

# THE HOWLER

Garibaldi Grade School | Newsletter



## February 2025

Do you have a child who will be 3 by September 1st, 2025? Do you live in the Garibaldi Grade School boundary? If so, they may be eligible to attend our 3-4 year old preschool program here at GGS. If you have not been added to our wait list, please reach out to Tami in the office at 503-322-0311.

And a reminder, there is **NO SCHOOL** this Monday, February 3rd.

## Important Dates & Reminders

February 3rd, Monday | No School - Professional Development

February 10th, Monday | School Board Meeting, 6:30pm @ District Office

February 13th, Thursday | Family Paint Night, 5:30pm @ GGS

February 17th, Monday | No School - President's Day Holiday



## Upcoming Family Nights!

Be sure to save the dates for upcoming Family Nights!

February 13th, 5:30 - 6:30pm - Free Family Paint Night

March 20th, 5:30 - 7pm - Family Skate Night - Tillaskate

May 6th - Spring Music Program

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February's Characteristic is Kindness

Each month, GGS focuses on a personal characteristic and teaches it to our students. Our focus for the month of February is being kind. Students who are kind show respect to others and themselves. They offer help to those who need it, forgives others, and respects others' differences.



At the end of the month we will be handing out three awards in each class, two for students who were demonstrating Being Kind, and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on being kind.



### **The Golden Brain Award!**

The students have been learning all of the Tools and how to use them to manage their emotions and actions. It has been so exciting to see them be able to apply those skills in everyday situations. The Golden Brain award will be given out at our monthly assemblies to students who have been able to help themselves or others with our Toolbox Tools.

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### **Every Day Matters and We're Here to Help!**

Much of your child's learning today is built upon what they learned the day before! So when students miss school for any reason, excused or unexcused, this creates a gap and impacts their ability to participate in learning. This learning gap becomes significant when a student misses 10% or more of school. Though these absences may be excused, the student would still be considered chronically absent, and the school would likely be concerned for your student's academic success.



GGs wants your child to succeed and is focused on helping smooth the way to regular attendance. Share your challenges so the staff can help. We have many resources and staff to assist you, from our counselors, community resource coordinators, district nurse, you are not alone!

***Students who are present for 90% or more in the month of February will enjoy Cookies!***

***A great goal to work with your child on is if your student reaches at least 6 months of great attendance, they will be able to attend GGS's end of year attendance ice cream celebration!***

January was a month of review, and we have covered a lot of information from the start of our school year. The students did a fantastic job remembering how their brain works, and how we use this information to manage our emotions with our Tools. We have also been practicing a new strategy to help us to use our Words Tool.



- Step one is to say "I Notice \_\_\_\_." This is where the child can say how their body feels. We've talked about how our body sends us messages when we are starting to have a feeling. These are called our "red flag warnings." An example might be "I notice that I'm talking louder."
- Step two is to say "I feel \_\_\_\_." This is where we name our feelings. "I feel angry."
- Step three is to say "I can\_\_\_\_." This is where we can say what Tool we could use to help handle this emotion. It's helpful to identify three Tools that would be helpful to solve the problem.








We reviewed the size of the problem and our response. It's important to remember that big problems cause us to feel uncomfortable or scared and they need adult help right away. The emotions that come with small problems make them feel big. We discussed using our Personal Space Tool and our Words Tool when handling situations where there is safe touch, unsafe touch and unwanted touch.

The character trait for February is Kindness and it will also be the focus of my classroom lessons. As we spread kindness during this month, we will focus on using our Empathy Tool. This Tool will help us to see things from another person's perspective and figure out what would be the kind thing to do. We will be having a Kindness Spirit Week. If you would like more ideas on how to keep kindness going at home, check out this website: <https://www.randomactsofkindness.org>. They have lots of free activities available to spread kindness. Let's make kindness the norm!

