



MENTAL HEALTH INITIATIVE/AUTISM/SHAC OCTOBER 2023 REPORT

BROWNWOOD ISD



THESE TEAMS WORK TOGETHER TO SUPPORT THE WHOLE CHILD!!



AAP-AACAP-CHA DECLARATION OF A NATIONAL EMERGENCY IN CHILD AND ADOLESCENT MENTAL HEALTH. (CURRENT STATE OF THE NATION)

- **American Academy of Pediatrics (AAP), the American Academy of Child and Adolescent Psychiatry (AACAP) and the Children’s Hospital Association (CHA) are joining together to declare a National State of Emergency in Children’s Mental Health.**
- **Drug Use and Substance Use Disorder**
 - Among people aged 12 or older in 2021, 61.2 million people (or 21.9 percent of the population) used illicit drugs in the past year. The most commonly used illicit drug was marijuana, which 52.5 million people used. Nearly 2 in 5 young adults 18 to 25 used illicit drugs in the past year; 1 in 3 young adults 18 to 25 used marijuana in the past year.
 - 9.2 million people 12 and older misused opioids in the past year.
 - 46.3 million people aged 12 or older (or 16.5 percent of the population) met the applicable DSM-5 criteria for having a substance use disorder in the past year, including 29.5 million people who were classified as having an alcohol use disorder and 24 million people who were classified as having a drug use disorder.
 - The percentage of people who were classified as having a past year substance use disorder, including alcohol use and/or drug use disorder, was highest among young adults aged 18 to 25 compared to youth and adults 26 and older.
 - In 2021, 94% of people aged 12 or older with a substance use disorder did not receive any treatment. Nearly all people with a substance use disorder who did not get treatment at a specialty facility did not think they needed treatment.
- **Major Depressive Episodes (MDE) Among Adolescents**
 - In 2021, 1 in 5 adolescents had a major depressive episode in the past year. Of these, nearly 75 percent had symptoms consistent with severe impairment, which caused severe problems with their ability to do chores at home, do well at work or school, get along with their family, or have a social life.
 - The prevalence of past year MDE among Black and Asian adolescents was lower compared to adolescents from most other racial/ethnic groups.
 - More than half of youth with an MDE did not receive treatment in the past year.

STUDENTS DIRECTLY SUPPORTED BY OUR MENTAL HEALTH TEAM 2022-2023

- Coggin PK-5 : 17
- East: 12
- Northwest: 17
- Woodland Heights: 7
- Coggin 6th: 10
- BMS: 29
- BHS: 67
- BAHS Night School: 2
- Total: 161 received direct Mental Health Support this year
- Staff: 26 Employees received referral support services.

OTHER NUMBERS

- DAEP Behavioral Intervention and/or Transition Support: 98
- Anger Management Education (Through a contract with CCCT): 89 students, including 12 Turtle Magic, 24 in Managing Your Anger for Children, and 53 in Teen Anger Management Education. – 914 sessions, 457 hours of service
- Choosing the Best Curriculum delivered 6th through High School covering abstinence based sex education.
- HPU Intern (Audrey Spicer) supported East and Coggin Elementary campuses with 400 direct service hours, 152 of those hours were small group sessions, targeted Tier 2 interventions for 19 children
- Number of School Counselors that pursuing their LPC, and receive weekly supervision for LPC-A or RPT – 4, which would make a district employment of employees at least LPC-A status next year=10
- One on site supervision of an employee pursuing her BCBA
- Evening Drug Counseling provided by referral last year – 10 students, 40 sessions = 30 hours of sessions – currently have 5 individuals sharing the responsibility of drug counseling as opposed to 2 last year
- SHAC – 4 meetings, 12 speakers,

AUTISM GRANT NUMBERS (AS OF MAY 2023 EOY REPORT)

- Number of teachers/counselors administrators signed up to participate in training for students with autism: 187
- Number of paraprofessionals that have participated in training for autism: 100
- Number of students with IEPs benefiting from grant directly: 183
- Number of parents participating in Autism Parent Support: 41
- Number of students with Autism impacted: 58
- Number of students district-wide directly impacted: 529. Indirectly: (almost all)
- A handful of the parent quotes (we have a ton):

-“I just wanted to thank you, and the rest of the team, again for last night. We appreciate y’all and these events more than we could ever express.”

-“It makes me so happy knowing my kid has so many people advocating for him. Thank you. I appreciate y’all’s support and these parent meetings more than you will ever know.”

- Thank you for the visuals and all the advice. R’s behavior has been so much better! He is responding and is so excited to put a check mark on his visual chart. He behaved at Walmart yesterday! Just had to mention him getting a check mark!!!”

- “We love all you do for our kids at BISD!”

