

School Health Advisory Council Report

BELTON ISD BOARD OF TRUSTEES

REGULAR BOARD MEETING

October 21, 2024





Purpose

To engage in ongoing review and discussion, and make recommendations for comprehensive school health programs.

About SHAC

The School Health Advisory Council (SHAC) is a group of individuals from various sectors of the District and community who provide advice to the District on school health programming and its impact on student health.

Legislative Requirements

- A parent must serve as co-chair
 - The co-chair was Katrina Scott
- Must have at least five appointed members
 - The council had 25 members
- Must establish a physical activity and fitness planning subcommittee
 - Subcommittee was established
- Must meet a minimum of four times per year
 - The Council met 5 times:
 - October 26, 2023
 - January 4, 2024
 - March 7, 2024
 - May 9, 2024
 - June 10, 2024
- Must deliver a report of the Board of Trustees
 - Report prepared for the October 21, 2024 Board Meeting



Major Involvement 2023-2024

1

Utilized the School Health Advisory Council to review and update the BISD Wellness Plan

3

Engaged the BISD Community in the Million Mile Month Wellness Event

2

Departments shared progress updates on SHAC goals (Health Services, Counseling Services, Employee Benefits, Nutrition Services, Student Services, Physical Education).

4

Presented at the Parents as Partners Conference - Fentanyl

Recommended SHAC Initiatives for 2024-2025

1

Continue to review and update the Wellness Plan

2

Explore ways to engage the BISD community in wellness activities

3

Create opportunities to inform the BISD community on SHAC topics

4

Develop partnerships within the BISD community to strengthen resources for health and wellness

2024-2025



SHAC Meetings

- 1 October 24, 2024
- 2 December 19, 2024
- 3 March 6, 2025
- 4 May 8, 2025