

# ATHLETIC EXTRA-CURRICULAR POSITIONS

## LEMONT HIGH SCHOOL – 2025-26

### Assistant Athletic Director (1)

John St. Clair

### Badminton Head Coach (1)

Wendy McCleary

### Badminton Assistant Coach (1)

Eve Winiarski - *Sophomore Coach*

### Baseball Head Coach (1)

Brian Storako

### Baseball Assistant Coach (4)

Luke Carroll (0.75) - *Assistant Head Coach*

Chris Hardy - *Varsity Assistant Coach*

Bill Holeman (0.25) - *Assistant Coach*

Austin Konagel (0.75) - *Assistant Coach*

Jake Olkiewicz (0.25) - *Assistant Coach*

Rick Panek (0.75) - *Varsity Assistant Coach*

Zach Suits (0.25) - *Assistant Coach*

Oney Guillen - *Volunteer Coach*

### Boys' Basketball Head Coach (1)

Rick Runaas

### Boys' Basketball Assistant Coach (3)

Matt Synowiecki - *Sophomore Coach*

Rob Wostratzky - *Varsity Assistant Coach*

Brandon Hillary - *Freshman Coach*

### Girls' Basketball Head Coach (1)

Tracy Rainey

### Girls' Basketball Assistant Coach (3)

Cindy DeLude - *Varsity Assistant Coach*

Martin McCarthy - *Freshman Head Coach*

Quinn Shereck - *Sophomore Head Coach*

### Boys' Bowling Head Coach (1)

Frank Kovach

### Boys' Bowling Assistant Coach (1)

Dave LaBarbera - *Sophomore Coach*

### Girls' Bowling Head Coach (1)

Josh Mander

### Fall Cheerleading Head Coach (1)

Bree Grady-Simpson

### Fall Cheerleading Assistant Coach (2)

Claudia DeSantis - *Junior Varsity Head Coach*

Candice Kehr (0.5) - *Assistant Coach*

Keri Storako (0.5) - *Assistant Coach*

### Winter Cheerleading Head Coach (1)

Bree Grady-Simpson

### Winter Cheerleading Assistant Coach (2)

Claudia DeSantis - *Junior Varsity Head Coach*

Candice Kehr (0.5) - *Assistant Coach*

Keri Storako (0.5) - *Assistant Coach*

### Boys' Cross Country Head Coach (1)

John Kennedy, Jr.

