

To: The NF Board of Education
 Re: Physical Education
 January 7, 2020

	Current Physical Education (PE) Instructional Time and other Physical Activity (PA)	Next Year Budgeted Physical Education Instructional Time and other Physical Activity
Consolidated	PE 1/4 days (45 meetings) PA 30 minutes daily at school PA movement breaks throughout the day	PE 1/4 days (45 meetings) PA 25 minutes daily at school PA movement breaks throughout the day
Meeting House	2/5 days (72 meetings) * PA 20 minutes daily at school PA movement breaks throughout the day	1/4 days (45 meetings) * PA 25 minutes daily at school PA movement breaks throughout the day
Middle School	6: PE 2/5 days (72 meetings) 7 & 8: PE 1/5 days (36 meetings) PA movement breaks throughout the day	6: PE 1/2 days (90 meetings) 7 & 8: PE 1/2 days (90 meetings) PA movement breaks throughout the day
High School	1.0 credit (1/4 per year)	1.0 credit (1/4 per year)

*Music, Art and Library Media/STEAM are 1/5 currently, and will be equalized up to 1/4 next year (36 meetings now to 45 next year)

[Here is a summary of CT's requirements for PE and PA](#)