



**SUMMARY OF COMMUNITY BENEFITS  
PROVIDED BY: DeTar Healthcare System  
1st Quarter 2019**

### **Background**

DeTar Healthcare System provides healthcare services to residents of Victoria and surrounding counties, including inpatient and outpatient services in Victoria, health-centered educational opportunities, and a variety of community services. DeTar Healthcare System has two hospitals in Victoria, Texas. One is a general acute care facility, and the other is predominantly Women and Children's focused. We serve eight counties in South Texas. DeTar also initiated a Family Medicine Residency program in 2015 and the final residents started in July 2018. This program will routinely have six to eight Family Medicine doctors finish their residency and work as licensed physicians. This was a DSRIP project, and the goal was to have more doctors in medically underserved areas of Texas. The first group complete the program in July 2019. Two are remaining in our community, two are going for fellowships and have expressed interest in returning and two are going to larger systems.

### **Community Services Provided by DeTar Healthcare System**

DeTar Healthcare System provides a significant amount of uncompensated care to residents of Victoria and surrounding counties. In the 1st quarter of 2019 uncompensated care consisted of \$1,795,646 in charity write-offs, \$19,815,551 in self-pay write-offs, and \$14,117,819 in bad debts. The hospital also had Medicaid revenue of \$45,285,324.

DeTar Healthcare System recognizes the need to provide emergency services to all, including low-income and needy patients. We provide these regardless of patient ability to pay. We are a higher level of care than many surrounding hospitals, so we also provide care to low-income and needy patients who are transferred in from other facilities. The breakdown of these visits includes:

### **DeTar Navarro Emergency Department (Level III) 1st QTR 2019**

<b><i>Financial Class</i></b>	<b><i>Number of patients</i></b>
<b>Self-Pay</b>	<b>1733</b>
<b>Medicaid</b>	<b>1424</b>
<b>Combined Visit Total</b>	<b>3157</b>

## DeTar North Women's and Children's Emergency Department (Level IV)

<i>Financial Class</i>	<i>Number of patients</i>
Self-Pay	644
Medicaid	2129
<b>Combined Visit Total</b>	<b>2773</b>

DeTar is a community leader in obstetrics with emphasis on early prenatal care. We recognize that the state infant mortality rate exceeds 5% each year and DeTar is focused on reducing this rate. There is no waiting time for Medicaid eligibility and ability to pay is not a factor. 55% percent of our OB related admissions in the 4th quarter were self-pay or Medicaid patients. The breakdown for the 1st quarter 2019 includes:

### Obstetrics - Deliveries

<i>Financial Class</i>	<i>Number of patients</i>
Self-Pay	2
Medicaid	156
Other Payer Source	129
<b>Total</b>	<b>287</b>

DeTar has a hospitalist program that provides inpatient treatment to patients who may not have a primary care provider, very often because they lack financial resources to pay for care. These patients come through the Emergency Department or they are referred from surrounding towns because they need a higher level of care than a smaller hospital can provide. Either a resident or a hospitalist provides inpatient care as needed to all payer sources and also assure each patient has a follow-up appointment soon after discharge. If they have no doctor, the residents will see them within 4-12 days following discharge. Social services arrange for outpatient prescriptions on discharge if the patient cannot afford these. By having a follow-up appointment close to discharge and medications filled, the likelihood of preventable re-admissions is decreased. DeTar calls all inpatients within a few days of discharge to assure they understood their discharge instructions, had prescriptions filled, and know the date and time of their appointment. For the 1st quarter of 2019, 4% of the Hospitalists patients (inpatients and observation patients) were either self-pay indigent or Medicaid insured.

### Hospitalists

<i>Financial Class</i>	<i>Number of patients</i>
Self-Pay (Observations)	4
Medicaid (Observations)	9
Self-Pay (Inpatients)	2
Medicaid (Inpatients)	36
<b>Total Medicaid &amp; SP</b>	<b>51</b>

In addition to providing care at the hospital regardless of ability to pay, DeTar Healthcare System provides many community health services. Some of these initiatives in fourth quarter 2018 included:

- Continuation of the recently established cooperative program with City of Victoria and Texas A&M for diabetes education
- Support groups provided for:
  - Persons who have had bariatric surgery
  - Diabetes support group
  - Insulin pump support group
  - Stroke support group
- DeTar Registered Dietitians continue to publish nutritional advice weekly in The Victoria Advocate newspaper which is distributed to several counties.
- Provide CPR instruction for community at large and upon request.
- Regularly scheduled Childbirth Education classes for the community
- On Site certified lactation specialist that provides breast feeding education to women in our community as requested.
- Provide DeTar leaders to serve on Board of Directors/Advisory Boards for
  - Wharton Junior College Advisory Board for Radiologic Technology
  - Hospice of South Texas
  - Victoria Chamber of Commerce
  - Texas Workforce Advisory Board
  - Victoria Educational Foundation
- Provide quarterly education programs to community groups on stroke prevention, recognition of signs and symptoms, and interventions
- Provide quarterly education programs to communities on heart care, recognition of early heart attack symptoms, and interventions
- Work with Victoria Fire Department Critical Care Partnership
- Golden Crescent Hurricane and Disaster conference planning committee
- Sponsor monthly Lunch and Learns for Senior Circle program; Health focused meetings
- Work with EMS in Victoria and surrounding communities to continually improve emergency care. Tools include case review, performance improvement, and STEMI performance/process improvements.
- Continue to operate the Joint Center and hip fracture program that decreases length of stay and provides more rapid and complete recovery for select orthopedic patients.

### **Expenditures**

In order to continually meet the needs of our community DeTar Healthcare System provides resources that will maintain the highest possible care to our citizens. During this quarter we have:

### **Construction**

- Worked with engineers and architects' on building a 30-

bed ICU unit. We are denying transfer of ICU patients on occasions because of lack of bed capacity.

***Equipment***

- Cell Saver for Surgical Unit
- Glidescope for Surgical Unit
- Infusion Pumps for new ICU
- Monitors for new ICU

***Physician  
Recruitment***

In the 1st Quarter of 2019, DeTar continued the recruitment of the following:

- Recruitment for a GI physician (Start April 1<sup>st</sup>, 2019)
- Recruitment for a neuro physician
- Recruitment for an FP

***Community***

DeTar hosts a community advisory group of approximately 12 members of Victoria and surrounding counties who advise us on the health needs that need to be met. They are integral in the planning of health care and participate in our strategic planning every year.

DeTar Healthcare System works closely with EMS and participates in clinical case review. As a Level III Trauma Center we continually seek opportunities to improve care.