

Spookinaapi (Good Health) Project

Project

- 5-year SAMHSA grant
- (3) Tier socio-cultural-ecological approach
- Target Areas
 - Under-Age Drinking
 - Marijuana use
 - Prescription pain Killers (Opioids)
 - Suicide
 - Family engagement
- Target population
 - Grades 2-12

Goals & Objectives for the program

Goal 1. Provide Prevention education, activities and awareness for the schools and community.

Goal 2. Continue to serve caseload in each building and provide access to Mental Health services.

Goal 3. Establish a mentoring program for each building and target at-risk students.

Current Projects

The Spookinaapi program will be starting its last year of the grant. The program will collaborate with 21st century and Blackfeet Tribal Health and provide prevention education and activities. The Spookinaapi program will administer the YRBS and the Prevention assessment to the High and Middle School students,

Cinnamon Crawford is located at the Buffalo Hide Academy as the Spookinaapi Director, she over sees the day-to day operation of the project, Cinnamon will be working closely with the Blackfeet Tribal health programs to better serve the youth and the community. Currently the Spookinaapi Program is collaborating with the student activities, and wellness committee, currently I am providing insight classes at the High School while the high school specialist is out

Kiana McClure; Browning High School- on leave

Kayla Burns, Browning Middle School- Here is my board report for the second half of January until February. For this month, I have done lessons with BMS students on identifying emotions, managing emotions, and utilizing coping skills. I also brought in outside resources such as Behavioral Health to bring coping skills activity to the students. They made "Calming Glitter Jars" with students. I used a mixture of fun activities, guest speakers, and lesson content to bring these topics to students.

Another thing I did with students is Drug and alcohol prevention through the Insight class where I provided in-depth lessons on drug and alcohol prevention education to targeted students who needed the service. I had two classes during this time.

Finally, I helped with "Wellness" and "Prevention" activities by helping with the Middle School and High School dances which are a positive activity for students. As well, incorporated "Wellness Fridays" to my instructional Friday lessons.

Kailey Hall ; Browning Elementary Specialist - At Browning Elementary, we have been touching base on bullying, appropriate behavior in the classroom, hallways and recess, positive relationships and friendships. We have been holding lunch groups for both 2nd and 3rd grade- to help others make friends and decrease isolation at recess time. I have been holding check ins with students and providing any additional support as needed. Spookinaapi helped with the Valentines dance at Browning High School, decorating and with admission.

Tessa Wells; Napi Elementary as the Prevention Specialist- Providing education as such, provides students with the knowledge to understand addiction and how treatment can provide healing, recovery, or hope for our community members. Although, this was a great presentation I felt it wasn't enough time to elaborate on a few questions that students may have been curious about. So, for this month in Spookinaapi specials, the students and I talked about their presentation and reviewed important concepts. Students and I made a list of before presentation knowledge and after presentation knowledge, allowing a visual narrative of growth in students understanding about treatment.