- "Thank you for challenging him and not letting him slip under the radar. Thank you for embracing his quirks and encouraging him.

- “We are so excited to see how he will continue to grow and we cannot thank you all enough for all that you all have helped him accomplish.”

WHAT'S NEXT?

- Another Year of the Autism Support Grant! We continue to pursue the goal of the “Tipping Point”. Our hope is to have more adults with knowledge of how to work with students with autism than don't.
- Intentional focus on DAEP. As the DAEP moves, we are hoping to create a positive intervention strategy and focus on how to incorporate interventions for both substance use and behavioral change through intentional focus on students through small group, etc. interventions.
- New Interns! We have contracted with HPU, ASU, and Liberty University. We have 4 interns completing a total of 1,550 hours service to our campuses at no charge to the district and at great assistance to our elementary campuses sitting at a high ratio.
- Built MOU's to coordinate with CFLR, CCCT, 2Ingage, and have expanded to all campuses, offering wrap around support at an new level.
- Our plan this year is to focus on sustainability for both the Mental Health and AU platforms, and solidify our weaker areas of data collection, and community connection.

CHALLENGES

- Last year of Autism Grant, so we are concerned about sustainability beyond this year. Possible solutions: we are working with Rebecca Faulkner (Director of Special Education) in creating a culture of education and awareness that extends beyond this year. I'm also open to grant opportunities that may offer flexibility in structure to build programs equally as supportive.
- Still sitting at a 500:1 ratio on 3 of our Elementary campuses. Possible solutions: currently we have an intern assigned to each of these campuses, and the Autism Team regularly assists. Hoping to grow and build our relationships with the colleges. We have also planned a 4 session "Counselor Academy" to assist us in building connections with and growing our own interest in those pursuing counseling as a career. We have already met the first time, and had an interest of about 16 participants.

SCHOOL COUNSELORS CELEBRATE!

- Once again, for the 2nd year, every campus that attempted won the CREST award – It takes a year to gather the evidence to place in this prestigious award and be declared “Exemplary”!
- Kimber Bennett was identified as Elementary School Counselor of the Year in Texas by the Texas School Counselors Association.
- All 4 Elementary Campuses have created additional guidance support to address the needs of our full Project Neighborhood, with horizontally and vertically aligned guidance programs.
- Coggin 6th and Brownwood Middle School Counselors are working together to create an intentional programming series that coordinates together to more seamlessly transition kids from 6th grade to BMS.
- District wide, our counselors have become the center of operations for each campus funneling all community services through them creating a true “wrap around” approach where community and school met and program together.
- December 8, 2023, we will be having our first community resource night, themed with Christmas activities called, “Making Spirits Bright Night”
- Every one of our counselors remains employed as a counselor either in their place of original location, or as an Autism Grant Team member. We have not had a counselor leave our district in over 5 years despite a time of increasing need, a great deal of growth within our Counseling and Mental Health Programming, and big changes both in administration and school structure. The school counseling programs truly serve as the solid base for which any other programming has built upon.

BROWNWOOD HIGH COUNSELING CONTINUES TO ACCEL!

- PSAT in Classroom Guidance presentations have occurred with all 10th and 11th grade students
- Senior Classroom Presentations have also occurred in every Senior Classroom
- Individual meetings are held with every student, every grade, every semester, including 1-on-1 College and Career Planning meetings with all Seniors and their parents, creating excellent data for our CCMR report.
- Every student has opportunity to complete PSAT/NMSQT
- Cyber security is tackled with an detailed presentation in October
- ASVAB and TSIA2 are offered to all interested students in November
- There is a College Sign Up day.
- Fish Camp is offered to all upcoming Freshmen.
- A pathways night is held every spring to allow students to explore the various choices available at the #DistrictofChoice

BROWNWOOD ISD
COUNSELING
DEPT PRESENTS:



MAKING SPIRITS BRIGHT NIGHT



**DOOR
PRIZES!**

**DEC
8TH**

**FAMILY FUN FOR ALL
AND LOTS OF
COMMUNITY
RESOURCES**



**PICTURES
WITH
SANTA**

A NIGHT TO HAVE FUN, LEARN ABOUT BISD AWARD WINNING
COUNSELING PROGRAMS, AND GET TO KNOW ABOUT A VARIETY OF
COMMUNITY RESOURCES AVAILABLE FOR YOUR WHOLE FAMILY
5:30-7:00 @ 2707 SOUTHSIDE DRIVE

For more information, please contact danielle.howard@brownwoodisd.org or
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AS ALWAYS, WE CAN NOT DO ANY OF THIS WITHOUT THE SUPPORT OF LEADERSHIP, AND WE KNOW IT. THANK YOU.



*Brownwood ISD
Counseling and
Mental Health Team*

“For the Heart of the Lion and the Pride of Brownwood”