



NES April 2024 Newsletter



Important Dates, Reminders, & Updates

- April 8th- School Board Meeting - 6:30 p.m. at the District Office or by Zoom
- April 12th - No School for Preschool only - Professional Development
- April 17th - Parent/Teacher Conferences after school
- April 18th- No School - Parent/Teacher Conferences
- April 19th- No School - Parent/Teacher Conferences

Swim lessons will start for K/1 classes the week after we return from Spring Break.

- Spicer - Tuesdays
- Archer - Wednesdays
- Schaper - Thursdays

Two days have been added to the school year due to the snow days we had to close for. The new calendar is linked below.

[23/24 School Calendar](#)

Parent/Teacher Conferences

Wednesday, April 17th from 4:00 p.m.-7:30 p.m. (Not Including Henderson & McCoy)

Thursday, Apr. 18th from 8:00 a.m.-7:30 p.m. (Henderson & McCoy 8:00-3:30)

Friday, Apr. 19th from 8:00 a.m.-3:30 p.m. (Henderson & McCoy Only)

Families can call the school office on or after Friday April 5th at (503-355-3650 or 1-888-218-2455) to schedule a conference time. Meeting with your child's teacher during conferences will assist you in helping your child be more successful in school. We hope to see 100% of our parents during conferences this year!

****THERE IS NO SCHOOL ON April 18th & 19th****

S.H.E Warriors is back!!

Our spring season starts April 1st. Flyers went home to any 4th and 5th grade girls interested. Deadline for sign ups is April 1st. That means all paperwork must be turned in before practice starts. We have a fundraiser coming up next month. Mark your calendar.

S.H.E WARRIOR CAR WASH DON'T MISS OUT.

**When: April 27th
Where: RTI in Nehalem
Time: 10a.m.-2p.m.**

**OUR RUNNING CLUB WANTS TO WASH
YOUR VEHICLE. COME ON BY AND
PARTICIPATE FOR A GOOD CAUSE.
HELP OUR CLUB PAY FOR ENTRY FEES
FOR THE 5K WE ARE TRAINING FOR.**

THANK YOU FOR YOUR SUPPORT

Preschool Registration is now open for the 24/25 school year.

24/25 Preschool Enrollment is here. NES only has 18 slots available. If you are interested in having your child attend Nehalem Elementary School Preschool Program, please contact Shannon at NES by calling 503.355.3650 or email shannonam@nknsd.org.

Please note, your child must be 3 years old on or before September 1st, 2023 to be eligible.

HOW TO APPLY

Program requirements can vary. Some programs *may* offer sliding-scale tuition if you don't qualify for free preschool. You're encouraged to apply even if you think you may not meet income requirements.

*Applying does not guarantee acceptance or enrollment in a preschool program.

1

Review the PARTICIPATING PROGRAMS.

You can learn more about them and find their contact information on our website. (Use the QR code on the reverse to find our FREE PRESCHOOL directory.)

2

Gather your information.

Coordinated Enrollment specialists will verify your eligibility to participate in FREE preschool by verifying your child's age, your income, and your address.

3

Submit your application on or after April 1st.

Apply online at:
<https://applynwelhub.schoolmint.com/login>

*Contact us to request a paper application if preferred.



Have questions? Need assistance?

We're here to help!

CALL 503-601-2998 or

EMAIL: nwelhub@nwresd.k12.or.us

WEBSITE: www.nwresd.org/earlylearninghub



Northwest Regional
Early Learning Hub

24-25 SCHOOL
YEAR



Scan QR Code

to learn more about
local programs
or visit:

nwresd.org/freepreschool

FREE PRESCHOOL OPPORTUNITIES IN TILLAMOOK COUNTY

Free Preschool is for families with children aged three and four (by September 1st, 2024) meeting income guidelines.

Applications
open
April 1st!

PARTICIPATING PROGRAMS

- Tillamook School District
- Garibaldi Grade School
- Nehalem Elementary School
- Nestucca Valley Early Learning Center
- Tillamook Early Learning Center
- Community Action Team - Head Start (Tillamook)



CÓMO APLICAR

Los requisitos del programa pueden variar. Algunos programas pueden ofrecer matrícula a escala móvil si usted no califica para el preescolar gratuito. Se le anima a aplicar incluso si cree que no cumple con los requisitos de ingresos.

*La solicitud no garantiza la aceptación o la inscripción en un programa preescolar.

1

Revisa los PROGRAMAS PARTICIPANTES.

