



Employee • Church • School Assistance Programs

Pine Rest Assistance Programs incorporate an interactive and authentic approach to mental health and well-being with services focused on exceptional care, compassion, responsiveness, and commitment to our communities.

We proudly serve businesses, churches, and schools with employee and organizational well-being initiatives. We strive to foster communities that embrace preventative health care measures, encourage dialogue about mental health, and support a culture of diversity and inclusivity.

Our team includes specialized clinicians and professionals dedicated to providing quality care. We offer extensive resources to nurture your team members in becoming the best version of themselves, resulting in improved organizational health and resiliency. Pine Rest would be honored to partner with your organization on a journey to thrive!

Pine Rest Assistance Program benefits encompass the following services:

- 3, 5, or 7 sessions of confidential counseling per episode of care, telehealth or in-person
- ALL household members are eligible for benefits
- 24/7/365 in-the-moment support
- Same-day sessions available
- Legal consultation
- Financial consultation
- Elder care consultation
- Infant feeding consultation
- Real estate consultation
- Online resource library
- Online financial education
- Onsite orientations & benefit fairs
- Mandatory referral program
- Critical incident response
- Management consultations
- Professional development & educational trainings
- Executive & employee coaching
- Mediation services
- Quarterly conferences
- Account management
- Utilization reporting

Please contact us for more information or
to request a proposal and price quote.

800.442.0809 | eap@pinerest.org | pinerest.org/eap



1978
Year
Established

3rd
Largest Behavioral
Health Facility
in U.S.

7500+
Accessible
Clinicians

600+
Organizations
Served

254,000
Lives
Covered

12,222
Services
Delivered
(2023)

60+
Professional
Development
Trainings

8.8%
Average
Utilization
Rate



THE VALUE OF PINE REST ASSISTANCE PROGRAMS

Exclusive Continuing Care Pledge and Continuum of Care

Pine Rest Assistance Programs offer an exclusive Continuing Care Pledge where members may continue counseling with the same therapist after their free sessions are exhausted. Our Continuum of Care allows members to seamlessly access higher levels of care through our hospital-based services.

Extensive Ongoing Communication

Our ongoing commitment to consistent communication includes touch-base meetings with your Account Manager, Mid-Year Review, monthly e-newsletter, special edition newsletters, biweekly wellness content, quarterly conferences, quarterly utilization reports, monthly webinars, Snags, promotional materials and timely replies to phone calls and emails.

National leader in clinical research and establishment of best practices in behavioral health care.

Pine Rest is proud to be accredited by The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities as well as an Associate Member of the National Network of Depression Centers and approved SHRM Recertification Provider.

Robust Professional Development Curriculum

Professional development and training courses are created and facilitated by Pine Rest clinicians and HR professionals. We offer more than 60 topics including content for leadership, mental health, DEI, substance use and organizational wellness.

Triage and Consultation Team

Our Triage and Consultation Team of clinicians assess what services are needed and assist in accessing appropriate care. This includes in-the-moment support as well as same-day sessions.

WE CARE!

Assistance Program services are not a product to us. We are supporting and healing PEOPLE during their most vulnerable times. Our team takes this responsibility very seriously and strives to incorporate a human touch into all our interactions. Your employees will be cared for with compassion and integrity at the forefront.

CUSTOMER TESTIMONIALS

“ We LOVE having our EAP with Pine Rest and it always makes new employee's ears perk up when we mention it during onboarding. It also allows us to offer extra support to our staff when a particularly difficult event or world event happens.”

- Hulst Jepsen Physical Therapy

“ I've come to really appreciate Pine Rest's quick response when we feel like we are in a bit of a crisis. They have calmly guided and challenged us to become more resilient leaders.”

-Calvin University

“ The Pine Rest EAP team has taken care of our employees as if they were their own, and we have received outstanding customer service from every Pine Rest employee we have come in contact with. Ottawa County saw a 400% increase in EAP utilization in the first year and the feedback from employees has been overwhelmingly positive.”

-Ottawa County



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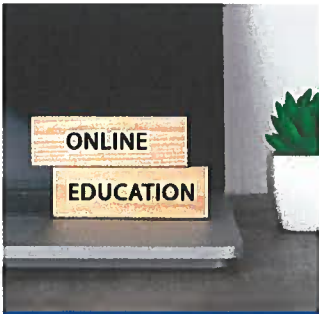
PERSONAL ADVANTAGE

Online Wellness Library

www.pinerest.org/pal

Enter your company username to access thousands of wellness resources.

Translation to 200+ languages!



TRAININGS

Build skills for personal and professional growth.



ASSESSMENTS

Get insights into your risk levels and actionable steps to take.



WEBINARS

Access online webinars to stay informed and knowledgeable.



CALCULATORS

Interactive, self-help financial tools to assess possible outcomes.



LOCATOR TOOL

Find childcare, adult, and education services near you.



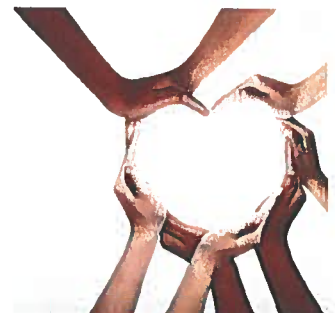
WELL-BEING

Prioritize mental health with resources and support.



LEGAL

Access valuable legal information and resources.



CONNECTIONS

Build and maintain meaningful relationships with loved ones.



HEALTH

Resources for informed health decisions and your well-being.



FINANCIAL

Manage your finances effectively with a range of financial tools.



PARENTING

Navigate parenthood with helpful tips and resources.



WORKPLACE

Professional and career growth resources.