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## Kindness Spirit Week - February 10 -14

<p>Monday 2/10</p> <p>The Kindest Place on Earth!</p>  <p>Wear Disney or Mickey Mouse Gear</p>	<p>Tuesday 2/11</p> <p>Color Our World With Kindness!</p>  <p>Wear your favorite color or colors.</p>	<p>Wednesday 2/12</p> <p>Inspiring Kind Words Day!</p>  <p>Wear Your Favorite Shirt with Kind Words.</p>	<p>Thursday 2/13</p> <p>There's Comfort in Kindness!</p>  <p>Wear your comfy clothes.</p>	<p>Friday 2/14</p> <p>Garibaldi Wolves Work as a Team to Promote Kindness!</p>  <p>Wear Garibaldi Wolves Colors or your Valentines Outfit.</p>
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## PE with Mrs. B!

For the month of January, GGS students participated in gymnastics. There were three main components which included balance, strength/jumping and landing. Our 2nd-5th grade students collaborated with a partner or a team of four to create their own gymnastics routine. All the routines were great! Additionally, students have been learning about keeping a drug free lifestyle in

health.

**What's next?** Street racket (paddle sport similar to pickleball) and jump roping! Next week we will kick off our jump rope unit with a visit from the Tsunami Skippers Jump Rope Team as well as a visit from the American Heart Association. Students will be encouraged to participate in the American Heart Association's Kids Challenge. You can find more information at [American Heart Association's Kids Challenge](#)

## 2024-25 Statewide Assessments, 3rd-5th Grades

Every year we need to notify families of the Statewide Assessments that will be happening. Oregon law permits parents to annually opt-out of Oregon's statewide assessments in English Language Arts and/or Mathematics by submitting an annual form to the school the student attends. Please view the notice at this link: [OSAS Opt Out Form English](#) or ask for a paper form in the school office.

## NKN School Board Meetings

Next Meeting is Monday, February 10th, 6:30pm



This is a monthly meeting of our School Board. The meeting takes place at our District Office or through Zoom. You can access this meeting through our district website ([www.nknsd.org](http://www.nknsd.org)) under "School Board" and then "Board Meetings".

GGG information online



"Is School Closed Today?"...

Our district has had its first official district wide school closure day in December. In the case of inclement weather or a power outage, the school district will make timely and safe decisions based on current conditions.

Public notice of school cancellation or delay will be made usually by 6am (or earlier if known) and notices sent out via School Messenger, Flashalert, posted on District website ([nknsd.org](http://nknsd.org)) and

Facebook/Instagram pages.

School Messenger is sent out based on your contact phone number you have provided the school and Flashalert is a service you can sign-up for to be notified of closures of schools and other organizations. Directions on how to sign up are below. If you feel you are not receiving a message to your contact phone from the District, please contact your child's school to confirm your information.



Reminder: Sign up for FlashAlert!

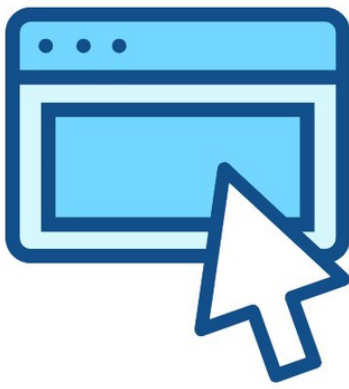
As we move into the stormy weather months, you can receive FlashAlert messages from NKN School District updating you on any delays or closures. To do this you go to

<https://www.flashalert.net/>, *manage your messenger subscription*, and make sure you are signed up for Neah-Kah-Nie School District.



How to Find GGS Information Online!

Besides our monthly Howler Newsletter, you can find school information online! Our district has an informative website at [www.nknsd.org](http://www.nknsd.org) and Garibaldi Grade School has a page with all sorts of great information for our families. You can find this monthly newsletter, student handbook and even a parent page with information on busing, school lunches, wellness and more!



**WE ARE  
HIRING**

- Join Our Team -

**Open Positions:**

Elementary Special Education  
Teacher -GGS

- Substitutes - PT & FT  
Instructional Assistants,  
Cafeteria helper,  
custodian. Hired  
through ESS.



If you have any questions about positions, reach out to Mrs. Nugent or Lisa in the school office.

