

Board Meeting Notes for the SHAC agenda item (November 13, 2023)
(Corrected version)

SHAC (School Health Advisory Committee) New Elected Officers for 2023-24:

President: Irene Hernandez, Parent

Co-President - Erin Seale, SISD Lead Nurse/Parent

Secretary - Kristal Webster, Parent

SB 9: Senate Bill 9 (SB 9) of the 87th Texas Legislative Session requires school districts to offer curriculum to students in ***the prevention of child abuse*** (elementary & secondary), ***family violence*** (elementary & secondary), ***dating violence*** (secondary), and ***human/sex trafficking*** (secondary).

SHAC Recommended Curriculums concerning SB 9 topics

Required Curriculums list was presented, discussed and reviewed three separate times in SHAC meetings this year. Logins were provided for multiple programs for review.

The following is a list of the SHAC “recommended” curriculums/programs for 2023-24:

ESTEEM - Health Education curriculum, available grades 5-12th, covers all SB 9 topics, TEK aligned; <http://www.esteemjourney.com>

Play It Safe - Playitsafe.org; Play it Safe!® consists of age-appropriate scripts and videos to teach children how to reduce their risk of sexual and physical abuse and sexual assault

Erin’s Law(sexual abuse and body safety) book: Only for Me By: Michelle Derrig

Only For Me is the highly acclaimed picture book, which very gently teaches your children about protecting their body and their privacy. Written by Michelle Derrig in consultation with expert professionals.

Erin’s Law(sexual abuse and body safety) book: The Swimsuit Lesson By:Jon Holsten

The Swimsuit Lesson is a powerful family resource - introducing a simple, yet effective way for parents to educate their children about the danger of sexual abuse. This beautifully illustrated story book includes a separate step-by-step parent's guide. Author, and police officer, Jon Holsten provides a realistic view of the danger facing children today, and what families can do to reduce chances of being victimized.

Correction: The ***Vector Student training videos*** are not going to be “officially” recommended by the SHAC tonight; they were reviewed, discussed and generally liked

Vector Student videos - same videos training company SISD ISD staff use; modular videos with built in assessments; currently used at the DAEP (anti-vaping videos)

Human Trafficking Awareness (6-8): How does Human Trafficking Work(5mins), What is Human Trafficking(5mins), How to Stay Safe(8mins), Warning Signs(5mins)

Dating Violence Awareness (6-8): Recognizing Toxic and Abusive Relationships(10mins), Responding to and Preventing Dating Abuse(14mins), Thinking About Boundaries(8m) What is a Healthy Relationship(7m)

Dating Violence Awareness (Grades 9-12): Recognizing toxic and abusive relationships (12 min), Responding to and preventing dating abuse (16 min), Thinking about Boundaries (11min), What is a healthy relationship?(9 min)

Sexual Abuse and Body Safety(9-12): Digital Safety(12mins), How to Respond If You Experience or Suspect Sexual Harm (13mins.), Protecting Yourself and Others from Harm (7mins.), Understanding Your Rights and Your Body(8mins.), Warning Signs and Risks of Sexual Harm(12mins.)