

Trauma Responsive Schools-Designation Pilot – Model I School Participation Agreement

Over 25% of children and adolescents report having experienced a significant trauma by adulthood. Exposure to trauma has a negative impact on academic outcomes (School Mental Health, 2016). Schools are the largest child-serving service system in our country, with unparalleled opportunities to build resilience for youth who experience traumatic events and reduce behavioral health disparities. Whole school trauma-responsive schools approaches are supported by national models calling for educational and other child-serving systems to address the widespread effects of trauma (National Childhood Traumatic Stress Network, 2017).

Center for Childhood Resilience (CCR) at Ann & Robert H. Children's Hospital of Chicago is conducting a Trauma Responsive Schools-Designation (TRS-D) pilot to support schools to become trauma-responsive and to evaluate levels of external consultation support. The goal of the pilot is to identify effective, sustainable and scalable model of consultation. The CCR TRS-D pilot has two phases and will support 30 Illinois schools in a process to become more trauma responsive. During Phase I (February – June 2020), participating schools complete professional development on trauma and impact on students, collaborative trauma-responsive schools needs assessment, and data driven action planning. In Phase II (July 2020 – June 2021), participating schools will receive funding to implement their action plan (contingent upon available funds), implement their action plan and monitor their progress via the trauma-responsive schools assessment.

Benefits of Participation

During Phase I (February – June 2020), participating schools will receive:

- **Professional Development Series**: three 90-minute webinars, including:
 1. Impact of Exposure to Trauma on Students, Staff and the School Community - overview of how to recognize signs of trauma and develop effective school-wide and classroom-based strategies for creating an environment that is supportive of students
 2. Trauma-Responsive Schools-Implementation Assessment (TRS-IA) – collaborative schoolwide needs assessment aligned with the eight domains of whole-school trauma-programming
 3. Trauma-Responsive Schools Action Planning – data-driven action planning process for guidance on the development of high-quality school-specific SY2021 action plan
- **Professional Learning Community**: online, cross-school and peer-directed virtual learning community for accessing and sharing resources, learnings and best-practices during phase 1 and phase 2 of the pilot.

During Phase 2 (July 2020 - June 2021), participating schools will receive:

- **Action Plan Implementation Funding Award**: School Action Plan Implementation Award to support the implementation of the school's action plan. The school-level grant awards of up to \$2,000 can be used to cover the costs of professional development, related curriculum or supplies, community mental health providers or other community-based organizations in alignment with school-action plan goals.
- **Professional Learning Community**: Online, cross-school, peer-directed virtual learning platform to support implementation of the action plans including cross-school status updates, shared learning opportunities and collaboration.

Requirements of Participating Schools

- **Convene TRS-D School Leadership Team**
 - Identify and convene a TRS-D school leadership team with a minimum of five (5) staff members, including at least one teacher and one administrator (principal or assistant principal) to lead the TRS-D pilot process
 - Identify a TRS-D school leadership team lead to ensure participation and completion of activities and serve as liaison to the Lurie CCR TRS-D Administrator

- Complete the Professional Development Series
 - Each member of the team must complete the three professional development webinar sessions (to be scheduled at your convenience) to inform the TRS-D pilot process
 - Utilize online TRS-D guides and manuals to inform the TRS-IA completion and action planning process
- Complete Trauma Responsive Schools-Implementation Assessment (TRS-IA) in Phase I and Phase II
 - Complete the TRS-IA as individual school leadership team members
 - Collaborate as school leadership team to review and achieve consensus on school TRS-IA ratings
 - Enter the school leadership team TRS-IA consensus ratings into the School Health Assessment and Performance Evaluation (SHAPE) System data platform
 - Agree for SHAPE system administrators to share the TRS-IA data entered in the data platform with the CCR TRS-D Pilot Team
- Develop SY21 Trauma-Responsive Schools Action Plan
 - Convene TRS-D school leadership team to develop data-driven action plan based on TRS-IA outcomes
- Complete Pilot Survey

Each school leadership team member will complete a 10-minute online survey on the TRS-D pilot process
- Participate in School Principal Structured Interview
 - Participate in two (2) one-on-one 60-minute structured phone interviews for School Principal or Assistant Principal to provide feedback and inform the TRS-D pilot process

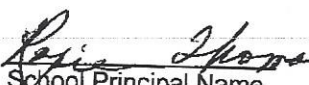

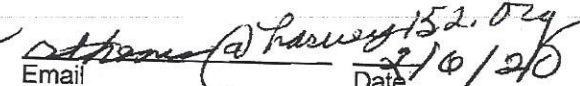
Phase I Timeline*

Participating schools will:

- Submit a signed TRS-D School Participation Agreement to the Center for Childhood Resilience by February 7, 2020.
- Complete "Impact of Trauma" Session 1 of the Professional Development Series (March 2020)
- Complete "Trauma-Responsive Schools-Implementation Assessment (TRS-IA)" Session 2 of the Professional Development Series (April 2020)
- Enter "Trauma-Responsive Schools-Implementation Assessment (TRS-IA)" school leadership team consensus ratings on the SHAPE system (April 2020)
- Complete "Trauma-Responsive Schools Action Planning" Session 3 of the Professional Development Series (April 2020)
- Complete and submit Trauma-Responsive School SY21 Action Plan (May 2020)
- Complete pilot survey (May 2020)

*Specific dates for will be forthcoming. Please note: Phase II timeline will be provided in April 2020.

By signing below, I acknowledge that I have read and agreed to participate in the Trauma Responsive Schools Development pilot program according to the terms and conditions outlined in this participation agreement.

 School Principal Name School Principal Signature Email Date 2/6/20

If you have any questions or require additional information, do not hesitate to contact Center for Childhood Resilience at ccr@luriechildrens.org.