



# **A summary of benefits provided to Nueces County and the Corpus Christi community**

## **Quarter ending June 30, 2023**

Submitted by: Bay Area Healthcare Group, Ltd. d/b/a Corpus Christi  
Medical Center

### **Our Mission**

Above all else, we are committed to the care and improvement of human life.

## **I. Background**

The 2011 Texas Legislature directed HHSC to expand Medicaid managed care to achieve savings and to preserve hospital access to funding consistent with upper payment limit (UPL) funding. The best approach to achieve these goals along with delivery system reform and quality improvements was to negotiate a 1115 waiver. In December 2011, Texas received federal approval for the 1115 Healthcare Transformation Waiver (Waiver). The Waiver requires providers and other stakeholders to work collectively and collaboratively to develop and submit a regional plan for health care delivery system reform through the formation of Regional Healthcare Partnerships (RHP's). Corpus Christi Medical Center (CCMC) is an active participant in the RHP 4 planning and has several proposed delivery system reform projects included in the final regional plan.

Integral to the success of the regional plan is the collaboration to support Nueces County Hospital District in its mission to provide healthcare to the poor and needy. Throughout the year, CCMC provides healthcare services to the residents of Nueces (and surrounding) counties, including inpatient and outpatient hospital services at the facility, as well as other healthcare and educational services throughout the community. As part of the collaboration with the District, memorialized in the Nueces County Indigent Care Affiliation Agreement, CCMC agreed to provide the District periodic reports summarizing the services provided in the community.

The following is the 44th quarterly report, which provides an overview of the community benefits provided by CCMC during the last quarter:

## **II. Community Benefits**

CCMC provides healthcare services for many uninsured and underinsured members of the community at no or reduced cost. These services benefit the Nueces County Hospital District by sharing the burden and responsibility for caring for the poor and needy. CCMC provides a substantial amount of uncompensated care to the residents of Nueces County and surrounding communities. CCMC continually strives to improve access and quality of services provided to the community.

CCMC is a collaborative healthcare network comprised of two acute care hospitals, three freestanding emergency rooms, a cancer center and behavioral health hospital.

As a leading healthcare provider and employer in the Corpus Christi area, CCMC serves patients with an expansive network of physicians, nurses and healthcare workers who are dedicated to delivering the highest level of medical care in the community.

## Who are we?

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For this reporting period, CCMC provided approximately \$24 million in uncompensated care, including the unreimbursed costs of treating Medicaid patients. CCMC also invests in the Nueces County community with over 300 colleague volunteer hours, property taxes, and financial support of local charities and other local organizations.

## Healthcare Quality

Caring for the health of the community is CCMC's mission; Above all else, we are committed to the care and improvement of human life. CCMC strives to deliver superior care to its patients during every interaction. Its approach to ensuring high-quality care is rooted in the belief of always doing what is right for our patients. CCMC has earned national recognition, accreditation and certifications for providing high quality care.

## Certifications/Accreditations

- Hospital Accreditation, The Joint Commission
- Trauma Center Designation Level II Bay Area
- Trauma Center Designation Level IV Doctors Regional and ER 24/7 Northwest
- Stroke Center Designation, The Joint Commission
- Chest Pain Center with Resuscitation (Cycle VI), Society of Cardiovascular Patient Care
- Maternal Designation Level IV, Texas Department of State Health Services
- Advanced Level III Neonatal Intensive Care Unit (NICU)
- Bariatric Center of Excellence, MBSAQIP and The American College of Surgeons
- Disease Specific Care Certification for Total Knee and Hip Replacement Surgery, The Joint Commission

## Hospital Quality Awards

Hospital Safety Grade, Leapfrog (Fall 2022)  
'A' Corpus Christi Medical Center Bay Area  
'A' Corpus Christi Medical Center Doctors Regional

### **Specialty Clinical Awards**

- Best Regional Hospital, U.S. News & World Report, (2022-2023)  
Regionally ranked #25 in Texas. High Performing in 8 Procedures/Conditions – Heart Attack, Heart Failure, Diabetes, Hip Replacement, Knee Replacement, Kidney Failure, Stroke, Chronic Obstructive Pulmonary Disease
- America’s 100 Best Hospitals for Gastrointestinal Surgery Award™ (2023)
- America’s 100 Best Hospitals for Joint Replacement Award™ (2023, 2022, 2021), Healthgrades
- America’s 100 Best Hospitals for Orthopedic Surgery Award™ (2023, 2022, 2021) Healthgrades
- America’s 50 Best Hospitals for Surgical Excellence Award™ (2023,2022)
- America’s 50 Best Hospitals for Vascular Surgery Award™ (2023, 2022, 2021)

Beyond delivering excellent care to its patients and as a leading employer in the region, CCMC offers a variety of benefits to support its employees’ health, finances and professional development.

### **III. Additional Services Provided by CCMC**

**Emergency Room Services:** CCMC recognizes the need to provide emergency services to all residents of its community, including low-income and needy patients regardless of their ability to pay. Approximately 48% of all visits to CCMC’s emergency rooms are charity, self-pay or Medicaid patients. This is an increase from last year second quarter 2022 at 45%.

