

To the Minidoka County School Board:

As the head Cross Country coach, I've been thinking about the structure of my coaching staff and how I can set my coaches up for the best success of the kids and the program. At the current time, the coaching staff consists of myself and two assistants (Mr. Randy Reddington and Mr. Colton Bruns). Both coaches are great helps and are doing great with the assignments given to them. Randy helps me on the high school team and with his years of experience is invaluable as a resource. Colton coaches both the middle schools combined at the high school after school.

If I could have the coaching staff arranged in the best possible manner, I would make Colton the Head Middle School Coach instead of a high school assistant because he only works with the middle school students. Then I would have 2 assistants that work with the high school runners along with me as the head coach. I believe that by doing this we could have help with recruitment and help pushing our kids to be the best they can be. The two assistants would be over either boys and girls or we could set one up as the medical coach and the others watching stride and gait of the runners. It's hard to be at every mile mark on the race courses, so an extra coach would also help in that way.

Also when you look at the teams around our district, we are one of the only schools with only two coaches. Also looking at the other schools, it seems that with more coaches helping the kids the teams are more successful. Twin Falls, Canyon Ridge, Wood River, and Jerome all have three coaches and seem to be at state as a team consistently. We are also having more teams join our conference and need to be prepared to be competitive in the ten team conference we are going to have.

So in conclusion, I would hire one extra coach to promote better running throughout the races and to help in recruitment. I would also restructure things so that my assistant now is taken away as a high school coach, but made into the head middle school coach which is the job he is doing anyway. Thank you for your consideration in this manner.

Sincerely,

Kyle Meyers