

## **Good Medicine Program update for October 2018:**

- In the month of October, we held two Youth Mental Health First Aid trainings, where we had a mix of audiences that included teachers, coaches, staff, high school students, college students, and community members. The high school students, college students, and community members were given two \$25 gift cards for attending.
  - \*\* October 8, 2018: 13 coaches/teachers
  - \*\* October 19, 2018: 16 individuals students/college/students/staff/community members

Scheduled Future dates:

- \*\* November (we have not heard back from IHS on dates).
- \*\* December 18, 2018
- \*\* January 15, 2019
- \*\* February 19, 2019
- \*\* March 19, 2019
- \*\* April 16, 2109

On November 13-15, 2018, Karla Bird and Juliana Salois will be attending the Youth Mental Health First Aid Train the Trainers Training in Helena, Montana.

- The Good Medicine Program staff members attended the Advance School Mental Health conference, where we were able to learn and understand about what other schools are doing around Suicide, mental health, and services in schools across the US.
- On October 18, 2018, the Good Medicine Program presented the Question, Persuade, Refer suicide training to the Heart Butte Public School teachers and staff.
- On October 18, 2018, we hosted a Parent Informational session from 4:00pm to 6:00pm at the Buffalo Hide Academy, but no parents showed up.
- The Signs of Suicide & Question, Persuade, Refer suicide prevention trainings along with the BSAD (Brief Screener for Adolescent Depression) screener has been presented to 7<sup>th</sup> to 11<sup>th</sup> graders. We will be presenting to the Seniors on November 6-7, 2018. We are working with the Napi principals to get a date soon for the 6<sup>th</sup> graders. Every year that we complete the suicide prevention programs, we learn more and more about what our students need and what staff need in order to be effective. The data collected from the BSAD screener will be ready to present to the Browning Public-School Board in December 2018. We will also be looking into more intense trainings for the school counselors and the GMP staff members around suicide assessments and interventions.
- The Good Medicine Program Director Kimberly Tatsey-McKay was asked to be a part of the Montana Native Youth Suicide Reduction Coalition. The first meeting will be in Helena, Montana on November 15, 2018. I am hoping to understand what other tribes are doing for prevention and what they are doing for K-5<sup>th</sup> grade on the topic.

- On November 2, 2018 our new employee John Parente started in his position at the Browning Middle School. With completing the SOS & QPR training at the BMS a few days before, we have accumulated him a list of students who he will put on his case load.