



February 18, 2011

Aledo ISD Board members and AISD administration

We have been working on this revised Cheer/Mascot constitution for several months. Melinda Hale (AHS cheer sponsor), Cheryl Jones, and I have reviewed other area schools' constitutions and squad information during this process. The changes are highlighted to help during your review of the information. One of the biggest revisions is the format of the materials which should help parents and students find the information quicker when needed. Please contact me on my cell number if I can answer any questions about the two part document (constitution and demerit system). My number is 817-313-0529.

Thanks again for all your support this year.

Dan Peterson

**Aledo High School
and
Ninth Grade Campus**



**2011-2012
Cheerleader/Mascot Constitution**

**Varsity, Junior Varsity
and Freshman Squads**

Aledo ISD does not discriminate on the basis of race, color, national origin, religion, sex or disability in providing educational services, activities, and programs, including athletic programs in accordance with title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; Section 504 of the Rehabilitation Act of 1973, as amended; and Title II of the Americans with Disabilities Act.

Revised February 17, 2011

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Purpose: To represent, promote, and uphold school spirit, and to develop a sense of good sportsmanship among students and fans. Squads are to better the relationship among the competing schools during all athletic events. It must be understood that as a member of this organization, the student becomes a representative of the Aledo ISD and its High School and each member must maintain high moral and ethical standards.

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This constitution is subject to change according to rules and standards set forth by the Texas Education Agency, UIL Side By Side Manual, or Policy of the Aledo ISD School Board.

Revised 2/17/2011

Selection of Cheerleading Candidates

- A. All candidates and their parent/guardian must attend a mandatory tryout orientation meeting. Failure to attend will result in the candidate's loss of ability to tryout. **The meeting is Thursday, February 24, 2011, in the DLC located at Aledo High School, beginning at 6:00 p.m.**
- B. Candidates must be willing to demonstrate responsibility at all times. They must enjoy learning and performing cheers, and understand that the schedule and the discipline of a cheerleader/mascot demands a high degree of determination, hard work, strength, dedication, and leadership abilities. Candidates and parents must be willing to accept the time commitment for cheerleading and willing to be flexible with scheduling.
- C. Varsity, Junior Varsity, Freshman cheerleaders and mascot shall be selected in the spring of the current year. **Tryouts will be held March 10, 2011.**
- D. The Varsity squad will be selected in the following manner: Candidates currently enrolled as sophomores or juniors are eligible. From this group, the candidates with the top total points will be selected to represent next year's Varsity squad. The Junior Varsity squad will be selected from the current freshman, and the Freshman squad from the current eighth graders. The candidates with the top total cumulative points will be chosen. Varsity will have 20 members, JV and Freshman will each have 16 members.
- E. One or two mascots will be selected from the current sophomores and juniors. They are included with the Varsity squad.
- F. All former cheerleaders will tryout each year. No one will be automatically reinstated. Members who have resigned or been dismissed from the squad for any reason during the year must receive permission from the coach and principal to tryout.
- G. Any cheerleader or mascot candidate must have been enrolled and in regular attendance in the Aledo School District for the equivalent of 15 or more calendar days before tryouts. (The student becomes eligible on the 15th day.)
- H. All candidates for cheerleader must have maintained at 90% attendance average during the current school year.
- I. A placement in DAEP during the current school year may result in a candidate being disqualified from tryouts.

- J. If a candidate has failed two or more six weeks during the current year, the candidate will be disqualified from tryouts. (This includes failing Pre-AP classes).
- K. If a candidate has received two or more "N" or one or more "U" citizenship grades during the current year, the candidate may be disqualified from tryouts.
- L. **Students who are interested in becoming cheerleaders/mascots must sign up and bring all completed paperwork, tryout fee, and a current copy of their report card to the appropriate person by Wednesday, March 2, 2011. No paperwork will be accepted after 4:00 p.m.**

Current 8th grade students will turn paperwork and fee in to Chris Manis.
 Current 9th grade students will turn paperwork and fee in to Anita Callaway.
 Current 10th and 11th grade students will turn paperwork and fee in to Karen Peterson or Melinda Hale.

