety, and truancy,
- Web-based training about the survey and how it is administered,
- Scheduled in January and February to minimize conflicts with state testing,

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- Choice of administering the SWS online or using paper-and-pencil,
- Preliminary reports of district- and school-level results distributed in May,
- Final reports that compare school results to the state available in August.

The Oregon Department of Education and Oregon Health Authority strongly recommend this survey. You will find sample surveys, a SWS fact sheet and a School District Agreement form enclosed. To schedule surveys for schools in your district: 1) identify a school district coordinator, 2) complete the School District Agreement Form and 3) fax it to Wendy McGrath at (770) 726-9327. You can also email the form to wendy.mcgrath@pridesurveys.com or call her at 800-279-6361.

As soon as you fax the School District Agreement form with your approval to participate, ISA Pride Surveys will contact your school district coordinator who will assist in: 1) ensuring parents and guardians are notified of the nature of the survey and consent procedures; 2) identifying a designated contact person to proctor the survey; and 3) returning completed surveys to ISA Pride Surveys in a timely manner.

For additional information concerning the Student Wellness Survey you can contact Rusha Grinstead at the Oregon Health Authority, Office of Health Analytics. She can be reached at 503-602-9214 or by e-mail at rusha.grinstead@state.or.us

Thank you again for your consideration of this important request.

Salam A. Noor, Ph.D.

Deputy Superintendent of Public Instruction

Oregon Department of Education

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Lynne Saxton Director

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2016 FAQ's

Oregon Health Authority is conducting the Student Wellness Survey in February 1st – April 8, 2016.

There are two state-wide adolescent health surveys conducted in Oregon—the Student Wellness Survey and the Oregon Healthy Teens Survey. The surveys are administered in alternate years. The Oregon Health Authority is conducting the Student Wellness Survey in February 1st – April 8th, 2016. The next Oregon Healthy Teens Survey will take place in Spring 2017. Both surveys provide important data to fully understand and help the youth of Oregon. The surveys have some over-lapping questions, to better track behavior patterns over time, but a large portion of each survey is unique. That is why both surveys are important and schools and youth should, if able, participate in both surveys whenever possible.

What is the focus of the Student Wellness Survey?

The Student Wellness Survey was introduced in 2010 to assess school climate and the behavioral health of Oregon youth in grades six, eight and eleven. School climate shows the degree to which students feel they belong, are valued and are physically and emotionally safe at school. The behavioral health focus assesses risk and protective factors that influence student success. There are two versions of the survey, one for middle schools and a slightly longer survey for high schools.

Grade	Grade	Topics on the Student Wellness Survey	
6 & 8	11	1 opics on the Student Wenness Survey	
>	~	Student mobilityhow often youth move or change schools	
>	~	Commitment to school including school performance, school attendance, and how important they think school is for their future	
>	~	Opportunities for participation in class and other school activities	
V	~	Meaningful relationships with teachers, school staff and other students	
V	~	Witnessing or perpetrating harassment, bullying or fighting in the school environment	
~	~	Antisocial behavior such as carrying weapons, selling drugs, or being drunk at school	
V	~	Positive youth development	
V	V	Psychological stress, depression and suicide ideation	
	~	Problem gambling and substance use (primarily patterns of alcohol, tobacco and Marijuana,	
		synthetic drug use, accessibility, perceived risk of harm and parent attitudes about use)	
	~	How youth get alcohol, tobacco and marijuana and lifetime use of illicit drugs	
	V	Height, weight, body image and unhealthy eating behaviors	

Why should a district participate in the Student Wellness Survey?

- In 2010 most school districts participated (82%) providing a robust statistical comparison for schools, districts and counties. In 2012 the participation rate increased by 10% and in 2014 the participation rate increased by 6%.
- Results from this survey provide the backbone for data driven decisions. Many schools and communities use the results for planning purposes, to track student behavior changes, report outcomes for grants and to apply for funding for future prevention efforts.







2016 FAQ's

Who can participate?

• All Oregon public, alternative, charter and private schools with students in grades 6, 8 and 11 are invited to participate at no charge to schools. Schools are encouraged to survey all eligible students, but large schools may opt to survey a sample of their youth.

What will the participating district and school receive?

• Participating districts and schools that survey 10 or more students in a grade will receive an electronic Student Wellness Survey report. Each report is organized into chapters that highlight specific topics. Chapters provide: background information about the topic, summary data tables and graphs. Reports will also compare results in multiple years and illustrate trends in substance use and behavioral health of students. The appendices at the end of the report include data tables for each survey item, and copies of the 2016 surveys.

When will the survey results be available?

- Confidential district- and school-level reports will be issued to School Superintendents in June 2016. The preliminary report provides all of the standard tables and graphs that are in the final report but will not yet contain the state-level comparisons.
- Final reports will be ready in Fall 2016. Data tables in the final reports include state and local results for all three grades. This makes it is easy to compare local results to those of the state and to see the differences among 6th, 8th, and 11th grade students.

What is the cost of the surveys?

• All 6th, 8th, and 11th grade students can be surveyed at no charge to schools. Public, private, charter and alternative schools are encouraged to participate.

How long are the surveys and how are they administered?

• It takes students 45 minutes or less to complete the Student Wellness Survey. School districts can choose to use the on-line survey or paper-and-pencil.

Are the participants anonymous?

• The survey is voluntary and individual survey responses are completely anonymous. Students are not asked to write their name or any identifying information on their survey.

