

**Bemidji High School
State Competition Participant Recognition
Fall 2022**

Cross Country

Carson Maish

Sam Gifford

Adam Allery - Alternate

Nina Lubarski-Coach

Will Termont

Ashton Niemi

Mia Hoffman

Brent Kurschner

Sidney Kingbird-Haugen

Regan Dewitt

Isaac Schouten

Moses Son - Alternate

Ryan Aylesworth-Coach