NO PAPERWORK WILL BE ACCEPTED AFTER 4:00 P.M., MARCH 2, 2011

Procedures for Cheerleading/Mascot Tryouts

- A. All candidates and their parent/guardian must read and sign a consent form stating they have read the constitution and all required dates for the upcoming year. There is a mandatory fee of \$25.00 for tryouts to cover the cost of the choreographer, judges, and a CD of music for the dance portion of the tryout. All signed forms for tryouts and fees are due no later than **Wednesday, March 2, 2011 at 4:00 p.m.**
- B. An outside choreographer, in cooperation with the coaches, will conduct a tryout clinic. It will be held the week of tryouts in the practice gym of the high school. Dates and times for the clinic are as follows:

<u>Monday, March 7th</u>	4:00-7:00 pm Mandatory
<u>Tuesday, March 8th</u>	4:00-7:00 pm Mandatory
<u>Wednesday, March 9th</u>	4:00 (Numbers drawn and groups assigned) Gym will be open for practice until 7:00 pm
- C. All cheerleader candidates are required to attend the clinics and are encouraged to take advantage of the open gym practice time on Wednesday, March 9th.

D. The clinic is closed to everyone other than candidates. Only the coaches, the choreographer, and administrators are admitted to the clinic. Parents will not be allowed to attend.

E. Tryouts before judges will be held on **Thursday, March 10, 2011**. Varsity candidates will be dismissed from class at 2:00 p.m. and tryouts will begin at 3:00 p.m. in the practice gym of the high school. Junior Varsity candidates will be dismissed from class at 3:30 p.m. and will need to be in the gym area by 4:15 p.m. to start tryouts immediately following Varsity. Freshman tryouts will begin at 6:00 p.m. All candidates need to report 15 minutes prior to start time and remain in the gym area after tryout until they are dismissed, in case of call backs. Candidates who are not present at start time will not tryout. Mascots will tryout in between cheer squads.

F. Cheers to be taught will be decided upon by the choreographer.

There will be

1. One individual cheer
2. One group chant
3. One group dance

The candidates will draw numbers on **Wednesday March 9th** for their order to tryout. The number of candidates will determine the size of groups, 3 or 4 to a group.

G. Dress for tryouts will be as follows: Plain black shorts, plain white t-shirt, plain white no show socks, and white tennis/cheer shoes. Hair is to be pulled back in a ponytail, unless too short, and only solid black or solid white ribbon. No jewelry, nail polish, or extreme makeup will be allowed.

H. Mascots will perform a skit/dance to the school fight song. They will use the mascot uniform which is the property of Aledo High School, and are allowed to use props.

I. Candidate's individual score sheets will be mailed to the parents in a timely manner following the conclusion of tryouts.

J. Vacancies created during the school year will not be filled. Vacancies created during the summer will be filled until July 1st by the next highest score.

K. The candidate must comply with UIL policy on physicals. All physicals must be completed and on file with the AHS trainers before leaving for camp on July 25.

RESULTS WILL BE POSTED ON FRIDAY, MARCH 11TH AT 4:30 P.M.,

www.aledo.k12.tx.us click on Aledo High School link.

Financial Obligations

- A. There will be a \$25.00 tryout fee to cover choreographer, judges and CD for tryouts.
- B. Uniforms will be purchased by each cheerleader. Some equipment and apparel has been standardized between squads to save on expenses. **The uniforms will be ordered on April 4th**, and a \$500.00 deposit will be required per candidate to place orders. Uniform expenses range between \$1200.00 - \$1500.00.
- C. May practices are scheduled with an outside company and will cost \$50.00 per girl. This money will be paid to the school and one check will be paid to the company to cover this cost.
- D. Summer camp will be at the expense of each cheerleader. This year we are going to **Great Wolf Lodge from July 25-28**. Average cost of camp is \$355.00.
- E. All expenses must be paid before uniform or any equipment is distributed. **Deadline for all payments this year will be June 15th**. If other financial arrangements need to be made, please contact your coach and make a payment plan which will have to be approved by the principal of Aledo High School.
- F. Squad members are responsible for keeping informed of and participating in all activities and fundraising projects.
- G. Some additional expenses may occur during the year for items such as ribbons, t-shirts, or items for pep rallies or spirit items for dress up days.

Uniforms

- A. **Uniform fittings are scheduled for Monday, April 4th**. Varsity will measure starting at 4:00 p.m., JV at 5:00 p.m. and freshman at 6:00 p.m. The \$500.00 deposit will be required at this time. Parents are strongly encouraged to attend. Uniforms ordered in the wrong size will be replaced at the cheerleader's expense.
- B. Uniforms will be purchased by each cheerleader. It is highly recommended that all items be labeled with the member's name. Uniforms are to be kept clean and neat at all times.