What is new?

- New to the 2016 SWS school report will be prior years comparison data. For those schools/districts and counties that participated in 2012 and 2014, the report will illustrate comparisons of past three year data such as 30 day use for alcohol, marijuana, and smoking, as well as perceived risk of use, ease of ATOD access, depression, school safety and truancy.
- In 2014 there was a 6% increase in participation from 2012 and we encourage all schools to participate in 2016 to continue gathering trend data for the purposes of school improvement.

How can I get more information?

• Contact: Rusha Grinstead, MS, MPH, Office of Health Analytics, OHA at 503-602-9214 or rusha.grinstead@state.or.us. Additional information can be found on the Student Wellness Survey web site at: http://www.oregon.gov/oha/amh/pages/student-wellness/index.aspx





Oregon Student Wellness Survey for Grade 6-8



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- 4. Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

	in the oval using a #2 pencil.			
1. How old are you?		7. Are you enrolled in any of the following tribes?		
10 years old 13 years old		OI am not enrolled in a tribe		
O11 years old	14 years old	OBurns Paiute Tribe		
12 years old	☐ 15 years old	Court Crock Bond of Umpaya Triba of Indiana		
		Cow Creek Band of Umpqua Tribe of Indians		
2. How do you identify?		 Confederated Tribes of Grand Ronde Klamath Tribes 		
○Female ○Transgender		Confederated Tribes of the Umatilla Indian Reservation		
OMale	Other	Confederated Tribes of the Coos, Lower Umpqua,		
Ownaio	Council	and Siuslaw Indians		
		Confederated Tribes of Siletz Indians		
3. In what grade are	you?	○ Confederated Tribes of Warm Springs		
○6th	9th	Other		
○7th	 Ungraded or other grade 			
○8th		8. Would you say that in general your emotional and		
		mental health is		
4. What is your race	? (Please mark all that apply.)			
-		Opoor Ogood O excellent		
	n or Alaska Native	○ fair ○ very good		
○ Asian ○ Black or Africar	Amorican	VA.		
	n or Other Pacific Islander	9. Would you say that in general your physical		
OWhite	Tor other racine islander	health is		
Other	CHANGE OF THE PARTY OF THE PART	opoor ogood excellent		
		Ofair Overy good		
E American Historia	and ating that in a	The same of the sa		
5. Are you Hispanic	or Latino/Latina ?	10. Have you changed schools (including changing from		
○Yes		elementary to middle and middle to high school) in the		
○ No		past year?		
6. What is the langu	age you use most often at home?	○Yes ○ No		
○ English		44. Usus many firms have your should be a self-		
Russian		11. How many times have you changed homes since kindergarten?		
○ Spanish		**************************************		
○ Vietnamese		Never 5 or 6 times		
OA tribal languag		1 or 2 times 7 or more times		
○ Another langua	ge	3 or 4 times		
		12. Putting them all together, what were your grades like		
		last year?		
		OMostly A's OMostly C's OMostly F's		
		○ Mostly B's ○ Mostly D's		

[SERIAL]

			111	6	1		
13. During the LAST FOUR WEEKS how many who		During the past 30 days, on how		13	3		
school have you missed because you skipped	many days did you	0	13	3	20		
None	many anyour your	1	3	36	200	10	
O1 day		26. not go to school because you felt you w	vould)))
2 days	be unsafe at school or on your way to c						
3 days		from school?		0			0
04 to 5 days		27. carry a gun as a weapon on school pro	perty?				0
6 to 10 days	28. carry a weapon (other than a gun) such						
11 days or more		a knife or club on school property?		0			0
C 11 days of more							
14. How do you like school?				13	_		
I like school very much		During the past 12 months,	8 60	0	(1)	1	
Ol like school		how many times	3 5	9			
OI neither like nor dislike school		Mag.	The Top Te		360	36%	es
OI dislike school		29. were you in a physical fight?		0	0		-
OI dislike school very much		30. were you in a physical fight		49		A 8	
3				0	0		
		31. did you bully someone (such as	(a) (a)				ă
15. How important do you think the things you are		hitting, kicking, pushing, saying					
learning in school are going to be for your late	r life?	mean things, spreading rumors, or					
○Very important		making sexual comments that					
Quite important		bothered them)?	000	0	0		
Fairly important		32. have you been suspended from					
Slightly important		school?	000	0	0	0	
Not at all important		33. has someone threatened you with a					
		weapon such as a gun, knife, or club					
		on school property?	oloc	0	0		
Mon Sol							
Tell Off	E 60 10	24 Buring the past 42 months has environ	one offe	40 d		.I.d	
16. How often do you feel that the schoolwork	198 64 8	34. During the past 12 months, has anyone an illegal drug on selection			, sc	nu,	OF
you are assigned is meaningful and important?		given you an illegal drug <u>on school</u> :	oroperi	Lr			
17. Thinking back over the past school year, how		○Yes					
often did you try to do your best work in		ONo					
school?	0000						
		Harrage and say include threatening by	dheine -			all:	~~
6. [3]	- KRONET	Harassment can include threatening, bu or obscenities, offensive notes or graffi				aiii	ııy
How much do you agree with the	on.	touching, and being pushed around or h		iiile	u		
following statements about	POLON CONTRACTOR OF THE POLON	touching, and being pushed around or i					
school?	18 18 18 18 18 18 18 18 18 18 18 18 18 1						
A STATE OF THE STA	18 18 18	In the last 30 days, how	111	16	0		
18. I have lots of chances to be part of class		many times have you been harassed	11/2	0/3	2/3	2	
discussions or activities.	0000	at school, on a school bus, or going to	Tin		100	1	nes
19. There are lots of chances for students in my		and from school	1	3/3	(B)	Des	8
school to get involved in sports, clubs, and other							
school activities outside of class.	0000	35. because of your race or ethnic origin.		0	0	0	
20. I respect most of my teachers.	0000	36. because someone said you were gay,					
21. My teachers notice when I am doing a good job		lesbian, bisexual, or transgender.		0	0	0	
and let me know about it.	0000	37. because of who your friends are.		0	0	0	
22. I can talk to my teachers openly and freely		38. because of how you look (weight, cloth					
about my concerns.	0000	acne, or other physical characteristics)		0	0	0	
23. In my school, teachers treat students with		39. because you received unwanted sexua	al				
respect.	0000	comments or attention.					
24. Most students at my school help each other		40. for other reasons.		0	0	0	D C
when they are hurt or upset.	0000	41. through email, social media sites (Face					
25. In my school, students that work hard to get		Twitter, YouTube, etc.), chat rooms, in:					
good grades are picked on by other students.	0000	messaging, web sites, texting, or phon	e?	0	0	0	

