


NBES Sensory Room Board Presentation



Sensory Room at NBES

NBES added a Restorative Paraprofessional position and a Sensory Room for the 24-25 school year.

- The NBES Sensory Room is a supportive intervention space created to help prevent or de-escalate student behaviors that may stem from grief, trauma, or other emotional or sensory needs. It provides students, teachers, and staff with a safe and calming environment where they can adjust sensory input—either by increasing or decreasing stimulation—to better meet their individual needs.
- The sensory room provides an opportunity for emotional regulation by utilizing a range of objects and materials.
- Students who are emotionally dysregulated struggle with participation in class and in the learning environment. Through allowing students the opportunity to process strong emotions, our goal is to build resilience by reducing the negative impact on their mental health. This will improve their ability to learn in the classroom.

2024-25 Sensory Room Data

- 573 Sensory Room visits
- 86 students
 - 41% of NBES K-5 students used the sensory room
 - 84% did not need additional staff follow-up
 - 14% referred to school counselor
- 24 Restorative conversations/circles

2024-25 Sensory Room Data

- Reasons for visiting sensory room
 - 44% scheduled breaks
 - 19% sensory needs
 - 14% behavior
 - 13% strong emotions
 - 10% other



