





Curriculum and Student Development Committee



Sarah Sandora, Wellness Curriculum Lead
Jennifer Hawley, School Counseling Coordinator
Catherine Kennedy, DHHS Advisory Lead
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Wellness Curriculum Goals



- Attend to the social emotional needs of students by emphasizing and teaching skills for inclusion.
 - Sandy Hook Promise, Choose Love
- Ensure that there is cross-curricular connections in counseling, PE and Health with influence from experts in social emotional well-being, such as social workers and MYFS
- Allow for important support service staff to be involved in the lives of ALL students, not just all those that are identified. However, this will provide the ability to identify students who may be in need.

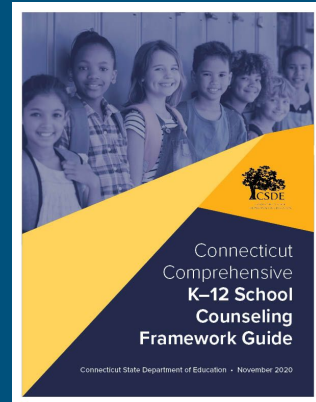
Healthy and Balanced Living Curriculum Framework

Health Education and Physical Education

Wellness Curriculum Framework

Standards:

- Healthy and Balanced Living Curriculum Framework
 - Health
 - PE
 - CASEL
- CT School Counseling Standards



Process and Progress

- Summer work: Professional Development and writing
- Utilize PD and conference days
- Work to ensure vertical alignment by combining teams
 - 4 - 8 SCSW
 - K - 8 SCSW
 - 4 - 8 PE
 - 6 - 12 Health

Wellness Curriculum

- June 2023 Adoption:
 - K - 12 School Counseling and Social Work (SCSW)
 - 6 - 8 Health
 - 2 Health classes at Hand (9/10 and 11/12)
 - 2 PE electives at Hand, June 2023
 - Changes to the Hand offerings

- June 2024 Adoption:
 - K - 8 Health and PE
 - 2 PE electives at Polson
 - 1 Health elective at Polson
 - 3 - 4 PE electives at Hand

High School PE and Health	
Grade 9	PE/Health .25/.25
Grade 10	PE/Health .25/.25
Grade 11	PE 11 or Self-Defense, Jr./Sr. Health
Grade 12	Jr./Sr. Health

Grade	P.E. Course Options	Health & Wellness Course Options
9	Recreational Games Personal Fitness	Health I
10	P.E. and Health 10	
11	PE 11	Health II
12	n/a	

DHHS SCSW Curriculum

Grade 9-10

Grade 9: Navigating High School

- Students will complete a self-awareness questionnaire & reflect on advice for their younger selves or incoming freshmen

Grade 10: Trusted Peeps & Community Resources

- Students will write a thank you note to a trusted adult in the building and it will be sent to that staff member

DHHS SCSW Curriculum

Grades 11-12

Grade 11: Future Planning

- Students will complete a junior reflection for counselors to use when writing their letters of recommendation.

Grade 12: Oh the Places You'll Go!

- Seniors will have an exit interview with school counselors this year! We will then have them complete a senior survey about future plans. They will also write a "what I wish i knew" that will be shared with incoming freshmen

What's New?

- Our social work staff will start to deliver 2-3 lessons per year, which has not been done in the past
- Our College & Career Counselor will work with all grade levels at least once throughout the year
- We will have workshops for juniors to attend (topics will be dependent on responses of survey sent in December)
- We will have a panel of current college students for seniors to attend
- We will use some advisory time moving forward with scripted topics for advisors as well as pulling from advisory time for counselor contact

Advisory Development

- PAW overhaul
- Built on student/staff desire
 - Surveys
- Researched programs, literature, other schools
- Our approach aims to be responsive to feedback
- PD - front loaded for 1st year goal of relationship building

Advisory Vision and Goals

DHHS Vision for Advisory

Social and emotional learning is essential for student success in the classroom and beyond. Advisory develops trusting relationships among students and staff, and supports students with meaningful, immersive activities related to social growth and mental health. Advisory is student-directed and student-driven.

Goals

- Facilitate the development of strong, trusting relationships.
- Foster collaboration and mutual support within the classroom and beyond.
- Develop students' social and emotional skills.
- Promote student growth in the areas of responsible decision-making, managing emotions, cooperatively resolving conflict, and overcoming adversity.
- Offer leadership opportunities for interested students

Alignment and Community Commitment



DHHS Goals & Priorities - SCHOOL CLIMATE

DHHS School Goals & Priorities	<ul style="list-style-type: none"> - Work with all stakeholders to provide a safe, positive, respectful, and inclusive culture that ensures students and staff feel supported. - To provide a physically and emotionally safe learning environment for all members of the Daniel Hand school community. - To support student leadership and increase opportunities to include diverse student voices. - To build equity, agency, and opportunity for all students to actively participate in their education. 	Content Area
		All
		Target Population
		School Community
		Grade(s)
		9-12

Alignment and Community Commitment

Advisory Roll-Out 2022-2023

- 20 minute weekly meetings complimenting Wellness
- 52 grade-level groups
- A focus on relationship building and future leadership development
- Training student leaders in conjunction with MYFS and the team-building staff at Camp Hazen
- Faculty and student committees contribute to the development of weekly activities
- Regular meetings with MYFS staff/clinical consultant
- Feedback collected via Google surveys
- Initial feedback has been positive

Working Contract

- Be engaged + participate
- Be respectful of others
- Be genuine
- Disagreement is OK - respectfully
- Be present
- Listen to peers
- Treat all equally

Handwritten signatures and names:
 Sophie, Valium, Hannah, Sarah, Julia, Naf, etc.

BUGS

- Far lockers ^(not enough time)
- restrictive lunch tables
- uncomfy furniture
- People stopping in halls
- Paper towels aren't in Br
- Gym isn't open in wellness
- not working sinks
- people skipping class in Br
- Feb break ■ *
- longer breaks (too short)
- lunch room not open after school long enough
- PE is too short
- more hands on electives
- talking when other teachers talk
- phones in Br

WISHES

- longer passing periods ~ 2 min
- add tables with chairs
- new seating
- place to converse
- put paper towels back
- allow students in gym
- fix sinks
- ?
- add feb break back
- extend breaks ~ 2-5 days
- staff lunchroom for longer
- allow students to choose PE courses
- create more choices
- have students be quiet
- No phones in the Br

Cup Challenge Demonstration



Advisory in the Big Picture



- Develop activities that are differentiated by grade-level to address all of CASEL's SEL domains
- Deliver activities addressing pertinent topics, specific to our community
- Have Advisory become not just student-driven, but as student run as possible
- Bring in appropriate expert speakers from the community to address SEL topics
- Continue to work with the DHHS Counseling Department to compliment their efforts
- Extend advisory to lower grades (future)