	Every day	Gambling involves betting anything of value (money, a
	Once or twice per week	watch, soda, etc.) on a game or event with an uncertain
How often have you	Once or twice per month	outcome.
	Once or twice per year	
	Never	53. Please mark ALL the different types of betting that you
42. seen another student bully		have done, if any, during the last 30 days:
kicking, punching, or other	wise hurting them	○I did not gamble during the last 30 days
in school or on the school b	ous?	Playing lottery tickets/Powerball/Megabucks
43. heard another student bull	y others by saying	○ Playing dice or coin flips
mean things, teasing, or ca	Illing other students	OPlaying cards (poker, etc.)
names in your school or on	the school bus?	○Betting on a sports team
44. heard another student spre	ead mean rumors	 Betting on games of personal skill (bowling, video
or leave other students out	of activities to be	games, dares, etc.)
mean in your school or on t	the school bus?	Gambling on the Internet for free or with money
		OPlaying Bingo for money
	An ca a	Other
	All of the time	
During the past 30 days,	Most of the time	E4 During the leat 40 months have your file to be to
how much of the time	A good bit of the time	54. During the last 12 months, have you ever felt bad about
have you	Some of the time	the amount you bet, or about what happens when you
	A little of the time	bet money?
	None of the time	○Yes
45. been a happy person?		○ No
46. been a very nervous person		Ol don't bet for money
47. felt calm and peaceful?	00000	
48. felt downhearted and blue?		EE During the leat 42 months have you give fall that you
49. felt so down in the dumps to	hat nothing	55. During the last 12 months, have you ever felt that you
could cheer you up?	00000	would like to stop betting money but didn't think you could?
		Could?
50 During the past 12 month	s, did you ever feel so sad or	○Yes
and the second of the second o	ly for two weeks or more in a	○No
	ng some usual activities?	Ol don't bet for money
row that you stopped don	ng some usual activities r	
○Yes	1919 V	(%) (%)
○ No	ACT .	56. Have you ever lied to anyone about
		betting/gambling?
51. During the past 12 month	e did you over eariquely	57. Have you ever bet/gambled more than you
consider attempting suici	74(1) 1 (1) (2) (2) (3) (4) (3) (4) (4) (4) (4) (4) (4) (4) (4) (4) (4	wanted to?
consider attempting suici	de i	58. Have your parents ever talked to you about the
○Yes		risks of betting/gambling?
○ No		59. Have your teachers ever talked to you about the
		risks of betting/gambling?
52. During the past 12 month	s how many times did you	
actually attempt suicide?		
○ 0 times	1009	
O1 time		
O2 or 3 times		
O4 or 5 times		
○ 6 or more times		
	· · · · · · · · · · · · · · · · · · ·	

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

723	
During the past 30 days, on	10,000000000000000000000000000000000000
how many days did you	\@\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
now many days and you	14 14 14 14 14 14 14
60. have at least one drink of alco	
61. have 5 or more drinks of alcoh	Total Control Control
row, that is, within a couple of	hours? 000000
During the past 30 days, on how	v manv
days do you think most student	The state of the s
school	
62. had at least one drink of alcoh	101?
(your best estimate)	000000
63. had 5 or more drinks of alcohol	
row, that is, within a couple of	nours?
(your best estimate)	
64. During the past 30 days, how	many For A St
times did you ride in a vehicle	
by a parent or other adult who	
been drinking alcohol?	a lad
65. During the past 30 days, how	many times
did most students in your scho	
vehicle driven by a parent or o	
adult who had been drinking a	
During the past 30 days, on	
During the past 30 days, on how many days did you	10,3,6,6,0,0,3,1,3
ANTONIO I	70-30-70-30-30-30-30-30-30-30-30-30-30-30-30-30
how many days did you	70.70.70.70.70.37.70 70.70.70.70.70.37.70 70.70.70.70.70.70.70.70.70.70.70.70.70.7
how many days did you 66. smoke cigarettes?	10-10-10-10-10-10-10-10-10-10-10-10-10-1
how many days did you 66. smoke cigarettes? 67. use other tobacco products su	70, 70, 67, 70, 70, 70, 70, 70, 70, 70, 70, 70, 7
66. smoke cigarettes? 67. use other tobacco products su snuf, dip or chewing tobacco	John State Company of the Company of
how many days did you 66. smoke cigarettes? 67. use other tobacco products su	John State Company of the Company of
66. smoke cigarettes? 67. use other tobacco products su snuf, dip or chewing tobacco Copenhagen, Marlboro Snus	Joseph Jo
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how many days did you 66. smoke cigarettes? 67. use other tobacco products stand, dip or chewing tobacco Copenhagen, Marlboro Snus 68. During the past 30 days, how use marijuana? 0 times 1 or 2 times 3 to 9 times 4 If you wanted to get some, how easy would it be for you to 69. get some beer, wine, or hard (for example, vodka, whiskey, 70. get some cigarettes? 71. get some marijuana? 72. get some synthetic marijuana	w many times did you 10 to 19 times 20 to 39 times 40 or more times Iliquor or gin)?