- C. The cheer coaches will select the uniforms/camp wear. Some items may be reused from the previous year, thus reducing costs.
- D. If any part or all of the uniform becomes damaged, lost, or not wearable, it is the cheerleader's responsibility to replace the needed item in a timely manner as determined by the coaches. All cheerleaders will purchase megaphones and pom-poms.
- E. Cheerleaders will maintain proper care of the uniforms. Anyone out of uniform will be suspended from that event. That includes socks, trunks, ribbon, etc. Do not let others wear or use any part of your uniform; this includes CATS fleece and megaphones.

Duties of Cheerleaders/Mascots

- A. Cheerleaders will cheer throughout the entire game – win or lose. No one (cheerleader or mascot) is to leave the field area or court during a game without permission (except in emergency situations.) Mascot may leave to get air or water.
- B. Cheerleaders must know all cheers and routines. This includes motions and words.
- C. It is very important that all members know that he/she represents Aledo High School. Conduct should be above reproach at all times, both in and out of school. He/she must conform to the rules of the Aledo High School Student Handbook. If problems arise, the coaches will first conference with the student and the parents. The coach, along with the principal, will have the final decision regarding a consequence.
 - 1. Being placed in Friday Night School may result in a suspension from the next scheduled game or event.
 - 2. Being placed in DAEP may result in removal from the squad.
- D. Cheerleaders will be on duty from the time of arrival (this includes practices as well as games). They will arrive 1 hour prior to football game time and 30 minutes prior to volleyball, basketball, softball, baseball, and soccer game times. They MUST arrive dressed and ready to cheer, and stay on duty until the game ends and sponsor/coach dismisses the squad. Cheerleaders must return to the sideline 5 minutes before halftime is over for football games and 3 minutes before halftime is over for basketball and soccer games.

- E. Cheerleaders will attend and perform at all designated athletic events scheduled by coaches.
- a. Varsity will cheer at all football games, all home district volleyball games, all home district basketball games, and selected home baseball, softball, and soccer games. Varsity will cheer at all sports playoff games.
 - b. JV will cheer at all JV football games and all home district basketball games. Varsity and JV will travel and cheer at all football playoff games.
 - c. Freshman cheerleaders will cheer at all home football games and home district basketball games.
 - d. Most high school games are scheduled on Tuesdays and/or Fridays. Do not schedule other activities such as tumbling classes or driver's education on these days. Competitive cheerleading cannot interfere with high school cheerleading. These absences will be unexcused. If there is a conflict between competitive and school cheer-school cheer takes precedence.
- F. Participation in summer camp is **MANDATORY**. Camp is tentatively scheduled for July 25-28 at Great Wolf Lodge in Grapevine, Texas.
- G. Varsity cheerleaders will be required to facilitate and participate in the Mini Cheer Camp at the high school. This is a fundraiser for cheerleading. Camp dates are tentatively set for the first week in August.
- H. Summer practices will begin around the first week of August and will continue until school starts. Each squad coach will schedule the practices for their squad. Varsity should expect practices at least 3 days a week until school starts. After school begins, practices will be after school and set by each squad coach.
- I. During the school year there will be a mandatory all squad practice every Wednesday before a pep rally from 4:00 p.m.-5:00 p.m. in the practice gym to prepare for pep rallies. On Friday mornings of pep rallies, all squads are required to arrive in the main gym by 7:30 a.m. to set up for pep rallies. Freshman will take out and put down cheer mats, JV will be in charge of setting up chairs for athletes, and Varsity will be in charge of hanging all signs and setting up for the sound system. After the pep rallies are over on Fridays, all equipment must be placed back in the proper area. Failure to arrive on time and in uniform will forfeit the privilege to be part of the pep rally.
- J. If a cheerleader/mascot sustains an injury, he/she must attend all practices and games (if physically able) and sit in uniform with the coach. A doctor's release will be required to return to full cheer duty.

- K. It is a cheer duty for Varsity cheerleaders to decorate locker rooms and make goody bags each week of football season. If this is not completed, the cheerleader will be suspended for the game that week.
- L. Cheerleaders are expected to work concession stands on Thursday nights of home games. This is a cheer duty and if not completed, the cheerleader will be suspended for the next game or event. Concession stand duty will be divided between Varsity, Junior Varsity, and Freshman squads. This is a fundraiser for the cheerleaders.
- M. Cheerleader duties do not expire until the end of the school year. Those who do not cheer for all activities will not be allowed to tryout the following year and will not letter.
- N. Varsity letter jackets will be awarded to each varsity cheerleader/mascot at the end of one completed school semester. UIL rules state a student may only receive one letter jacket from the school.

