

School Health Advisory Council (SHAC)

Annual Review Report

Presented to the Brownwood ISD School Board

October 6, 2025

Introduction

The Brownwood ISD SHAC, as mandated by Texas Education Code, provides guidance, recommendations, and support in developing and reviewing district-wide policies that promote student health and academic success. This annual review summarizes SHAC's activities, findings, and recommendations for the academic year 2024-2025.

Council Composition

- Total Members: 29
- Parent Representatives: 14
- School Staff: 12
- Community Members: 0
- Students (if applicable): 3

The council reflects a broad cross-section of the district community, with a majority being parents not employed by the district.

Meetings & Activities

- Number of meetings held: 4
- Key agenda items discussed:
 - Review of district wellness policy and alignment with federal/state guidelines
 - Nutrition and physical activity initiatives
 - Health education curriculum and compliance with TEA guidance
 - Mental health and social-emotional learning supports
 - Student health screenings
 - Safety protocols and emergency preparedness

Key Accomplishments

- Policy Updates: Discussed new Texas Law regarding administering OTC medications
- Health Education: Reviewed instructional materials to ensure compliance with state law and age-appropriate content.
- Community Engagement: Hosted Food For Thought Program.
- Screenings & Services: Collaborated with school nurses to review processes for vision, hearing, lice and scoliosis screenings, ensuring parental consent and TEA alignment.
- Nutrition Initiatives: Supported SFE services

Recommendations for the Upcoming Year

1. Continue alignment of health curriculum with state standards.
2. Expand family and community engagement opportunities.

Next Steps

- SHAC will continue quarterly meetings for the academic year 2025-2026.
- The council will monitor implementation of recommendations and provide mid-year updates as needed.
- Annual report will be updated and presented again at the end of the school year.

Submitted by:

Katheryn (Kadie) Cox RN, SHAC Chair
Christian Lewis LVN, SHAC Vice-Chair