How old					
were you					
100000000000000000000000000000000000000					
75. when you had more					
than a sip or two of beer,	,16,76,76,76,76,76,76,76,76,76,76,76,76,76				
wine, or hard liquor (for					
example, vodka, whiskey,					
or gin) for the first time?					
76. when you first began					
drinking alcoholic beverages					
regularly, that is at least					
once or twice a month?					
77. when you smoked a whole					
cigarette for the first time?	00000000				
78. the first time you used					
tobacco products other than					
cigarettes such as snuff,					
chewing tobacco, and					
smoking tobacco from a					
pipe?					
79. when you tried marijuana					
for the first time?					
80. when you tried synthetic					
marijuana (also called K2,					
Spice, etc.) for the first time?					
Have accepted a year think near	do III				
How much do you think peop	No.				
risk harming themselves	1000				
	1000				
risk harming themselves (physically or in other ways).					
risk harming themselves (physically or in other ways). 81. if they have one or two drink	s of an alcoholic				
risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor	s of an alcoholic nearly every day?				
risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor 82. when they have five or more	s of an alcoholic nearly every day?				
risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor 82. when they have five or more alcoholic beverage once or the	s of an alcoholic nearly every day? or or drinks of an wice a week?				
risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor 82. when they have five or more alcoholic beverage once or t 83. if they smoke one or more p	s of an alcoholic nearly every day? or drinks of an wice a week? acks of cigarettes				
risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor 82. when they have five or more alcoholic beverage once or to 83. if they smoke one or more p per day?	s of an alcoholic nearly every day? drinks of an wice a week? acks of cigarettes				
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risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor). 82. when they have five or more alcoholic beverage once or to al	s of an alcoholic nearly every day? drinks of an wice a week? acks of cigarettes twice? e or twice a week? s that are not				
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risk harming themselves (physically or in other ways). 81. if they have one or two drink beverage (beer, wine, liquor). 82. when they have five or more alcoholic beverage once or to al	s of an alcoholic nearly every day? drinks of an wice a week? acks of cigarettes twice? e or twice a week? s that are not				

 Any form of cocaine including powder, crack or freebase Ecstasy (also called MDMA) 			
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How true are the following statements?

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40 74	(r)	(i)	10
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0	0	0	0
0	0	0	0
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The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

uncomfortable or sad in your surroundings.	4	
114. Were your parents ever separated or	12/0	
divorced after you were born?	0	0
115. Have you ever lived with a household member		
who is/was depressed or mentally ill?	0	0
Have you ever lived with someone who:		
116. is/was a problem drinker or alcoholic?	0	0
117. uses/used street drugs?	0	0
Have you ever felt that:		
118. you did not have enough to eat?	0	0
119. you had to wear dirty clothes?	0	0
120. you had no one to protect you?		0

Oregon Student Wellness Survey for Grade 11



- 1. The survey is completely voluntary and anonymous. DO NOT put your name on the questionnaire.
- 2. This is not a test, so there are no right or wrong answers. We would like you to work quickly so you can finish.
- 3. All of the questions should be answered by completely filling in one of the answer spaces. If you do not find an answer that fits exactly, use the one that comes closest. If any question does not apply to you, or you are not sure what it means, just leave it blank. You can skip any question that you do not wish to answer.
- 4. Please mark only ONE oval unless the question specifically asks you to "Please mark all that apply." Completely fill in the oval using a #2 pencil.

