

## Instruction

### A PARENT'S RIGHT TO DIRECT THE EDUCATION OF THE PARENT'S CHILD E 6142.1 (a) – Middle School

#### Family Life Instruction Parent Notification – Middle School

This school year your child is scheduled to participate in the Family Life Instruction class as part of the North Slope Borough School District's overall health education curriculum.

Units include:

- Social Health
- Dating Relationships and Absence
- Bullying and Cyberbullying
- Emotional Health
- Mental and Emotional Disorders
- Conflict Resolution
- Violence Prevention
- Nutrition
- Physical Activity
- The Life Cycle
- Personal Health Care
- Body Systems
- Tobacco, Alcohol, and Drugs
- Using Medicines Wisely
- Communicable and Non-Communicable Diseases
- Safety
- Environmental Health

A portion of the class materials will involve reproductive health education and cover information on healthy relationships and sexuality including hormonal changes during puberty, healthy relationships, the male and female reproductive system, pregnancy and prevention, diverse relationships, as well as, sexually transmitted diseases and prevention.

You are welcome to contact your child's Health/Physical education teacher or school administrator to make an appointment to review the materials.

The North Slope Borough School District acknowledges that parents and guardians have the right to direct the education of their child. As such, parents/guardians have the option to exclude their child from the lessons involving reproductive health education.

**If you would like to exclude your child from the reproductive health education lessons and units, please notify the school in writing by (include date, must provide not less than 2 week notice).**

Individual students excused from the reproductive health education lessons and units will be assigned alternate materials of equal merit.

*Adopted \_\_/22*