Travel and Transportation

- A. Travel to and from games will be provided by the AISD transportation department. Cheerleaders will ride the bus to out of town games or events and are encouraged to ride the bus back from games or events; busses are paid for by the school district. Cheerleaders/Mascot may be allowed to ride home from games with their parent only. If it is decided by the parents that they want their student to ride home with them after the game, prior notification must be made in writing to the squad coach. If it is necessary for your student to ride home with another parent, there must be a Release of Liability Form filled out and turned in with the written notification. No students will be allowed to ride home with other students. **Freshman will not travel.**
- B. **At the end of every out of town game, it is the responsibility of the cheerleader/mascot to have their parent/guardian sign them out with the coach, before they may leave the sideline. Parents are not to leave with their cheerleader without signing for them. This is for the safety of each student. Failure to follow this procedure will result in a suspension from the next game or event.**
- C. Squad members are responsible for their equipment for the duration of the trip.
- D. Members must conduct themselves appropriately and responsibly on all trips as representatives of Aledo High School and Aledo ISD.

- E. All medications to be taken on any school sponsored trip, which includes summer cheer camp, will be in the original container with student's name. All medications will be turned in to the appropriate coach with a signed medical release form for instruction. Students caught with any medication will be sent home and school consequences administered, usually DAEP. This includes prescription and over the counter medications.
- F. Transportation to cheer camp will be provided by Aledo ISD. It will be the responsibility of each parent to pick up squad members from camp. Summer cheer camp this year is in Grapevine, Texas.

Grades and Citizenship

- A. Grade policy will follow the UIL-TEA Side-by-Side eligibility manual for extracurricular activities. If a grade falls below 70 as reported at the end of a grading period, the student will not resume duties until he/she meets the UIL requirements for extracurricular participation. If a cheerleader/ mascot fails two or more six weeks, he/she will not be eligible for tryouts for the next school year. The six weeks do not have to be consecutive, nor do the failing grades have to be in the same subject. Pre-AP class count toward the failures.
- B. One "U" in citizenship will result in a suspension for a three-week period. A second "U" on the report card may result in a six-week suspension. That cheerleader/mascot will be disqualified from trying out for the next year with a "U" on a report card.
- C. Citizenship grades of "N" are highly frowned upon. An accumulation of two "N" citizenship grades will result in a suspension for a three-week period. If a cheerleader/mascot receives two "N" grades on a report card, they may be disqualified from trying out for the next year.
- D. All cheerleaders/mascots will comply with the rules and regulations as stated in the AHS Student Code of Conduct. Violation of the Student Code of Conduct related to smoking, drug use or alcohol will result in immediate dismissal from the squad.
- E. Any cheerleader/mascot receiving a placement in DAEP will be brought before the coach and principal for disciplinary action which may mean immediate dismissal from the squad. A placement in DAEP may disqualify any candidate from trying out for the next year.

Attendance, Suspensions and Dismissals

- A. Members are expected to attend school all day in order to maintain eligibility for participation in a game or event.
- B. If a cheerleader/mascot does not attend at least two classes (including 2nd period) on the day of a game or event, he/she is ineligible to cheer at the game that night unless the absence is a documented medical appointment (dentist, doctor). In case of an extenuating circumstance, the absence must be cleared with the coach or principal prior to the absence. Written documents must be provided to the coach prior to the game.
- C. All practices, performances, and meetings are mandatory. Each member is required to attend all scheduled events.
- D. Absences from cheerleading/mascot duties may be excused ONLY for the following: personal illness, school-sponsored events, family emergencies, or other conflicts the coach feels is justified. Make-up work, tests, and doctor appointments need to be scheduled outside of practice/performance time.
 - a. One unexcused absence will result in a one game suspension.
 - b. A second unexcused absence will result in a two game suspension.
 - c. A third unexcused absence will result in dismissal from the squad
- E. If a cheerleader is suspended from performing, they must sit in uniform with the coach.
- F. If a cheerleader/mascot is ill or unable to attend practice, he/she must call or text the coach to notify them of the absence PRIOR to the start of practice. If a cheerleader/mascot is absent (excused or unexcused) from the practice before an event, the cheerleader will sit out for that event. (This includes missing MANDATORY pep rally practice on Wednesday afternoon or Friday morning). If a cheerleader/mascot becomes ill or injured and will be absent for several practices or games, a doctor's release will be required in order to resume duties.
- G. The coaches will review excessive excused absences and appropriate action will be taken, if deemed necessary.
- H. If a cheerleader/mascot is unable to fully perform all cheer duties (cheers, jumps, tumbling, stunting, etc) due to injury or illness, the cheerleader/mascot will sit out until recovered, and bring a doctor's release to resume duties.