1. How old are you?		8. Are you enrolled in any of the following tribes?		
14 years old15 years old16 years old19 years old or older		◯l am not enrolled in a tribe		
		OBurns Paiute Tribe		
		Coquille Indian Tribe		
		Cow Creek Band of Umpqua Tribe of Indians		
2. How do you identify?		 Confederated Tribes of Grand Ronde 		
The state of the s				
Female	Transgender	Confederated Tribes of the Umatilla Indian Reservation		
○ Male	Other	 Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians 		
3 Which of the follo	owing best describes you?	 Confederated Tribes of Siletz Indians 		
		○ Confederated Tribes of Warm Springs		
OHeterosexual (Other		
Gay or lesbian				
Bisexual	ONot sure	Would you say that in general your emotional and mental health is		
4. In what grade are	you?			
50 - 60		opoor ogood excellent		
9th 10th	12th	ofair very good		
011th	Ungraded or other grade			
OTTU		10. Would you say that in general your physical health is		
5. What is your race	? (Please mark all that apply.)	Opoor Ogood Oexcellent		
	n or Alaska Native	opoor ogood excellent fair very good		
Asian	II of Alaska Nativo	Clair Cory good		
Black or Africa	American			
And the same of the party of the same of t	n or Other Pacific Islander	11. Have you changed schools (including changing from		
White	Water Control	elementary to middle and middle to high school) in the		
Other	CALL TO SELECT OF SELECT O	past year?		
		○Yes ○ No		
6. Are you Hispanic	or Latino/Latina?			
Yes		12. How many times have you changed homes since		
ONo		kindergarten?		
		Never 5 or 6 times		
		1 or 2 times 7 or more times		
7. What is the langu	age you use most often at home?	3 or 4 times		
○ English				
Russian		40.00		
○ Spanish		13. Putting them all together, what were your grades like		
○ Vietnamese		last year?		
○ A tribal language	ge			
○ Another langua		Mostly B's Mostly D's		

[SERIAL

14. During the LAST FOUR WEEKS how many whole days of	During the past 30 days, on how
school have you missed because you skipped or "cut"?	
None	many days did you
O1 day	27. not go to school because you felt you would
O2 days	be unsafe at school or on your way to or
○3 days	from school?
O4 to 5 days	28. carry a gun as a weapon on school property?
O6 to 10 days	29. carry a weapon (other than a gun) such as
11 days or more	a knife or club on school property?
	A
15. How do you like school?	
OI like school very much	During the past 12 months,
OI like school	0 2 5 2 6
OI neither like nor dislike school	now many times
OI dislike school	30. were you in a physical fight?
OI dislike school very much	31. were you in a physical fight
	on school property?
16. How important do you think the things you are	32. did you bully someone (such as
learning in school are going to be for your later life?	hitting, kicking, pushing, saying
learning in school are going to be for your later life?	mean things, spreading rumors, or
○Very important	making sexual comments that
Quite important	bothered them)?
○ Fairly important	33. have you been suspended from
○Slightly important	school?
○Not at all important	34. has someone threatened you with a
	weapon such as a gun, knife, or club
	on school property?
Contract of the contract of th	35. have you been drunk or high at
17. How often do you feel that the schoolwork	school?
you are assigned is meaningful and important? OOOO 18. Thinking back over the past school year, how	36. During the past 12 months, has anyone offered, sold, or
often did you try to do your best work in	given you an illegal drug on school property?
school?	Yes
33/103/1	O No
How much do you agree with the following statements about	Harassment can include threatening, bullying, name-calling
following statements about	or obscenities, offensive notes or graffiti, unwanted
school?	touching, and being pushed around or hit.
following statements about school?	
10. That's lots of sharloss to be part of slass	In the last 30 days, how
discussions or activities.	many times have you been harassed
20. There are lots of chances for students in my	at school, on a school bus, or going to and from school
school to get involved in sports, clubs, and other	at school, on a school bus, or going to and from school
school activities outside of class.	
21. I respect most of my teachers.	37. because of your race or ethnic origin.
22. My teachers notice when I am doing a good job	38. because someone said you were gay,
and let me know about it.	lesbian, bisexual, or transgender.
23. I can talk to my teachers openly and freely	39. because of who your friends are.
about my concerns.	40. because of how you look (weight, clothes,
24. In my school, teachers treat students with	acne, or other physical characteristics).
respect. OOOO	41. because you received unwanted sexual
25. Most students at my school help each other	comments or attention.
when they are hurt or upset. 26. In my school, students that work hard to get	42. for other reasons. 43. through email, social media sites (Facebook,
	Twitter, YouTube, etc.), chat rooms, instant
good grades are picked on by other students.	messaging web sites texting or phone?

How often have you 44. seen another student bully others by hitting, kicking, punching, or otherwise hurting them in school or on the school bus? 45. heard another student bully others by saying mean things, teasing, or calling other students names in your school or on the school bus? 46. heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. 56. Please mark ALL the different types of betting that you have done, if any, during the last 30 days: I did not gamble during the last 30 days Playing lottery tickets/Powerball/Megabucks Playing dice or coin flips Playing cards (poker, etc.) Betting on a sports team Betting on games of personal skill (bowling, video games, dares, etc.) Gambling on the Internet for free or with money Playing Bingo for money Other
47. On an average school night, how many hours of sleep do you get? 4 or less 5 hours 6 hours 10 or more hours 7 hours	57. During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money? Yes No
During the past 30 days, how much of the time have you All of the time Most of the time Some of the time A little of the time None of the time None of the time	○ I don't bet for money 58. During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could? ○ Yes ○ No
49. been a very nervous person? 50. felt calm and peaceful? 51. felt downhearted and blue? 52. felt so down in the dumps that nothing could cheer you up?	I don't bet for money 59. Have you ever lied to anyone about betting/gambling?
53. During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? Yes No	60. Have you ever bet/gambled more than you wanted to? 61. Have your parents ever talked to you about the risks of betting/gambling? 62. Have your teachers ever talked to you about the risks of betting/gambling?
54. During the past 12 months, did you ever seriously consider attempting suicide? Yes No No 55. During the past 12 months, how many times did you actually attempt suicide? O times 1 time 2 or 3 times 4 or 5 times 6 or more times	

The next questions ask about drinking alcohol. This includes drinking beer, wine/wine coolers, flavored beverages such as Mike's Hard Lemonade and liquor "shots" such as rum, gin, vodka, or whiskey. For these questions, drinking alcohol does not include drinking a few sips of wine for religious purposes.