**Newborn Services:** CCMC recognizes that the state’s infant mortality rate exceeds 5% each year, and the hospital is focused on reducing this rate. Approximately 68% of all births at CCMC are for charity, self-pay or Medicaid patients.

At CCMC Bay Area, prenatal education is available for expecting mothers to prepare them for motherhood and promote a healthy lifestyle before childbirth. The community has access to a Level III neonatal intensive care unit (NICU) dedicated to providing high-quality care for newborns, staffed 24/7 with a team of neonatal specialists, nurses and respiratory therapists. Additional family-centered programs are offered to help parents and infants thrive while in our NICU and after they go home including breastfeeding/lactation support, early childhood intervention referral program, Kangaroo Club and scrap therapy.

**Psychiatric Services:** Corpus Christi Medical Center recognizes that approximately 53% of psychiatric services are provided to charity, self-pay, or Medicaid insured patients.

Additionally, patients requiring psychiatric services are often one of the most underserved populations in the community, and CCMC strives to ensure that these patients receive appropriate care. As the largest provider of inpatient psychiatric care in Corpus Christi, CCMC Bayview has 68 beds and the capability to treat adolescent, adult and geriatric patients. Several outpatient programs are also available as a next step after inpatient services are provided.

**Emergency Trauma Services (Level II, IV):** Corpus Christi Medical recognizes that approximately 23% of trauma patients are uninsured or low income. In response to the community's need for more immediate access to a higher level of emergency critical care, CCMC pursued an upgrade in trauma center designation in 2018. Significant capital investment and major operating expenditures have been incurred to ensure a successful program with quality patient outcomes.

In 2022, CCMC Bay Area earned designation as a Level II Major Trauma Center from the Texas Department of State Health Services. This upgrade is lifesaving to the community and allows for more immediate access to trauma care for area residents of Corpus Christi, North Padre Island and the Coastal Bend region.

**New Equipment/Upgrades:** CCMC continues to upgrade its facilities and invest in advanced technology and life-saving equipment. Major projects/purchases include; surgical equipment upgrades, cardiovascular service line enhancements and radiology upgrades. To address the shortfall in emergency room capacity in Corpus Christi and the closing of a local area hospital, CCMC expanded its capacity in the ER at Doctors Regional to include a low acuity fast track unit. This new addition has been essential to accommodating more patients.

#### **IV. Community Engagement**

**Physician Recruitment/Training:** As a learning health system, CCMC continues to support its internal medicine residency program. In addition, CCMC is supporting two Fellowship programs in Cardiology and Pulmonary/Critical Care. CCMC is actively recruiting several physicians to the market, including Orthopedics, Cardiology, OB/GYN, and Urology.

**Education and Outreach:** CCMC educates the community about health related topics through social media, news media outlets, in-person speaking engagements and seminars. Our education efforts also include online joint replacement classes, educational conferences or seminars, behavioral health collaborations, childbirth education classes, weight loss support groups and stop the bleed training. A special

mobile training simulator ambulance is also available to train first responders and EMS professionals.

**Partnerships and Community Support:** CCMC continues to develop longstanding community partnerships and supports numerous nonprofit organizations through memberships, donations and volunteerism.

Memberships:

- Aransas Pass Chamber of Commerce
- Coastal Bend Advance Practice Nurses Association
- Coastal Bend Regional Advisory Council
- Corpus Christi Black Chamber of Commerce
- Corpus Christi Regional EDC
- Corpus Christi Rotary Club
- Ingleside Chamber of Commerce
- Leadership Corpus Christi
- NAACP
- Northwest Business Alliance
- Padre Island Business Association
- Portland Chamber of Commerce
- Rockport Chamber of Commerce
- United Corpus Christi Chamber of Commerce
- Westside Business Association

**Donations:** Through investment and charitable giving, CCMC strives to make the local economy of the community we serve stronger. In 2023, CCMC donated to the following local nonprofit organizations:

- American Cancer Society
- American Heart Association
- The Botanical Gardens
- Coastal Bend Food Bank
- Communities in Schools
- Corpus Christi Police Foundation
- Corpus Christi Road Runners
- Corpus Christi Symphony Orchestra
- Fish for Life
- Gregory Portland High School
- Mission of Mercy
- The Purple Door/The Women's Shelter

- Texas A & M University
- Veterans Memorial High School

Volunteerism: Community service is a foundational part of who we are as an organization and a reflection of CCMC's commitment to building a healthy community. During the first quarter, CCMC colleagues provided first aid stations at community events and volunteered for the following organizations:

- The Botanical Gardens
- CASA
- Coastal Bend Blood Bank
- Corpus Christi Independent School District, Wellness Fairs

CCMC colleagues also serve in leadership positions on boards and committees for the following nonprofit organizations:

- Aransas County Partnership EDC
- City of Corpus Christi Padre Island Strategic Action Committee
- Coastal Bend Emergency Management
- Coastal Bend Food Bank
- Coastal Bend Regional Advisory Council
- Corpus Christi Regional Economic Development
- Leadership Corpus Christi
- West Oso ISD Advisory Council