- I. Members are to arrive at the designated time and stay until dismissed by the coach. To be counted present and on time, a member must be dressed and in the appropriate area. Tardiness results in an automatic demerit.
- J. If a cheerleader/mascot receives a referral to Friday Night School, the cheerleader may be suspended from the next game or event. School rules as set forth in the Student Code of Conduct are to be followed by each cheerleader.
- K. Cheerleaders/mascots will maintain proper care of the uniforms. Anyone out of uniform will be suspended from that event. That includes socks, trunks, ribbon, etc. Do not let others wear or use any part of your uniform; this includes CATS fleece and megaphones.

Standards for an Aledo High School Cheerleader/Mascot

- A. The following standards are expected from each member of the squad.
 - a. Appearance is to be neat and appropriate.
 - b. School attire should meet school dress code at all times.
 - c. Behavior should be above reproach at school and practice.
 - d. There should never be any improper language at school or practice.
 - e. Attendance and participation is required at all times.
 - f. Maintain sportsmanlike conduct.
 - g. Represent the squad and Aledo High School to the best of your ability at every event.
- B. All of the above conduct applies when in or out of uniform, while at school, and while acting as a representative of the school at other functions.
- C. Cheerleaders/Mascots are to be informed of all rules and decisions. They will follow these rules or suffer the consequences. Ignorance is no excuse. (See Demerit Policy)
- D. Cheerleaders/Mascots will be assigned demerits (See Demerit Policy) for inappropriate behavior, not following school rules, and not following the constitution rules.

Head Cheerleader and Co-Captains

- A. The Varsity cheerleaders will elect one senior as the varsity head cheerleader. A junior on the varsity squad will be elected as the co-captain to the head cheerleader. The coach must approve candidates for head cheerleader. The Junior Varsity and Freshman squads will elect a captain from their respective squads. The appropriate coach must approve these candidates for their squads. The positions will be voted on by each squad.
- B. Duties of Head Cheerleaders will include:
 - a. Responsible for setting a good example for others to follow.
 - b. Promote positive team/school spirit at all times.
 - c. The captain should be cooperative, helpful, and dedicated.
 - d. Responsible for organizing the squad and all activities.
 - e. Making sure information is shared to all squad members as needed.
 - f. Teaching and making sure the squad knows all cheers, words, and motions.
 - g. Captains must be willing to spend extra practice time when necessary.
 - h. Keep close contact with cheerleaders, coaches, and other squads.
- C. The coach may remove a captain from the position at any time if the responsibilities and duties of the position are not being fulfilled.

Coaches Duties

- A. The coach will serve as a role model to the squad and ensure that all squad members are treated equally and with respect.
- B. The coach will attend all activities at which cheerleaders/mascots are present as a squad.
- C. The coach may check with teachers and staff regarding any cheerleader's grades, attendance, and/or behavior at any time.
- D. The coach will be available to the squad during the school year and during scheduled activity times in the summer.
- E. The coach will be responsible for keeping track of all paperwork, fundraisers and grades of all cheerleader/mascots. The coach will arrange transportation and ensure the safety and well being of the squad at all times, as well as provide guidance and support to each member of the squad.

- F. The coach has the right to remove any member from the squad for any just cause, with the permission of the principal, and following a conference with the parent.
- G. If any deviation from this constitution is necessary due to individual circumstances, it will be at the discretion of the coach and the principal and will involve consultation with the cheerleader/mascot and parent. Appropriate documentation will be made.

ALEDO HIGH SCHOOL CHEERLEADING DEMERIT SYSTEM 2011-2012

Aledo High School Cheerleaders are expected to have excellent behavior. This is an elite squad; therefore, all squad members should represent Aledo High School and Aledo ISD to the best of their ability. The following misbehaviors by cheerleaders at Aledo High School will result in demerits by the coaches. If a cheerleader receives 10 or more demerits during the school year, the cheerleader may be permanently removed from the squad for the remainder of the year. The coach and/or administrator must approve the try out for the next school year.