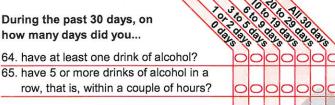
63.	During your life, on how many days have you had a	1
	least one drink of alcohol?	

O days

school...

- 1 or 2 days
- 3 to 9 days
- 10 to 19 days
- 20 to 39 days
- 40 to 99 days
- 100 or more days

During the past 30 days, on how many days did you...



row, that is, within a couple of hours? During the past 30 days, on how many days do you think most students in your

- 66. had at least one drink of alcohol? (your best estimate)
- 67. had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)
- 68. Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?
 - None of my friends
 - 1 of my friends
 - 2 of my friends
 - 3 of my friends
 - 4 of my friends
- 69. During the past 30 days, what type of alcohol did you usually drink? Select only one response.
 - OI did not drink alcohol during the past 30 days
 - Ol do not have a usual type
 - OBeer
 - OFlavored beverages (such as Smirnoff, Bacardi Silver, Hard Lemonade, Joose and Sparks)
 - Wine coolers (such as Bartles & Jaymes or Seagrams)

 - Liquor (such as vodka, rum, scotch, bourbon or whiskey)
 - Some other type

- 70. During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.
 - OI did not drink alcohol during the past 30 days
 - At a party
 - OFriends under 21
 - OFriends 21 or older
 - OA brother or sister
 - A parent
 - A store or gas station
 - OLiquor store
 - Bar, night club, or restaurant
 - Took it from home without permission
 - By asking a stranger to buy it for me
 - OI got it some other way
- 71. In the last 12 months, which of the following have you experienced? Please mark all that apply.
 - OI did not drink alcohol in the last 12 months
 - Missed school or class because of drinking alcohol
 - Gotten sick to my stomach because of drinking alcohol
 - Not been able to remember what happened while I was drinking alcohol
 - Later regretted something I did while drinking alcohol
 - OWorried that I drank alcohol too much or too often

During the past 30 days, how many times did vou...

0	1013013016 F
72. ride in a vehicle driven by a parent or	विद्धातिक विद्धाविद्धाविद्धा
other adult who had been drinking alcohol?	
73. ride in a vehicle driven by a teenager	
who had been drinking alcohol?	00000
74. drive a car or other vehicle when you had	
been drinking alcohol?	00000
During the past 30 days, how many times did most students in your school	
75. ride in a vehicle driven by a parent or other adult who had been drinking alcohol?	00000
76. ride in a vehicle driven by a teenager who	
had been drinking alcohol?	
77. drive a car or other vehicle when they had	G 24 4
been drinking alcohol?	