### Boys' Cross Country Assistant Coach (1)

**VACANT** - *Assistant Coach*

### Girls' Cross Country Head Coach (1)

Tim Plotke

### Girls' Cross Country Assistant Coach (1)

Ashley Urbaniak

### Fall Dance Head Coach (1)

Julie Rolston

### Fall Dance Assistant Coach (1)

Brooke Bulanda - *Junior Varsity Coach*

### Winter Dance Head Coach (1)

Julie Rolston

### Winter Dance Assistant Coach (1)

Brooke Bulanda - *Junior Varsity Coach*

### Football Head Coach (1)

Willie Hayes

### Football Assistant Coach (11)

Nathan Ascolani (0.8) - *Sophomore Coach*

Egan Berta (0.8) - *Freshman Coach*

John Coneset - *Varsity Assistant Coach/Strength Coach*

Frank Kovach (0.5) - *Freshman Coach*

Zach Kuipers - *Sophomore Coach*

Dave LaBarbera - *Varsity Assistant Coach*

Dylan Mack - *Varsity Assistant Coach*

Josh Mander - *Sophomore Head Coach*

Martin McCarthy - *Freshman Head Coach*

Graham Pocio - *Varsity Assistant Coach*

McHale Smith (0.5) - *Varsity Assistant Coach*

John St. Clair - *Varsity Assistant Coach*

Bill Ziemba (0.4) - *Varsity Assistant Coach*

Tony Femminella - *Volunteer Coach*

David Niemyski - *Volunteer Coach*

Willie Hayes - *Conditioning Coach*

### Boys' Golf Head Coach (1)

Justin Weidler

### Boys' Golf Assistant Coach (1)

Chuck Surina, Jr. - *Sophomore Coach*

### Girls' Golf Head Coach (1)

Bill Mondrella

### Girls' Golf Assistant Coach (1)

Marek Dron - *Sophomore Coach*

### Boys' Lacrosse Head Coach (1)

**VACANT**

### Boys' Lacrosse Assistant Coach (1)

Dylan Mack - *Assistant Coach*

Andrew Gianakas - *Volunteer Coach*

### Boys' Soccer Head Coach (1)

Rick Prangen

### Boys' Soccer Assistant Coach (3)

Bill Baldauf - *Sophomore Head Coach*

Mike Beranek - *Sophomore Coach*

Mark Tomczak - *Varsity Assistant Coach*

Mark Virtel - *Volunteer Coach*

### Girls' Soccer Head Coach (1)

Rick Prangen

### Girls' Soccer Assistant Coach (3)

Bill Baldauf - *Sophomore Head Coach*

Mike Beranek - *Sophomore Coach*

Mark Tomczak - *Varsity Assistant Coach*

Mark Virtel - *Volunteer Coach*

### Softball Head Coach (1)

Christine Traina

### Softball Assistant Coach (3)

Danielle Gorajski (0.5) - *Sophomore Coach*

Jamie Harcar (0.5) - *Sophomore Coach*

Lauren Panek - *Varsity Assistant Coach*

Tim Peraino - *Varsity Assistant Coach*

### Boys' Swimming Head Coach (1)

Michael Forsythe

### Boys' Swimming Assistant Coach (1)

Bill Mondrella - *Sophomore Coach*

Wally Forsythe - *Volunteer Coach*

### Girls' Swimming Head Coach (1)

Michael Forsythe

### Girls' Swimming Assistant Coach (1)

Erin Horan (0.5) - *Sophomore Coach*

**VACANT** (0.5) - *Sophomore Coach*

### Boys' Tennis Head Coach (1)

Jon DeGuzman

### Boys' Tennis Assistant Coach (1)

Kathleen Milas - *Sophomore Coach*

### Girls' Tennis Head Coach (1)

Chris Hill

### Girls' Tennis Assistant Coach (1)

Kathleen Milas - *Sophomore Coach*

### Boys' Track and Field Head Coach (1)

Frank Kovach

### Boys' Track and Field Assistant Coach (2)

Nick Furio - *Assistant Coach*

John Kennedy, Jr. - *Assistant Coach*

Brett Stanwyck - *Volunteer Coach*

### Girls' Track and Field Head Coach (1)

Tim Plotke

### Girls' Track and Field Assistant Coach (2)

Nick Boesso - *Assistant Coach*

Chris Hill - *Assistant Coach*

### Boys' Volleyball Head Coach (1)

Chris Zogata

### Boys' Volleyball Assistant Coach (1)

Bradley Benson - *Assistant Coach*

Alexis Kelley - *Sophomore Coach*

### Girls' Volleyball Head Coach (1)

Chris Zogata

### Girls' Volleyball Assistant Coach (3)

Alexis Kelley - *Assistant Coach*

Elizabeth Laga - *Freshman Coach*

Brad Skendzel - *Sophomore Coach*

### Wrestling Head Coach (1)

Egan Berta

### Wrestling Assistant Coach (4)

Nathan Ascolani - *Assistant Coach*

Damien Gothard - *Assistant Coach*

Rob Hammerschmidt - *Assistant Coach (Girls)*

John St. Clair - *Assistant Coach*

Marcos Estrada - *Volunteer Coach*

Tony Femminella - *Volunteer Coach*

Keith Kamberos - *Volunteer Coach*

Grant LaDuke - *Volunteer Coach*

Paul McGrath - *Volunteer Coach*

*Italics: positions that have not yet been approved by the Board of Education for the upcoming season*

revised 7/14/2025