

## Lyon County School District Board Memo

**Date:** April 22, 2025  
**To:** Board of School Trustees  
**From:** Rachel Stewart, Executive Director of Special Services  
**Re:** Hazel Health Contract

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**Recommendation:** That the LCSD Board of Trustees approve the contract with Hazel Health to provide virtual mental health services to the students of the LCSD.

**Background Information:**

Since 2021, the LCSD has utilized Hazel Health to expand access to healthcare. Hazel Health has received funding to provide students of the LCSD with free behavioral health services for one school year. Hazel Health provides behavioral health services designed to support students' emotional well-being. Their services are delivered through a secure telehealth platform, allowing students to connect with licensed mental health professionals from school or home.

Key features of Hazel Health's behavioral health program include:

- **Access to Licensed Therapists:** Students can receive short-term, evidence-based therapy sessions at no cost to families.
- **Quick Response Time:** Referrals are processed promptly, with initial sessions often scheduled within days.
- **Focus on Early Intervention:** Services aim to address issues such as anxiety, depression, grief, peer conflict, and stress before they escalate.
- **Parental Involvement:** Families are engaged throughout the process to ensure continuity of care and support.
- **Coordination with School Staff:** Hazel Health collaborates with school counselors and administrators to ensure students receive wraparound support.

The program supports a proactive approach to student mental health, reduces barriers to access, and enhances our overall school climate by addressing emotional and behavioral concerns early.

Hazel Health uses technology specifically developed for schools to provide services. Hazel Health has the ability to provide families with referrals, resources, and the follow-up necessary to ensure healthy outcomes. Hazel Health will follow district policies, comply with FERPA and HIPAA, and serve all students in the LCSD.

**Budget Considerations:**

N/A

**Attachment(s):**

Hazel Health-Behavioral Health MSA

***Mission Statement** Lyon County School District fosters learning for life, empowers connected learners, promotes student ownership, and encourages discovery learning for success in a rapidly evolving world.*