

## IMPACT OF BREAKFAST IN THE CLASSROOM

- Sacramento and Shaver Elementary Schools have had Breakfast in the Classroom for 3 years, since the start of the 2008-2009 school year
- Parkrose Middle School started Breakfast in the Classroom November 2010

### Pre/Post Elementary School Comparisons

#### Referrals by Year by 100 students

	Sacramento	Shaver
09-10	51	60
08-09	52	44
07-08	37	40

#### # of Students with 6+ Referrals

	Sacramento	Shaver
09-10	5	10
08-09	8	8
07-08	5	7

#### % of Referrals from Cafeteria

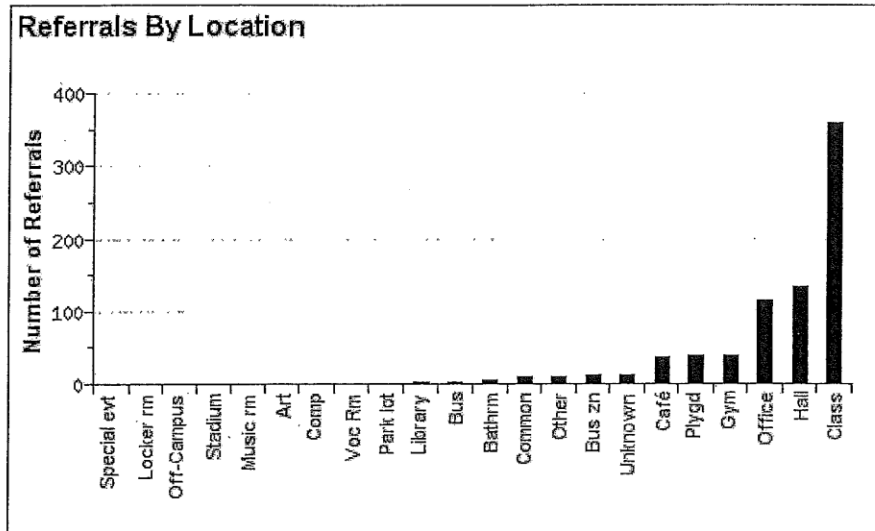
	Sacramento	Shaver
09-10	9%	11%
08-09	15%	5%
07-08	10%	7%



# Referrals By Location

Parkrose Middle School

Generated: 03/14/2011, 3:34:10 PM  
Office Discipline Referrals (no minors)  
11/01/2010-03/14/2011

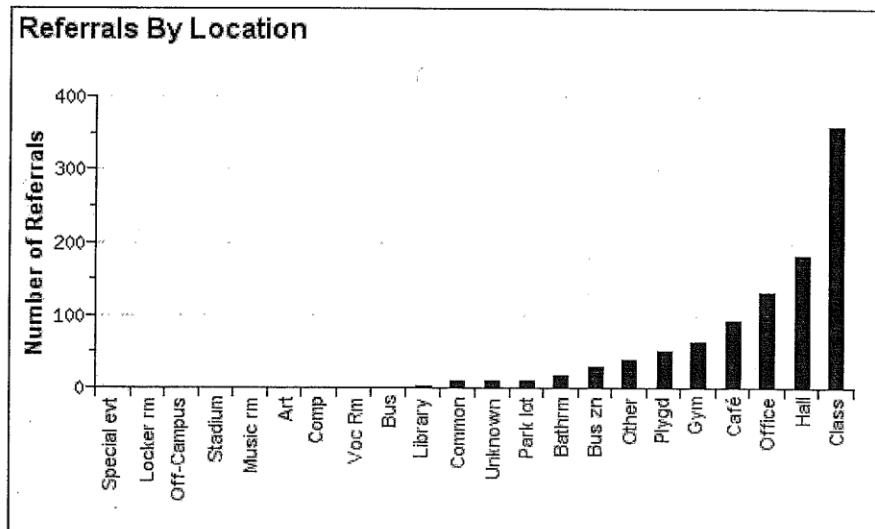


Referrals: 779

# Referrals By Location

Parkrose Middle School

Generated: 03/14/2011, 3:42:23 PM  
All Referrals & Minors  
11/01/2009-03/14/2010