During the past 30 days, on how many days did you 78. smoke algarettes? 79. use other tobacco products such as sund, dip or chewing tobacco (Redman, Copenhagen, Marlboro Shaus stol) 80. smoke accigarettes, wape-pens, or e-Hookah? 81. smoke a-Cigarettes, wape-pens, or e-Hookah? 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew. cigaret)? 82. During the past 30 days, from which of the following sources did you get tobacco during the past 30 days A store or gas station Friends at lith at apply. I did not get tobacco during the past 30 days A store or gas station Friends under 18 Some other source 84. During the past 30 days, how many times did you uses marijuant I the interest of the store of the	During the past 30 days, on	
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	1 10 70 78 18 18	How old
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	Sign Sign Sign Sign Sign Sign Sign Sign	were you
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	18 18 18 18 18 18 18 18 18 18 18 18 18 1	10 0 0 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	78. smoke cigarettes?	92. when you had more
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	79. use other tobacco products such as	than a sip or two of beer, than a sip or two of beer,
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	snuf, dip or chewing tobacco (Redman,	wine, or hard liquor (for
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station	Copenhagen, Marlboro Snus etc)	example, vodka, whiskey,
81. smoke e-digarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigares)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station		or gin) for the first time?
81. Smoke e-Gigarettes, vape-pens, or e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply. 93. did not get tobacco during the past 30 days A store or gas station 94. Friends 18 or older 95. The Internet 95. The Internet 96. The Internet 96. The Internet 97. When you tried marijuana 98. During the past 30 days, how many times did you use marijuana? 98. During the past 30 days, how many times did you use marijuana? 98. During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. 99. If they smoke marijuana during the past 30 days 99. A public event such as a concert or sporting event 90. A party 91. Friends 18 or older 91. Friends 18 or older 92. Friends under 18 93. A public event such as a concert or sporting event 94. A party 95. Friends under 18 96. A family member 10. If you wanted to get some, how easy would it be for you to 95. get some beer, wine, or hard liquor (for example, voidsa, whiskey, or gin)? 96. get some oligarettes? 97. Jet some or more packs of cigarettes per day? 98. get some synthetic marijuana? 98. get some synthetic marijuana? 98. get some synthetic marijuana; 99. get prescription drugs not prescribed to you? 90. get prescription drugs not prescribed to you?		
e-Hookahs 82. During the past 30 days, from which of the following sources did you get tobacco (cligarettes, chew, cigares? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station Friends 18 or older Friends under 18 Took from home without permission A farmily member The Internet Some other source Some oth		
once or fwice a month? 82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars?)? Please mark all that apply. did not get tobacco during the past 30 days A store or gas station Friends 18 or older Friends under 18 Took from home without permission A family member The Internet Some other source Sal. During the past 30 days, how many times did you use marijuana? 10 times 10 tor 2 times 20 to 39 times 3 to 9 times 3 to 9 times 40 or more times A party Friends 18 or older Friends under 18 A family member G grew it 1 got it some other way If you wanted to get some, how easy would it be for you to Se, get some synthetic marijuana cardholder or grower G gave someone money to buy it for me G grew it 1 got it some other way Se, get some synthetic marijuana example: K2, Spice etc.? Spice etc.		
82. During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply. I did not get tobacco during the past 30 days A store or gas station Friends 18 or older Friends under 18 Took from home without permission A family member The Internet Some other source 83. During the past 30 days, how many times did you use marijuana? O times 1 or 2 times 2 0 to 39 times 3 0 so 9 times 4 0 or more times 84. During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. I did not use marijuana during the past 30 days A party Friends 18 or older Friends under 18 A family member A medical marijuana cardholder or grower I gave someone money to buy it for me I grew it I got it some other way 85. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? 86. get some other way 87. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? 88. get some synthetic marijuana? 89. get some synthetic marijuana, example: K2, Spice etc.? 89. get a drug like eccaine, LSD, or amphetamines? 90. get prescription drugs not prescribed to you?		
sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply. A store or gas station Friends under 18 Took from home without permission A family member The Internet Some other source 83. During the past 30 days, how many times did you use marijuana? O times O 1 or 2 times O 2 to 19 times O 10 to 19 times O 1 or 2 times O 1 or 2 times O 2 to 39 times O 1 or 2 times O 2 times O 2 to 39 times O 3 to 9 times O 1 or 2 times O 1 or 2 times O 2 to 39 times O 1 or 2 times O 2 to 39 times O 2 times O 2 times O 3 to 9 times O 1 or 2 times O 2 times O 2 times O 3 to 9 times O 40 or more times 84. During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. O 1 did not use marijuana during the past 30 days O A public event such as a concert or sporting event O A party Friends 18 or older Friends under 18 O A family member O A medical marijuana cardholder or grower O gave someone money to buy it for me O grew it O grew the concert of the first time? O the f	82. During the past 30 days, from which of the following	
Please mark all that apply. I did not get tobacco during the past 30 days A store or gas station Friends 18 or older Friends under 18 Took from home without permission A family member The Internet Some other source 33. During the past 30 days, how many times did you use marijuana? O times 10 to 72 times 20 to 39 times 3 to 9 times 40 or more times 44. During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply. I did not use marijuana during the past 30 days A public event such as a concert or sporting event A party Friends 18 or older Friends under 18 A family member A medical marijuana cardholder or grower I gave someone money to buy it for me I grew it I got it some other way 15 get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? 36. get some cigarettes? 37. get some marijuana? 38. get some synthetic marijuana example: K2, Spice etc.? Signe etc.? 39. get a drug like eccaine, LSD, or amphetamines? 90. get prescription drugs not prescribed to you?		
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86. get some cigarettes? 87. get some marijuana? 88. get some synthetic marijuana, example: K2, Spice etc.? 89. get a drug like cocaine, LSD, or amphetamines? 90. get prescription drugs not prescribed to you? 91. get some e-cigarettes, vape-pens, or e-hookahs?	easy would it be for you to	105. If they smoke e-cigarettes, vape-pens, or
87. get some marijuana? 88. get some synthetic marijuana, example: K2, Spice etc.? 89. get a drug like cocaine, LSD, or amphetamines? 90. get prescription drugs not prescribed to you? 91. get some e-cigarettes, vape-pens, or e-hookahs?	easy would it be for you to 85. get some beer, wine, or hard liquor	105. If they smoke e-cigarettes, vape-pens, or
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89. get a drug like cocaine, LSD, or amphetamines? OOO 90. get prescription drugs not prescribed to you? OOO 91. get some e-cigarettes, vape-pens, or e-hookahs? OOO	85. get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)? 86. get some cigarettes? 87. get some marijuana?	105. If they smoke e-cigarettes, vape-pens, or
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	During the past 12 months Don't know	or can't say
During your life,	During the past 12 months	No
how many times have you		Yes
now many times have you	119. do you recall hearing, reading, or watching an	
13/2/3/2/2/2/2/	advertisement about prevention of substance	
106. used marijuana?	abuse?	000
107. sniffed glue, breathed the contents of	120. have you had a special class about drugs or	34
aerosol spray cans, or inhaled any paints	alcohol in school?	000
or sprays to get high?	121. have you talked with at least one of your parent	s
108. taken steroid pills or shots without a	about the dangers of tobacco, alcohol, or drug u	se?
doctor's prescription?	By parents we mean your biological parents,	
109. taken a prescription drug not prescribed	adoptive parents, stepparents, or adult guardian	s,
to you?	whether or not they live with you.	000
110. used any form of cocaine, including		
powder, crack, or freebase?	122. Would you be more or less likely to want to	work for an
111. used ecstasy (also called MDMA)?	employer that tests its employees for drug o	
112. used heroin (also called smack, junk, or	use on a random basis?	alconor
China White)?	use on a random pasis?	
113. used methamphetamines (also called		
speed, crystal, crank or ice)?	○Less likely	
	Would make no difference	
444 Davis a vasa life have many times have vas vasada	ODon't know or can't say	
114. During your life, how many times have you used a		
needle to inject any illegal drug into your body?	How do you feel about Don't kn	ow/Can't say
○0 times	How do you feel about Strongly Di	sapprove
O1 time	someone your age Somewhat Disap	prove
O2 or more times	Neither Approve nor Disappro	ove
	123. having one or two drinks of	
During the past 30 days, on	an alcoholic beverage nearly every day?	0000
1 10 10 16 17	124. smoking one or more packs of cigarettes a day	?0000
how many days did you	125. trying marijuana or hashish once or twice?	0000
115. sniff glue, breathe the contents of	126. using prescription drugs not prescribed to them	?0000
aerosol spray cans, or inhale any	127. using synthetic marijuana, example: K2, Spice?	0000
paints or sprays to get high?	128. smoking e-cigarettes, vape-pens, or e-hookahs	?0000
116. use synthetic marijuana, example: K2,		
Spice etc?	How wrong do your friends	Very wrong
117. use a prescription drug (such as	feel it would be for you to	Wrong
OxyContin, Percocet, Vicodin,	A little bit	wrong
codeine, Adderall, Ritalin, or Xanax)	Not wrong at	all
without a doctor's orders?	129. have one or two drinks of	
	an alcoholic beverage nearly every day?	0000
118. Which of the following illicit drugs did you use during	130. smoke tobacco?	0000
the past 30 days? Please mark all that apply.	131. use marijuana?	0000
	132. use prescription drugs not prescribed to you?	0000
Ol did not use illicit drugs during the past 30 days	133. use synthetic marijuana, example: K2, Spice?	0000
Marijuana	134. smoking e-cigarettes, vape-pens, or e-hookahs	?0000
Any form of cocaine including powder, crack or freebase		
○ Ecstasy (also called MDMA)	How wrong do you think your	Very wrong
 Heroin or other opiates or narcotics 	narents feel it would be for	Wrong
LSD or other hallucinogens or psychedelics	you to	wrong
Methamphetamines (also called speed, crystal,	Not wrong at	
crank or ice)	135. have one or two drinks of an alcoholic beverag	e
Steroid pills or shots without a doctor's prescription	nearly everyday?	0000
	136. smoke cigarettes?	0000
	137. smoke marijuana?	0000
	138. use prescription drugs not prescribed to you?	0000
	139. use synthetic marijuana, example: K2, Spice	0000
	140 smoke e-cigarettes vane-nens or e-hookahs	