Each demerit will be documented by the coach and the coach will notify the cheerleader/mascot of the demerit. All coaches will be allowed to give out demerits as needed.

OFFENSES WORTH 1 DEMERIT

1. Arriving late and not in uniform ready for performance.
2. Being out of uniform (This includes hair ribbon, proper shoes, socks, etc.)
3. Not having all equipment such as megaphone or pom-poms.
4. Talking and being out of formation in between cheers – You should be standing in sideline formation when not cheering.
5. Not turning in parent notification for transportation arrangements when due.
6. NOT being on time AND dressed and ready for practices.
7. Use of cell phones during practice or games.
8. Failure to notify the coach prior to an absence. Notification of the head cheerleader is not a substitute.
9. Chewing gum during practices, pep rallies, or games.
10. Wearing jewelry OF ANY KIND during pep rallies and/or games
11. Having a bad attitude – IT IS IMPORTANT TO SMILE AND YELL THE WORDS, NOT JUST MOUTH THEM!
12. Eating on track/court without permission
13. Not being on time after halftime to start cheering again
14. Being disrespectful toward coaches
15. Being disrespectful toward teammates – THIS INCLUDES THE HEAD CHEERLEADER – CHEERLEADERS SHOULD RESPECT HER DECISIONS!
16. Knowing cheers/chants/dances for pep rallies and games
17. Not meeting deadlines for any/all required paperwork to be turned in to the coach
18. Unsportsmanlike conduct toward your own team/opposing team
19. Not abiding by ALL school rules INCLUDING DRESS CODE.
20. Unexcused absence from practice
21. Being sent to the office for any discipline referral notice
22. ANY BEHAVIORS DEEMED INAPPROPRIATE BY COACHES MAY ALSO RESULT IN DEMERITS!!!

CONSEQUENCES FOR DEMERITS (AS ACCUMULATED)

1 DEMERIT - WARNING!

2 DEMERITS - 20 Push Ups

3 DEMERITS - 25 Crunches, 20 Push Ups

4 DEMERITS - Clean up the sidelines after game or bus if away game

5 DEMERITS - Sit out 1st quarter the next game in uniform, and 1- 4

6 DEMERITS - Sit out half the next game in uniform, and 1 – 4

7 DEMERITS - Clean out cheer closet, and sit out half the next game in uniform with coach, 1 – 4, and parent conference

8 DEMERITS - Lose privilege of performing in pep rally, and sit out the next WHOLE game in uniform with coach, and 1 – 4

9 DEMERITS – Lose privilege of performing in pep rally, sit out the next WHOLE game in uniform with coach, parent conference, and 30 minute Cheerleading detention with coach before or after school for one week

10 DEMERITS – Three- week suspension from squad.

11 DEMERITS OR MORE – Suspension from squad for the rest of the school year, and must receive approval from administrator and/or coach in order to try out for cheerleader the next year.

Demerits accumulate for one semester only.

LETTER OF AGREEMENT 2011-2012

I have read and understand all the Aledo High School cheerleading constitution, rules and requirements. I am willing for my son/daughter to accept this responsibility if elected and fully understand the consequences if he/she does not comply with these rules and requirements.

**This agreement must be signed and turned in by
Wednesday, March 2, 2011 to the appropriate person.**

8th grade to Chris Manis

9th grade to Anita Callaway

10th and 11th to Karen Peterson or Melinda Hale

Parent Signature _____

Parent Name Printed _____

Date _____

Candidate Signature _____

Candidate Name _____

Date _____

Date/Time received by coach _____

Coach Signature _____

PARENT RELEASE FORM

_____ has my permission to perform in all spirit activities during the 2011-2012 school year. In case of emergency, I give any of the cheerleading coaches or any Aledo ISD employee (teacher or administrator) permission to get medical attention for my son/daughter. In case the emergency is a medical decision, I will not hold the coaches or Aledo ISD responsible for the outcome of any decision.

