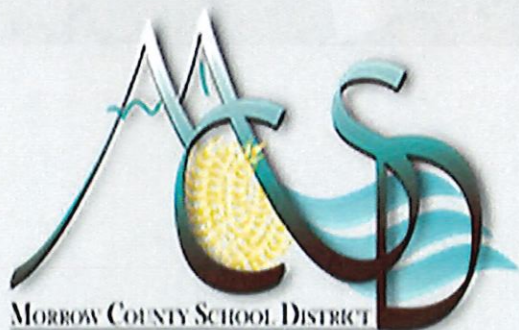


MORROW COUNTY SCHOOL DISTRICT SUICIDE PREVENTION, INTERVENTION, AND POSTVENTION



PREVENTION SUPPORTS FROM STAFF:

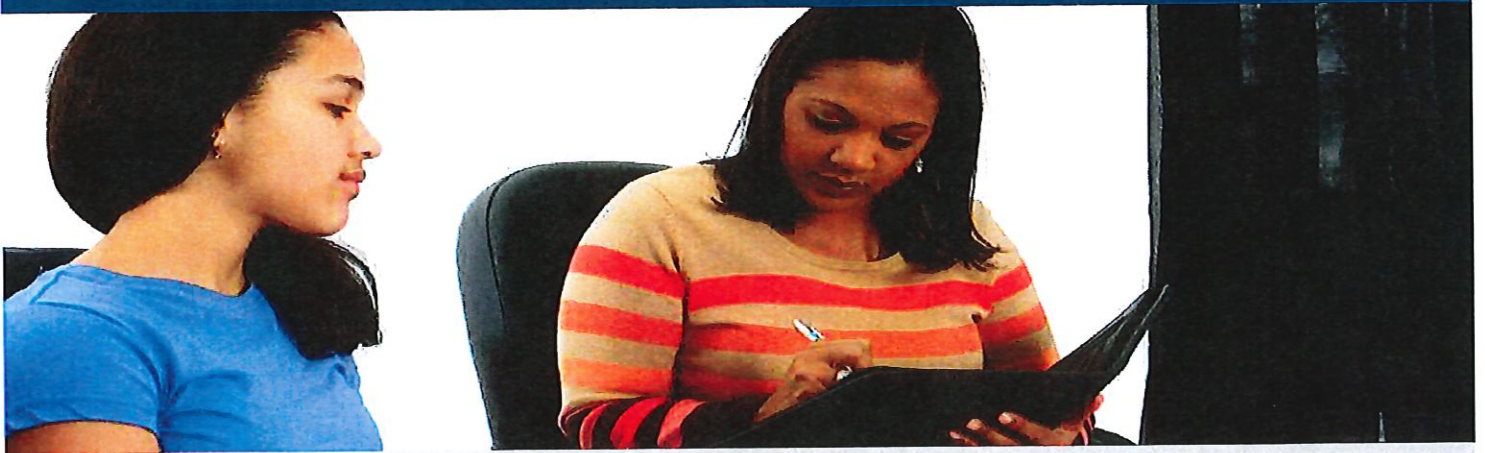
- ❖ Training in QPR (Question, Persuade, Refer) yearly
- ❖ Key staff Trained in ASIST (Applied Suicide Intervention Skills Training)
- ❖ Social Emotional Learning training
- ❖ Conscious Discipline (Elementary)
- ❖ Counselors in all schools
- ❖ Community Counseling Solutions (CCS) Counselor availability at every school with extensive suicide prevention/managing suicide risk training (AMSR, CAMS, QPR, CALM)
- ❖ Culture of Care

PREVENTION SUPPORTS FROM STUDENTS:

- ❖ K-12 mental health education based on state standards
- ❖ Education on personal safety, how to report unsafe behavior, risk factors and warning signs
- ❖ SAFE Schools tip line access to report unsafe behavior

PREVENTION SUPPORTS FROM PARENTS:

- ❖ Access to school staff to report behavior
- ❖ Access to school counselors/CCS counselors
- ❖ Understanding your child classes
- ❖ Strong school partnership with Community Counseling Solutions



National Suicide Prevention Lifeline

1-800-272-TALK

www.suicidepreventionlifeline.org

Oregon Youth Line

1-877-968-8491

Text teen2teen to
839863

www.orgeonyouthline.org

Morrow County Resources:

Community Counseling Solutions: 541-676-9161, 541-481-2911

Law Enforcement: 541-676-5648

WARNING SIGNS FOR SUICIDE

- ❖ Threatening to hurt or kill themselves
- ❖ Looking for ways to kill themselves-seeking access to pills, weapons, or other means
- ❖ Talking or writing about death, dying or suicide
- ❖ Talking about suicide and then appearing to be fine
- ❖ Giving away possessions, changes in medication, not eating, not sleeping in combination with talk of suicide