Puede obtener más información sobre ellos y encontrar su información de contacto en nuestro sitio web. (Use el código QR en el reverso para encontrar nuestro directorio de PREESCOLAR GRATUITO).

2

Reúna su información.

Los especialistas de Inscripción Coordinada verificarán su elegibilidad para participar en el preescolar GRATUITO verificando la edad de su hijo, sus ingresos y su dirección.

3

Envíe su solicitud a partir del 1 de abril.

Apliquen en línea en:
<https://applynwelhub.schoolmint.com/login>

*Contáctenos para solicitar una solicitud en papel si lo prefiere.



¿Tiene preguntas? ¿Necesita ayuda?

¡Estamos aquí para ayudar!

Llama 503-601-2998 o por

EMAIL: nwelhub@nwresd.k12.or.us

SITIO WEB: www.nwresd.org/earlylearninghub

24-25 AÑO
ESCOLAR



Escanee el código QR

Para obtener más
información sobre los
programas locales
o visite:

nwresd.org/freepreschool

OPORTUNIDADES PREESCOLARES GRATUITAS EN EL CONDADO DE TILLAMOOK

El preescolar gratuito es para familias con niños de tres y cuatro años (hasta el 1 de septiembre de 2024) que cumplen con las pautas de ingresos.

¡Aplicaciones
se abren
el 1 de Abril!

PROGRAMAS PARTICIPANTES

- Tillamook School District
- Garibaldi Grade School
- Nehalem Elementary School
- Nestucca Valley Early Learning Center
- Tillamook Early Learning Center
- Community Action Team - Head Start (Tillamook)



READ-A-THON 2024

Sixth Annual Read-a-thon ended March 11th, 2024

THANK YOU for all of the wonderful donations this year! Your belief in encouraging your readers is AMAZING! Nehalem Elementary will receive **\$3925.00!** THANK YOU so much!



Read·A·Thon

All of the donations received will help our school in many ways:

- Supporting our commitment to literacy and daily reading.
- Purchasing student books to help celebrate our annual Read-Across-America Week book walk (each day, students' names are drawn for a chance to pick out a new book.)
- Purchasing student prizes for our PBIS treasure chest. Students have the chance every day to earn "Way to Go's" for being safe, respectful and responsible. The office then does a weekly drawing for a chance at choosing one item from our treasure chest.
- Purchasing other items as needed for student body.



If you're looking to clean out gently used clothing that your child/children outgrew, we're in need of the following items.....

- clothing
- shoes/boots
- coats
- swim suits and trunks

Preschool through 5th grade sizes would be greatly appreciated!

Please contact Heaven Hartford at 503-355-3639 or

heavenh@nknsc.org to donate.

The Lost and Found at School will be sorted and donated on April 7th. Please come look for your child's belongings if they're

missing anything.

MUNCH-a-LUNCH

(March 25 & 27)



School Break Lunches

Our school kids will be on Spring Break from March 25-29 and not have access to school lunches. Munch a Lunch (a program run out of Nehalem Bay United Methodist Church) will have lunches available for those kids to pick up at designated times at "grab and go" spots around town.

Monday March 25th (lunches for 2 days)
Wednesday March 27th (lunches for 3 days)

Pick up spots and times are:

11:00 – 11:10 Wheeler (across from the Post Office)
11:20 – 11:30 Mohler Market Parking Lot
11:45 – 11:55 Bayside Garden & Evergreen
12:00 – 12:10 Tohl & Echarie Ct
or
11:30 – 12:00 Nehalem Bay United Methodist Church

I would suggest the kids bring a bag to carry the lunches home.

Parents are requested to text Bobbie Mosher at 425-785-1057 to request lunches and the number needed.

Please text by 9:00 am Monday and Wednesday so lunches can be prepared.
Please include the stop or if you will pick up at the church.

COMER UN ALMUERZO

(25 y 27 de marzo)



Almuerzos durante las vacaciones escolares

Los niños de nuestra escuela estarán de vacaciones de primavera del 25 al 29 de marzo y no tendrán acceso a los almuerzos escolares. Munch a Lunch (un programa llevado a cabo por la Iglesia Metodista Unida de Nehalem Bay) tendrá almuerzos disponibles para que los niños los recojan en horarios designados en lugares "para llevar" alrededor de la ciudad.

