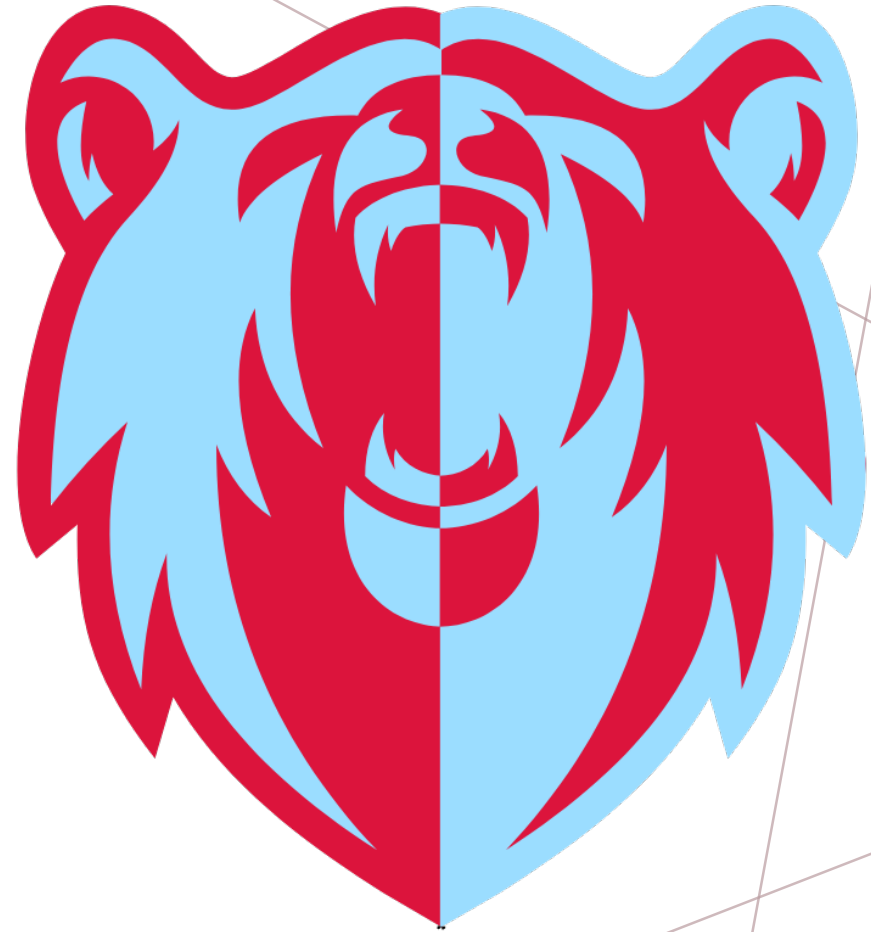


*ASHLAND
HIGH
SCHOOL*

HOME OF THE GRIZZLIES!



UNIVERSAL DESIGN FOR LEARNING

As a Staff we are
recommitting to Universal
Design For Learning (UDL)

As a school, making sure
we are designing
programs and learning
experiences for all
students.

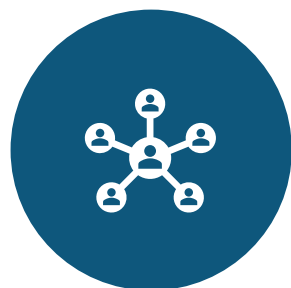
NO CELL PHONES



As a staff we have committed to eliminating cell phones from classrooms



Consistent with UDL



Increase the power of in-person connection



We want to continue to strengthen this policy

*FUTURE FOCUS
PATHWAY*

Grade 9 –12 sequence

- Grizz Academy
- Health 1
- Adulting 101 (Will be Future Foundations next year)
- College Career Readiness

All 4 years:

- Social Emotional Learning (Wayfinder curriculum)
- Personal Education Plans
- Personal Finance
- Career exploration & planning

STUDENT CULTURE



Leadership

- Amazing Pep Rallies!
- Lots of Games
- Activities during Finals Week

Cognia Survey Data

- All stakeholders consistently rated feeling welcomed, safe and respected at AHS



IMPROVING
STUDENT'S
ENGAGEMENT
THROUGH ATHLETICS

*ASHLAND
HIGH
SCHOOL*



ASHLAND HIGH SCHOOL - ATHLETICS

- 3 seasons: Fall – Winter - Sports
- 19 OSAA Programs
- 7 Clubs Sports
- 29 Teams
- Over 275 game dates
- 352 students athletes (fall & winter)

It is a great day to be a Grizzly

STUDENT GROWTH THROUGH PARTICIPATION IN ATHLETICS

Increased attendance:

Students-Athletes regular attendee rate is 10% more than non athletes.

Increased GPA:

Students-Athletes

Increased graduation rate: 100%



BUILDING CONNECTIONS



ASHLAND AT THURSTON
GAME OF THE WEEK


TOYOTA

NEWSWATCH
12 abc
kdrv.com

HEADLINES

OVER THE TREATMENT OF UNHOUSED DISABLED RESIDENTS.

11:25 40°

BUILDING COMMUNITY



UPCOMING EVENTS

9/16-22

CROSS COUNTRY
9/21 NorthWest Classic

FOOTBALL
9/19 JV vs Yreka @5:30 - 9/20 Var. vs Ontario 7PM

GIRLS SOCCER
9/17 Var. vs PHX 6:30PM - 9/21 @Hidden Valley JV 12PM/ Var. 2PM

BOYS SOCCER @ Ashland Fields
2024-2025 ASHLAND GIRLS VARSITY BASKETBALL



Upcoming Events

- Volleyball**
9/5 vs Grants Pass (9/5 JV2/JV @5:30 V @6:45)
- Boys Soccer**
9/4 @ North Medford (JV-4:00PM/V 6PM) 9/7@South Medford (V-12PM)
- Girls Soccer**
9/7 vs South Medford (JV 10AM V-12PM)
- Cross Country**
9/7 Mazama Mud Run

LET'S GO!!!

MON. 9/9 **TUE 9/10**

BOYS SOCCER VS BEND JV/JV2 @4:30 VARSITY@6:00
GIRLS SOCCER VS MAZAMA VAR.@6:30

VOLLEYBALL VS S. MEDFORD JV2@5:30/JV 6:45

CROSS COUNTRY @MAX KINLINV.

A GUIDE TO SPORTS NUTRITION

FREE EVENT

ALL AGES WELCOME

BENEFITING Athletes of ALL ages in the Ashland Community

SPONSORS



WHEN
January 27th, 2025
6:45pm - 7:30pm

WHERE
Ashland High School Auditorium
201 S. Mountain Avenue Ashland, OR 97520

FEATURING
Lindsey Patterson RD, LD, CDCES

Learn how using proper foods, nutrients, hydration protocols, and supplements support all areas of athletic performance & help you succeed within your sport