If a suicidal attempt, gesture, or ideation occurs or is recognized, report it to the school counselor/CCS counselor or school administrator. Call 911, if there is imminent danger. A suicide risk questionnaire is conducted by a trained school staff member (counselor)/CCS counselor. The screener will do the following:

- ❖ Interview student using suicide risk questionnaire screening form
- ❖ Contact parents to inform and to obtain further information, if needed
- ❖ Complete a Suicide Safety Plan, if needed
- ❖ Contact CCS crisis team/on call worker who will respond for appropriate placement/treatment
- ❖ Follow up with mental health services on safety plan, continued counseling or services

SCHOOL/DISTRICT RESPONSE:

We will respond to the tragedy in a manner which appropriately supports students and school community impacted by this tragedy. Morrow Co School District will follow the same protocol for all tragic staff/student deaths, regardless of circumstances. Once the information is confirmed to be accurate, the Principal will activate the following response:

CRISIS RESPONSE:

- ❖ Determine level of intervention needed
- ❖ Activate Crisis flight team/CCS crisis/debriefing team
- ❖ Contact the family, see what their wishes are
- ❖ Inform faculty and staff
- ❖ Inform students
- ❖ Identify at risk students and staff
- ❖ Create safe room and compile resources there
- ❖ Be aware that persons may still be traumatized months after the event. Refresh staff on prevention protocols and be responsive to signs of risk

GOALS OF POSTVENTION:

- ❖ Support the grieving process
- ❖ Prevent imitative suicides
- ❖ Reestablish healthy school climate
- ❖ Provide long-term surveillance