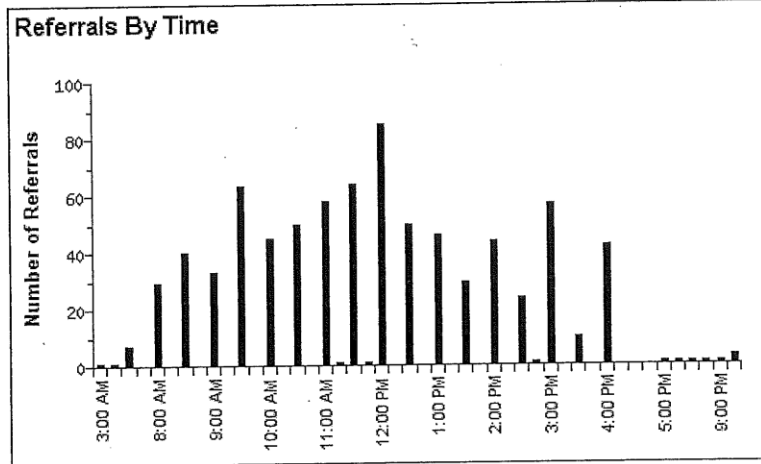


Referrals: 990

## Referrals By Time

Parkrose Middle School

Generated: 03/11/2011, 2:52:22 PM  
All Referrals & Minors  
11/01/2010-03/11/2011

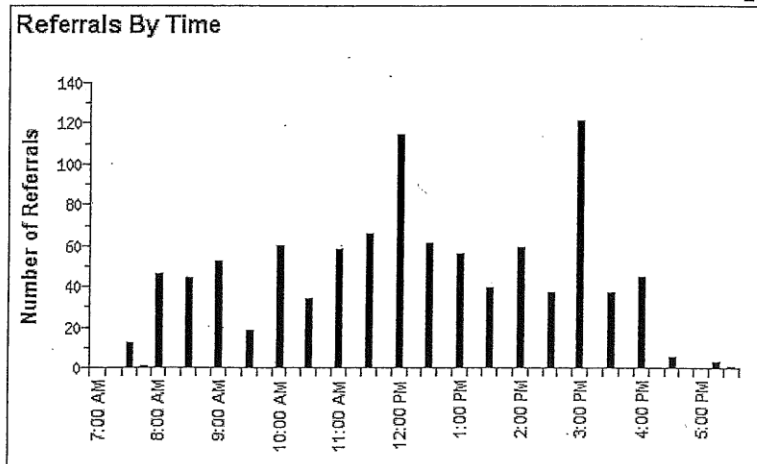


Referrals: 789

## Referrals By Time

Parkrose Middle School

Generated: 03/11/2011, 2:51:39 PM  
Office Discipline Referrals (no minors)  
11/01/2009-03/11/2010



Referrals: 969

## Parkrose Middle School

### Teacher Survey Data

- All teachers report “most of my kids” eat breakfast
- 46% report breakfast in the classroom “causes no trouble for me”
- 46% report breakfast in the classroom “causes some disruption and takes time”
- 8% report breakfast in the classroom is “very disruptive and time consuming”
- 91% of teachers say we should continue breakfast in the classroom
- 9% of teachers say it should not be continued
- Teacher comments:
  - “I feel good knowing that every student who needs breakfast gets it. It is well worth the disruption.”
  - “Love it. It has been a great success and kids really like the routine of having it in the homeroom.”
  - “This program feels so right: to make sure our students are nourished and ready for the school day. Most of the kids take breakfast. There does not appear to be a stigma about the meal. I love feeding them and I appreciate being able to provide ok snacks later in the morning too.”