## Be a Substitute at Garibaldi Grade School!

Sign up to be an Instructional Assistant (classified) or Teacher (certified) substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to [ESS.com](https://www.ess.com), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact 866-208-7454 x1 or email: [applicationswest@ess.com](mailto:applicationswest@ess.com).

## Reasons to keep me home from school and what needs to happen before I can return

What is my symptom?	When should I stay home?	When can I return to school?
<b>Fever</b>	I have had a fever of 100.4°F (38°C) or higher in the last 24 hours.	If I have been fever-free for 24 hours without the use of fever-reducing medication and I am feeling better.
<b>Vomiting or diarrhea</b>	If I have vomited 2 or more times in the last 24 hours. If I have had 3 loose or watery stools in a day or if I may not make it to the toilet in time.	If I did not vomit in the last 24 hours and I am able to drink liquids and eat food. If I have not had diarrhea in the last 24 hours.
<b>New cough or trouble breathing</b>	If I have a new or persistent cough that interferes with my ability to participate in school activities, difficulty breathing or trouble catching my breath.	Once I am feeling better and my symptoms are improving for at least 24 hours. If my symptoms were due to asthma, please make sure that I have permission to use a rescue inhaler at school.
<b>Rash</b>	If the rash is new and undiagnosed by a health-care provider, is increasing in size, is draining and cannot be completely covered, or if I develop a fever.	If my rash has healed or I have been cleared for return by my health-care provider and any draining rashes are completely covered.
<b>Eye redness and drainage</b>	If I have new and unexplained eye redness without drainage, fever, eye pain, eyelid redness or vision changes.	Once my eye symptoms have gone away or I have been cleared for return by my health-care provider.

*If you don't know whether to send your child to school or have specific concerns regarding your child's health, contact your child's health-care provider, a local healthcare provider, or the school nurse.*



Adapted from:



### Garibaldi Grade School

Email: [lisas@nknsd.org](mailto:lisas@nknsd.org) Website: [nknsd.org](http://nknsd.org)

Location: [604 Cypress Ave, Garibaldi, OR](https://www.google.com/maps/place/604+Cypress+Ave,+Garibaldi,+OR) Phone: [503-322-0311](tel:503-322-0311)



# FEBRUARY 2025

## GARIBALDI GRADE SCHOOL

A variety of sandwiches  
Are available daily as an  
Option for lunch

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <b>PROFESSIONAL DEVELOPMENT</b> NO SCHOOL	<b>4</b> Breakfast Sandwich Chicken Soft Tacos	<b>5</b> Strawberry Cr. Cheese Bagel Mac & Cheese	<b>6</b> Yogurt & Grahams Rib-A-Que	<b>7</b> Blueberry Muffin Chicken Strips & Fries
<b>10</b> French Toast Corn Dogs	<b>11</b> Pancake on a Stick Enchiladas	<b>12</b> Breakfast Bar Orange Chicken Over Rice	<b>13</b> Scrambled Eggs/English Muffin Tillamook Cheeseburger	<b>14</b> Breakfast Burrito Pizza Sticks
<b>17</b> <b>PRESIDENTS' DAY</b> NO SCHOOL	<b>18</b> Sausage & Biscuit Nachos	<b>19</b> Banana Bread Spaghetti	<b>20</b> Pancakes Chicken Burger	<b>21</b> Oatmeal Rounds Breakfast For Lunch
<b>24</b> Waffles Hot Dog & Baked Beans	<b>25</b> Breakfast Sandwich Bean & Cheese Burritos	<b>26</b> Cinnamon Cr. Cheese Bagel Teriyaki Chicken Over Rice	<b>27</b> Strawberry Smoothie & Grahams Pulled Pork Sandwich	<b>28</b> Blueberry Muffin Popcorn Chicken



A variety of fresh fruits and vegetables are available daily on our offering bar. All of our bread options are whole grain or whole wheat. GF options available. Fat-free and 1% milks are offered daily. Whole grain cereals are an option at breakfast. Menu items are subject to change.

**"This institute is an equal opportunity provider"**



**Lisa S**

Lisa is using Smore to create beautiful newsletters