Lunes 25 de marzo (almuerzos para 2 días)
Miércoles 29 de marzo (almuerzos para 3 días)

Los lugares y horarios de recogida son:

11:00 – 11:10 Wheeler (frente a la oficina de correos)
11:20 – 11:30 Estacionamiento del mercado Mohler
11:45 – 11:55 Jardín junto a la bahía y Evergreen
12:00 – 12:10 Tohl y Echanie Ct
o
11:30 – 12:00 Iglesia Metodista Unida de Nehalem Bay

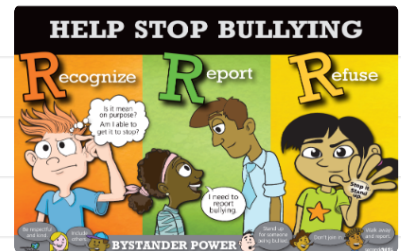
Se solicita a los padres que envíen mensajes de texto. Bobbie Mosher al 425-785-1057 para solicitar almuerzos y el número necesario.

Envíe un mensaje de texto antes de las 9:00 a. m. los lunes y miércoles para que se puedan preparar los almuerzos. Por favor incluya la parada o si recogerá en la iglesia.

MISS JENNIFER

Greetings!

March was all about bully prevention. Students learned to recognize, refuse and report bullying. The intermediate students also learned about what it means to be a 'bystander' to bullying and the power that comes with being a 'bystander.' It is important for students to know the difference between bullying, and a mean moment or a conflict with another student. Bullying is taken very seriously and all students need to learn to recognize the signs. April and May marks the time of state testing for 3rd - 5th graders. Please ensure that you students are getting lots of rest, eating well and drinking lots of water. This season of testing can be stressful for some kids. I encourage you to incorporate some mindful activities, outdoor walks, or whatever is a favorite activity for your family to help alleviate the possible stress and to create an opportunity for conversations about how to cope with whatever worries might be bubbling up. Mindfulness (another way to describe it to younger kids - being where your feet are) will continue to be incorporated into our SEL lessons this year. Practicing mindfulness is a great way to train our brains to regain focus and calm. and be "present" in the moment (without judgment), whether it be in the classroom, at lunch, at recess or at home with family. I encourage you to practice this with your students at home. The more they practice, the more automatic a mindfulness response becomes. [MindYeti](#) is a great resource for PreK - 3rd grade. It was created by the Committee for Children who is the creator of Second Step, the SEL curriculum used at NES. [Waterford.org](#) is another great resource for kids and mindfulness as well.



If you have any questions or concerns about your student feel free to contact me. You can also fill out a [counseling form espanol](#) to request a meeting.

Ms. Jennifer

503-355-3657

jenniferh@nknisd.org

Cafeteria

APRIL 2024 NEHALEM ELEMENTARY					BREAKFAST AND LUNCH ARE FREE FOR ALL STUDENTS
Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast Bars 1 Chicken Strips & Rice Pilaf Deli Sandwich	Scrambled Eggs & English Muffin 2 Chicken Soft Taco Deli Sandwich	Strawberry Smoothie 3 Teriyaki Chicken & Rice Cobb Salad	Breakfast Sandwich 4 Sloppy Joe's Chicken Taco Salad	Oatmeal Rounds 5 Pizza Sticks Little Dipper Bentos	
Strawberry Bagel 8 Solar Sack Lunch <small>Weather Permitting, we will celebrate the partial solar eclipse!!</small>	French Toast 9 Burritos Deli Sandwich	Blueberry Muffin 10 Mac & Cheese Deli Sandwich	Biscuit & Sausage 11 Pulled Pork Sandwich Chef's Salad	Pancakes 12 Breakfast For Lunch	
Breakfast Sandwich 15 Cheesy Breadstick & Marinara Deli Sandwich	Zucchini Bread 16 Enchiladas Chef's Salad	Pancake on a Stick 17 Orange Chicken w/ Rice Chicken Salad	18 PARENT/TEACHER CONFERENCES NO SCHOOL	19 PARENT/TEACHER CONFERENCES NO SCHOOL	
Breakfast Bar 22 Corn Dog Deli Sandwich	Scrambled Eggs & Toast 23 Taco Tuesday Chef's Salad	Banana Bread 24 Spaghetti Deli Sandwich	Breakfast Sandwich 25 Tillamook Cheeseburger Deli Sandwich	Oatmeal Rounds 26 Chicken & Rice Pilaf Deli Sandwich	
Cream Cheese Bagel 29 Soup & Sandwich	French Toast 30 Nachos Little Dipper Bentos				

