Bullying Prevention and Response

1. PREVENT

- Discover proactive practices you can integrate into your daily routine to prevent bullying.
- The Proactive Practice Checklist to Prevent Bullying and Other Social Issues

2. IDENTIFY (Is this bullying?)

Peer Conflict

- **Pain:** Causes pain or discomfort on both sides; Both students involved are affected by the event
- **Power:** Equal power in relationship
- **Pattern:** Happens occasionally, but isn't a pattern of behavior

Unsure? (Ask)

- "What happened today wasn't okay. It seems like what happened could be bullying. If it is bullying, it's important we stop it so everyone feels safe at school. Can you help me answer these questions?"
- Am I Being Bullied? Reflection Form

Bullying

- **Pain:** *is unwanted, harmful;* causes pain for the student being bullied and likely does not harm the student engaging in bullying
- **Power:** *involves an imbalance of power* One person has higher status, more social influence, strength or resources than the other
- *and is likely to be repeated* (The behavior has occurred more than once and/or you believe it's likely to happen again in the future)

If peer conflict, then...

If bullying,, then...

Conflict Resolution & Mediation Guide

Is conflict escalating or becoming more frequent?

Engage in STOP, SUPPORT, REPORT

3. RESPOND

STOP

- **Use proximity:** Move near the person being bullied
- Help the person being bullied move away from the situation.
- Redirect by changing the subject.
- If you feel safe, directly ask the person doing the bullying to stop

SUPPORT

Support for Person Bullied
- Proactive Response Guide

Support for Person Bullying
- Responsive Behavior Support Guide (coming soon)

Support for Bystander
- Bullying 101
- From Bystander to Advocate

REPORT

- **Research** what happened
- **Record & Report** findings and evidence clearly and thoroughly following school and district protocols.
- **Revist** follow-up with students involved and see how they are doing