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MORROW CO SCHOOL DISTRICT

235 E Stansbury St.

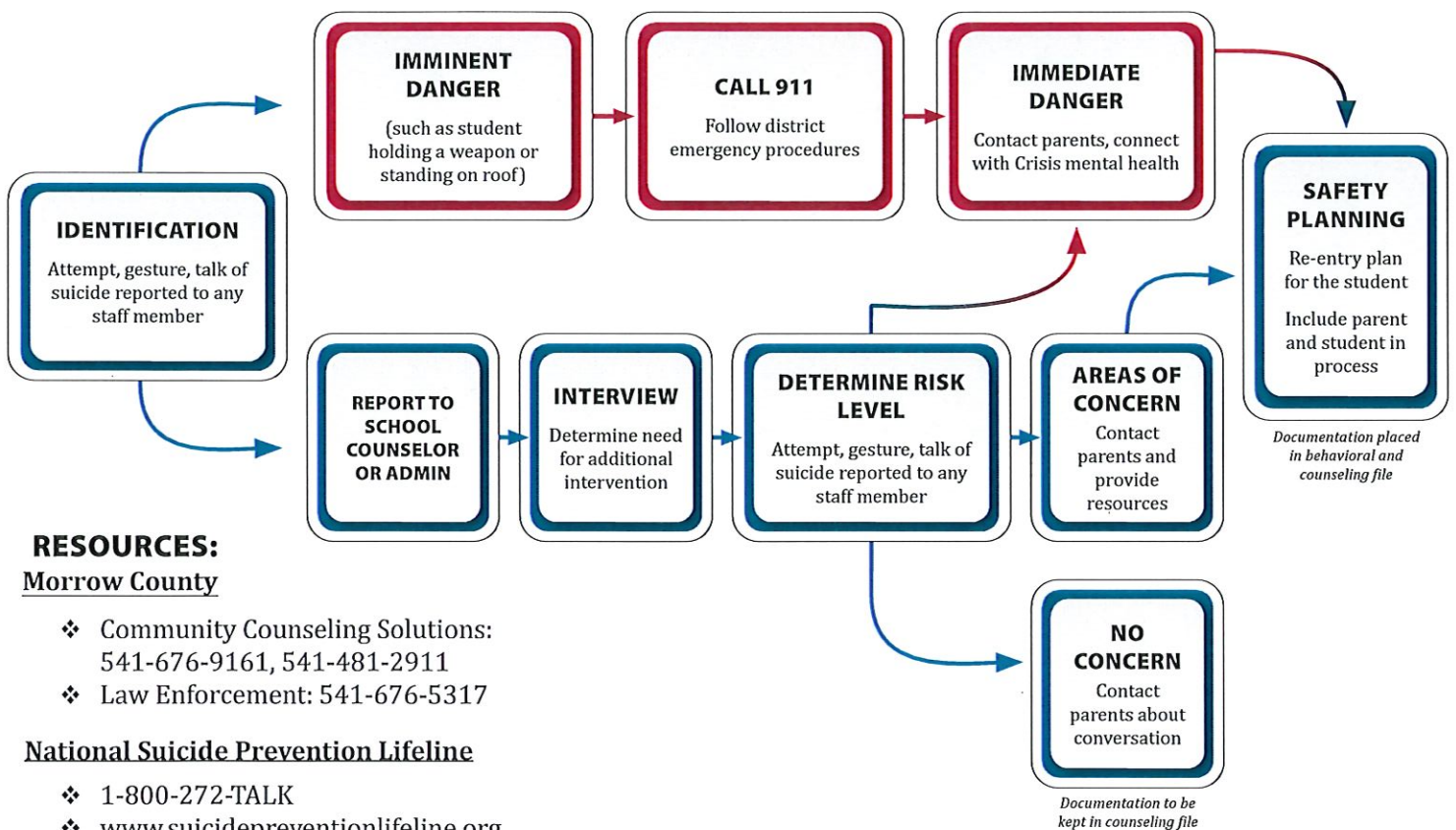
Heppner, OR 97836

Phone: 541-676-5705

Fax: 541-676-5742

morrow.k12.or.us

SUICIDE RISK ASSESSMENT PROCESS FLOW CHART MORROW COUNTY SCHOOL DISTRICT



RESOURCES:

Morrow County

- ❖ Community Counseling Solutions:
541-676-9161, 541-481-2911
- ❖ Law Enforcement: 541-676-5317

National Suicide Prevention Lifeline

- ❖ 1-800-272-TALK
- ❖ www.suicidepreventionlifeline.org

Oregon Youth Line

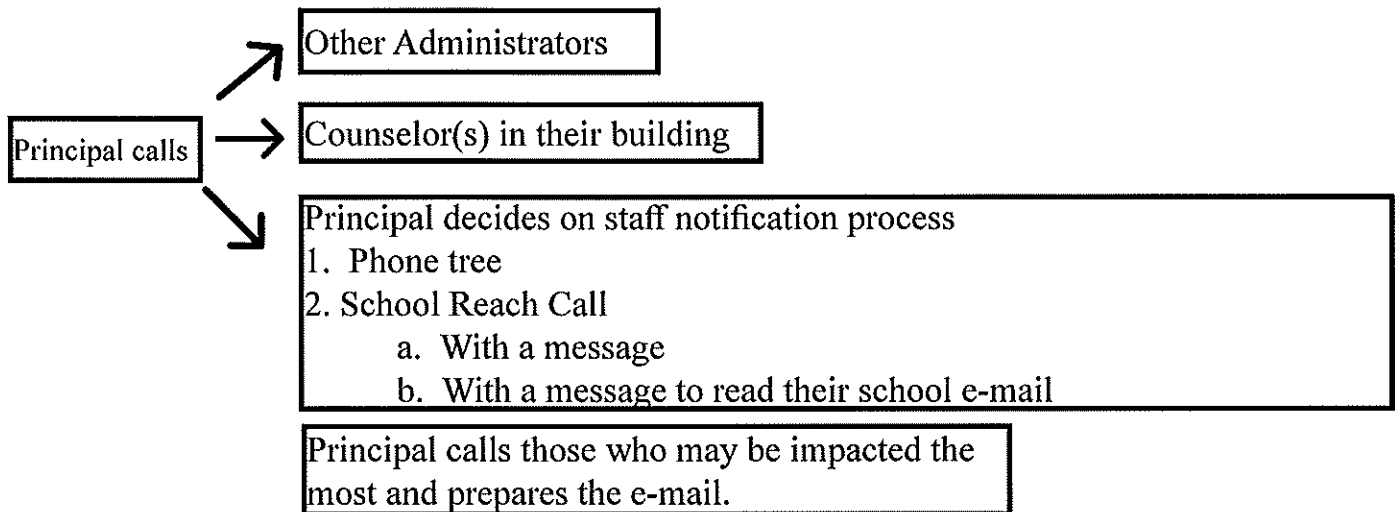
- ❖ 1-877-968-8491

Response to a Crisis/Death in the Morrow County School District

The Superintendent and Building Principal are notified about the crisis.

Superintendent or Principal calls the Flight Team Coordinator (currently the IMESD) or decides if they want to use district employees only.

Superintendent or Principal may delegate someone else to activate the Crisis Flight Team.



Superintendent/Principal makes contact with family to offer condolence and to be sure accurate information is reported.

Principal, cabinet, and Team Leader meet for initial planning.

Principal mobilizes media management and communications systems.

Principal prepares a statement for staff to read.

Principal prepares a statement needed to send home with students.

Administration can ask for input with counselors and or other administrators about any of the above information.