Parent Name (printed) _____

Parent Signature _____

Home Address _____

City _____ Zip _____

Parent Email Address: _____

Student Email Address: _____

Home Phone _____ Cell Phone _____

Work Phone _____ Student Cell Phone _____

Insurance Company _____

Policy Number _____

Family Doctor _____ Phone Number _____

Hospital of Your Choice _____ Phone Number _____

Emergency Contact Name _____ Phone Number _____

Any medicine allergic to _____

Other previous injuries _____

Return to the appropriate person by Wednesday, March 2, 2011

8th grade to Chris Manis

9th grade to Anita Callaway

10th and 11th grades to Karen Peterson or Melinda Hale

Application for Cheerleading Tryouts 2011-2012

My child, _____, has my permission to be a cheerleader/mascot at Aledo High School. I understand that he/she must abide by the constitution rules and regulations set forth by the coaches and the principal of Aledo High School and he/she must be present for all practices and games. I have read the rules and regulations in the AHS Cheerleader/Mascot constitution and understand that the violation of any of these rules may lead to temporary or permanent suspension from the squad. **I understand that all forms must be completed and turned in by Wednesday, March 2, 2011, or my child will not be allowed to tryout.** I understand my child must attend the first two dates of the clinic, March 7th, and 8th and is strongly advised to attend the third date, March 9th.

Parent Initial _____

_____ I understand that my son/daughter will be evaluated by qualified judges and I agree to abide by the decision of the judges.

_____ I understand all costs involved as stated in the constitution.

_____ I understand by the very nature of the activity, cheerleading and gymnastics carry a risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation and broken bones; the risk also includes catastrophic injuries, such as permanent paralysis or even death from landing or falls on the back, neck, or head. I understand these risks and will not hold Aledo High School/Aledo ISD or any of its personnel responsible in the case of accident or injury at any time.

Parent or Guardian Printed Name _____ Date _____

Parent or Guardian Signature _____

I am interested in being a cheerleader at Aledo High School. I understand the risks stated above. If elected, I agree to abide by the rules and regulations set forth by the coaches and principal at Aledo High School. I promise to cooperate and follow the instructions of the cheerleading coach.

Student Name _____ Grade _____

Student Signature _____ Date _____

Home Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

**Transportation Permission Slip
2011-2012**

I give permission for my cheerleader/mascot, _____,
to be transported by school bus, school-acquired charter bus, or sponsor-driven AISD
vehicle to/from any cheerleading function. I release Aledo ISD and any employee of
Aledo ISD from any liability.

Parent/Guardian Name _____

Parent/Guardian Signature _____

Date _____

Return paperwork to the appropriate person

8th grade to Chris Manis

9th grade to Anita Callaway

10th or 11th grades to Karen Peterson or Melinda Hale

Forms due by Wednesday, March 2, 2011 by 4:00 p.m.

Aledo High School and Ninth Grade Campus Cheerleading Important Dates 2011-2012

February 14th-18th

- Sign up with appropriate person for tryouts
- 8th grade – Chris Manis
- 9th grade – Anita Callaway
- 10th and 11th grades – Karen Peterson or Melinda Hale

February 24th

- Mandatory Parent Meeting in the DLC at Aledo High School – 6:00 p.m.
- Packets with paperwork will be distributed on this date.

March 2nd 4:00 p.m.

- **All paperwork and fee is due to appropriate person listed above.**

March 7th, 4:00 p.m. – 7:00 p.m.

- Mandatory Cheer Clinic to learn tryout material
- CD of music available

March 8th, 4:00 p.m. – 7:00 p.m.

- Mandatory Cheer Clinic to learn tryout material

March 9th, 4:00 p.m. – 7:00 p.m.

- Numbers drawn for tryout order and groups designated
- Optional Cheer Clinic to learn/review tryout material

March 10th

- 3:00 p.m. Varsity Cheer Tryouts begin
- 4:30 p.m. Junior Varsity Cheer Tryouts begin
- 6:00 p.m. Freshman Cheer Tryouts begin
- Mascot Tryouts will be held between squad tryouts

March 11th 4:30 p.m.

- Results posted at <http://www.aledo.k12.tx.us/aisdweb/index.htm>

April 4th

- Uniform meeting with parent present, \$500 deposit due
- Total cost of uniforms, camp outfits, etc is ~\$1200-1750
 - Varsity 4:00 p.m.
 - Junior Varsity 5:00 p.m.
 - Freshman 6:00 p.m.

May 3rd

- Squad Practices Begin—times assigned per squad

June 15th

- Uniform and camp balance due
- Uniforms delivered

July 20th, 21st, 22nd

- Squad Practice to Review Material for Camp

July 25th-28th

- Cheer Camp at Great Wolf Lodge, Grapevine, Texas

