Fruitdale Elementary School 1560 Bill Baker Way Grants Pass, OR 97527 (541)476-2276



Heather Yount, Principal

Vickie Brown, Office Manager

Liz Elkins, Secretary

School Hours 7:35 am to 1:55 pm

Fruitdale Families,

March is here. I am sure you are all looking forward to Spring Break. Our Spring Break will begin the week of March 23rd. We will be returning to school on March 30th.



In April, we have a few dates to put on your calendar. April 3rd is a no school day for students. On this day, our teachers will be preparing for progress reports and parent-teacher conferences. Our conferences will be held on April 9th and April 10th.

Our families were hit hard with the sickness that were going around in January and February. As we look forward to spring and warmer temperatures, hopefully we will be able to put these illnesses behind us. Many of you are getting Attendance Letters from our system. If you are getting an attendance letter and would like to have a conversation about it, please give our office a call.

Please remember, when your kids are sick we absolutely support you keeping them at home. The important thing to remember with attendance is that your students should be in school 92% of the time. In the course of the school year, this means your student should not miss any more than about 14 school days. If your child is sick or out for any other reason, please just give our office a call.

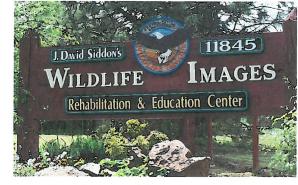
Thank you for all your support of the Fruitdale School Community.

Sincerely,

Heather Yount Principal









Yearbooks are great memory keepsakes. To help us capture all the great events that happen at Fruitdale, please email your pictures to fruitdale@jordan.to

PTO Meeting

Mark

CALENDAR

2nd Grade Field Trip Wednesday, March 4

Students of the Month



Bottom Row: Emma Vandernick, Marcus Eklund, Talin Mills, Emilia Johnson, Quinton Morse, Charlee Mesman, Archer McLauchlin Middle Row; Lyssa Harrington, Alyssa Frost, Journie Mooney, Olivia Cowger

Information about LICE

There has been an influx of lice at Fruitdale in the past month. We have been checking classrooms more often to help stop the spreading of it.



Back Row: James Traylor,

Daylyn Haney, Jayden Traylor, Tamarr Mills, Tessa Poata

Before you start treatment, understand how your child could have gotten head lice. Head lice don't jump, they don't live on pets and they have nothing to do with personal hygiene. The most common way head lice spread is by head-to-head contact. This means your child must have been touching heads with someone who has head lice. This may happen during sports, slumber parties or play time in or outside of school.

To properly treat head lice, you need to understand your enemy. Head lice can be found in one or more of these forms:

- Head lice eggs (**nits**) are firmly attached to the base of the hair. They may look like dandruff, but if you examine them with a magnifying glass, you can see that nits are oval-shaped and not flat.
- The egg produces a **nymph**, which has a greyish-white color and goes through three stages before becoming an adult.
- Adult head lice are tan-colored and can be seen moving quickly along the hair or across the scalp. All three generations of head lice need to be nonviable, or dead, to get rid of head lice for good.

Your first line of defense against head lice is an over-the-counter (OTC) head lice treatment that typically comes in the form of shampoo. The main difference between various products is the active ingredient and which stages of head lice it kills. Most OTC head lice treatments don't kill nits, so a second application may be necessary to kill the nymphs once they hatch.

You may want to clean or wash anything that has been in close contact with the person who has lice, such as hats, pillowcases, brushes, or combs. Put beloved stuffed animals and other non-washable items into a plastic bag.

Wash any lice-infested item in hot water that is at least 130°F (54°C), put it in a hot dryer for 15 minutes or more, or placing the item in an air-tight plastic bag and leaving it for two weeks to kill the lice and any nits. You can also vacuum floors and furniture where lice may have fallen.