

## Mental Health Advisory Committee Meeting Agenda

1.13.25

ELHS Library and Hub

5:30pm-7:00pm

### Call to Order (Start in the Library) (Fin)

- **Present:** Monica Trevino, Kristin Sesti, Heather Findley, Natalie Moser, Erin Parcell, Klaudia Burton, Jennifer Peatross, Paul Walworth, Mark Foster Kristen Pfaendtner Amy Martin, Gabrielle Pruitt, Joseph Eiland
- **Absent:** Krystal Dunn, Lisa Coyle, Anne'ke Marzette-Armstrong, Lila Tuell Diane Cox, Quiana Davis Abigail Tykocki, Anissa Munoz
- **Note taker:**
- [Sign in for Attendance](#)

### Approval of the meeting agenda (Fin)

- A motion to approve the [agenda](#) was made by

### Approval of the meeting minutes

- A motion to approve the [minutes](#) was made by

### Public Comment

- Welcome/Introductions-
- GPL Update:
  - **Logistics**
    - 75\$ gift card visa for participants
    - Parent participation is an hour-team agreed that after school hours is best and that offering one in person and one virtually would be good
    - Student is one to two excel periods-advocated that students can receive a pass to participate the whole hour
  - **Targeted participants**
    - High School students
      - Two different groups of 8-10 participants
    - Caregivers in the district
      - Two different groups of 8-10 participants
    - **Considerations for MHAC to make Recommendations**
      - Who, how, when, where for caregivers
        - There was a robust conversation about whether or not caregivers from all buildings should be included or targeted buildings
        - If we are having focus groups for high school students there was discussion if for high school caregivers would be enough
      - Suggestions for recruiting participants
        - Method of recruitment v.Targeted vs. free for all participants
          - It was discussed that targeted caregivers might be best because then we are intentionally identifying people who may offer insights into some of our questions regarding culture and beliefs of mental health services and or resistance
      - Participant Permission/consent
        - What do we want to include content
        - Should a staff sit in on the student focus group? No because they might not be as authentic
      - Who/what approval for communication/recruitment
        - Administration should review documents

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### ● Committee and Action Focus

- Mental Health and Wellness Summit : April 23, 2025
- Donation Update-\$1000 from the EL Basketball Club
- [Mental Health and Wellness Summit Fundraiser and Publicity Elementary Secondary](#)
  - **Summit:** Discussed possible vendors, goals for deadlines
  - **Elementary** discussed a general desire to support but do not want to overstep, so it was discussed how to communicate with administration and considered possible ideas. To continue at the next meeting
  - **Secondary** : Amy Martin and Kristen Pfaendtner met to plan the middle school movie night.
    - Movie: Inside Out 2
    - Date: Feb 27, 2025
    - Location: MMS Media Center
    - Time: 3pm-5pm

#### To Do:

- Make flyer to send out to parents: Kristen by Friday
- Make Sign Up Genius for snacks/water: Kristen by Friday
- Distribute flyer: Amy to MMS Parents/Guardians and community council, Kristen to Kali Stevens to post on ELPS social media

Misc notes: We are planning for 50 students. We didn't discuss adult supervision, I'm sure Amy has that covered.

- Fundraising: discussed how to look for donations
- What is your committee's goal by the next meeting?
  -

### New Business/ Future Meeting Topics

#### Announcements

- Next Full Committee Meeting: 2.10.25

### 10. Adjournment