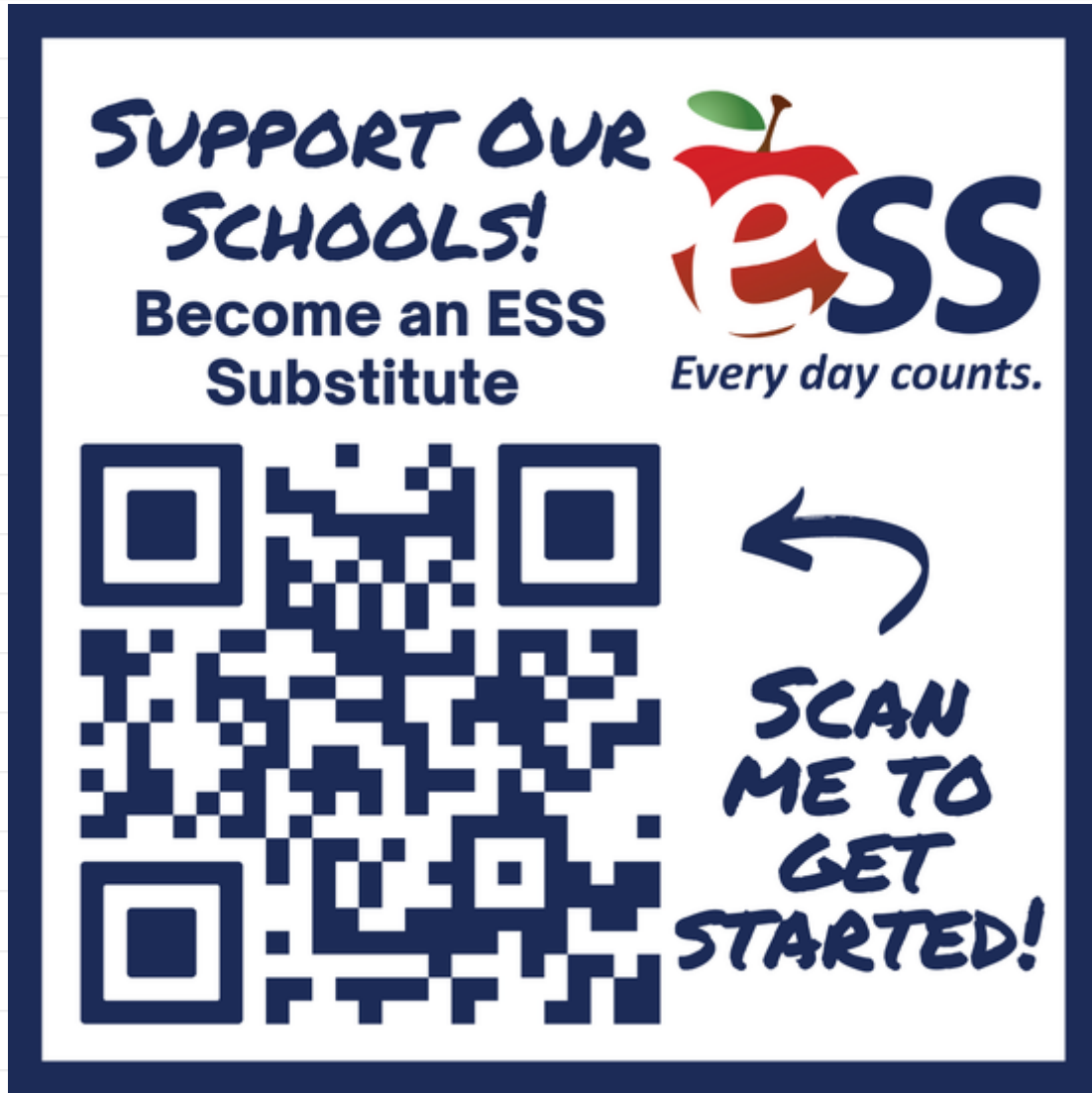
A variety of fresh fruits and veggies are available daily on our offering bar. All of our bread and pasta items are whole wheat or whole grain. Gluten free options are available. Every day choices of 1% and fat-free milk are offered. Whole grain cereal is an option for breakfast. Menu items are subject to change if needed. **"This institute is an equal opportunity provider"**

Ms. Kathy - Library

A fast library preview: 200+ New library books will be rolling out in April. We usually do have new books in the spring, but nothing like this. This year, thanks to a grant, and money earned from the Scholastic Book Fair earlier this year; we were able to make this something remarkable! Thank you for supporting the library and making this possible.

NKN District Job Openings

Click button to access and apply for open positions.



Student Health & Wellness Center

Click the button to access their website.



AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Closed for lunch 12:00 - 1:00 pm)
Wednesdays <small>Counseling appointments only</small>	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Closed for lunch 12:30 – 1:30 pm)
Thursdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Closed for lunch 12:00 - 1:00 pm)

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups Sports physicals Care for illness and injury Immunizations Routine lab tests Prescription medications Age-appropriate reproductive health Vision screenings	Dental screenings Blood-pressure screenings Health education Counseling Wellness opportunities Referrals for other medical services (Dental, X-rays, MRIs, Specialty)
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Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901



EN LA SECUNDARIA NEAH-KAH-NIE

HORARIOS:

Martes	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 p. m.)
Miércoles <small>Citas de consejería solamente</small>	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Cerrado para almorzar de 12:30 a 1:30 p. m.)
Jueves	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 pm)

SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, inclusive:

Controles regulares Exámenes físicos para deporte Atención de enfermedades y lesiones Vacunas Análisis de laboratorio de rutina Medicamentos de receta Salud reproductiva adecuada a la edad Estudios de visión	Estudios dentales Estudios de presión arterial Educación de salud Asesoría Oportunidades de bienestar Remisiones para otros servicios médicos (Dental, radiografías, resonancias magnéticas, especialistas)
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Conozca más en: NKNHealth.org

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

Attention 5th Grade Parents

Attention 5th Grade Parents! Per tradition, 5th grade parents organize an end of the year celebration trip for our kids. We had our first meeting and are brainstorming ideas. Past trips included places like Captain Kids, Bullwinkles and Skyzone. We raise money so this is no cost. If you have any ideas and/or want to help organize, email Renae (renae.scalabrin@gmail.com) or Lesley (lesleyanctil@gmail.com). Our next meet-up will be **April 15th @ 6pm** in the cafeteria. Come join us!

NCRD Youth Center

Hello NES families, do you need youth after school care, please reach out to us here at NCRD. We pick up your students at Nehalem Elementary school at the end of each school day and are open until

5pm. The cost is \$6 per day per child. This does include a nutritious snack and a host of enrichment

activities (outdoor play/walks, gym time, crafts, music, science, etc.) We offer full-day childcare on non- school days but are closed on all Federal holidays. No school days are \$20 per student with preregistration. April has 2 no school days that we are providing care for. Those days are Thursday April 18th and Friday April 19th. To preregister and prepay, contact the Welcome Center.

-Youth Sports-

Soccer will begin April 15! Pre-k – 2 are on Mondays and Wednesday, third grade through 5 are on Tuesday and Thursday, all days are 4:30 – 5:30, at NES field. If you have not registered, please stop by, or call the Welcome Center for more details! If you are interested in volunteering/coaching for this or any sport, please let me know. None of this would be possible without the great coaches we have.

angiet@ncrdnehallem.org kileyk@ncrdnehallem.org

SUPPORT NKN
SENIOR CLASS OF '24
**EGG MY
HOUSE**

30 EGGS-50 EGGS -75 EGGS -100 EGGS
\$25 \$45 \$65 \$85

**PAYMENT
CASH, CHECK OR
VENMO**

**ALL PROCEEDS
GO TO NKN
SENIOR SAFE
2024**



**PLACE YOUR ORDER BY USING THE QR
CODE TO A GOOGLE FORM OR EMAIL US
AT SENIORSAFE2024@GMAIL.COM**



**WE WILL DELIVER THE EGGS TO
YOUR YARD THE EVENING OF 3/30.
DEADLINE TO ORDER-3/25**



Neah-Kah-Nie High School **SENIOR SAFE 2024** Restaurant Takeover

Wanda's Cafe + Bakery
Monday April 1st, 2024 from 8:00 a.m. - 2:00 p.m.



**20% of the
proceeds benefit
Senior Safe 2024**



Senior Safe 2024 offers a free, all-night graduation bash for seniors, keeping the celebration safe, alcohol and substance-free, and is made possible by donations from parents, community members, and local businesses.

Neah-Kah-Nie Presents

LATINO FAMILY NIGHT

**Thursday- May 2, 2024
6:00-8:00 pm**

**Food, crafts, games,
Local Resources
and more!**

**Neah-Kah-Nie
High School
Cafeteria**

Piñatas for the kids

**RSVP: 503-355-3552
Meaganm@nknsd.org**

Neah-Kah-Nie Presenta

NOCHE FAMILIAR LATINA

**Jueves-2 de Mayo, 2024
6:00-8:00 pm**

**Comida, artesanías,
juegos, recursos
locales, y más!**

**Cafetería de la
escuela secundaria
Neah-Kah-Nie**

Piñatas para los niños

**RSVP: 503-355-3552
Meaganm@nknsd.org**



Amy Cram

Amy is using Smore to create beautiful newsletters