The next questions ask about certain experiences you may have or had in your life, which might have made you feel uncomfortable or sad in your surroundings.

,	E. 12	/
141. Were your parents ever separated or)	1
divorced after you were born?	0	0
142. Have you ever lived with a household member		
who is/was depressed or mentally ill?	0	0
Have you ever lived with someone who: 143. is/was a problem drinker or alcoholic?	0	0
144. uses/used street drugs?	0	0
Have you ever felt that:		
145. you did not have enough to eat?	0	0
146. you had to wear dirty clothes?	0	O
147. you had no one to protect you?	0	O

How true are the following statements?	Not rive its	mucico	N. Er	
148. I can do most things if I try.	0	0	0	6
149. I can work out my problems.	0	0	0	0
150. I volunteer to help others in my community.	0	0	0	0
151. There is at least one teacher or other adult in	N	B		
my school that really cares about me.	0	0	0	0
152. My parents ask if I've gotten my homework		W	A	
done.	0	0	0	0
153. My parents would catch me if I skipped school.	0	0	0	0
154. When I am not at home, one of my parents			V	
knows where I am and whom I am with.	0	0	0	0
155. My family has clear rules about alcohol and				W
drug use.	0	0	0	0
156. How would most students in your school				
respond to this statement: "My family has				la constant
clear rules about alcohol and drug use "	0	0	0	

157. How tall are you without your shoes on?

Directions: Write your height in the shaded blank boxes.

Fill in the matching circle below each number.

Height		
Feet	Inches	
4	10	
3	0	
	0	
(3)	2	
6	3	
7	.0	
EXA	PYS	
AL.	6	
Er	0	
	8	
	9	
	1	

Height		
Feet	Inches	
3	0	
4	①	
(5)	2	
6	3	
7	4	
	(5)	
	6	
	7	
	8	
	9	
	100	
	1	

158. How much do you weigh without your shoes on?

Directions: Write your weight in the shaded blank boxes.

Fill in the matching circle below each number.

Weight				
F	Pounds			
0	9	5		
	0	0		
1	1	(D)		
2	201	2		
3	VAN.	3		
4	LATE	4		
(5)	(5)			
6	6	6		
0	0	0		
(8)	0	3		
9		9		

1	Weight			
F	ound	S		
A				
0	0	0		
0	①	①		
2	2	2		
3	3	3		
4	4	4		
(5)	(5)	(5)		
6	6	6		
7	0	0		
3	(8)	8		
9	9	9		

159. How do you describe your weight?

- Very underweight
- Slightly underweight
- About the right weight
- Slightly overweight
- Very overweight

160. Which of the following are you trying to do about your weight?

- Lose weight
- OGain weight
- Stay the same weight
- OI am not trying to do anything about my weight

During the past 30 days, did you...

161. Go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

162. Take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

163. Vomit or take laxatives to lose weight or to keep from gaining weight?