


MARCH

- 2 Classified Appreciation Week
- 3 Spring Pictures 
- 6 District Science Fair Open House
- 11 PTA Meeting 2:00
- 13 Parent child dance 6:30
- 17 St. Patrick's Day 
- 19 Site Council meets 2:00
- 23 SPRING BREAK ~
- 27 NO SCHOOL
- School Resumes March 30th



Manzanita Melrose March 2020

Creating a culture of achievement starting with creating a culture of showing up

As spring arrives the days get longer, schedules get busy, routines are changing and some kids have a hard time getting up in the morning. This can make getting to school on time a constant uphill battle. You can take steps to get your kids on track in the morning. Here are some tips to reduce

- ⇒ Get your kids in bed early - Getting enough sleep is key.
- ⇒ Wake your kids up at least one hour before you need to leave, more if they take long showers or are slow in the morning. If you really want your kids to get out of bed, it helps if you are up and getting ready at the same time.
- ⇒ Keep a regular schedule during the week. Eat dinner at a specific time, have a set time for homework and a set period for TV, if you allow it.
- ⇒ Plan extra time for traffic or the drop off line.
- ⇒ Lay out clothes and book bags the night before. Use this opportunity to make sure homework is done and they haven't forgotten anything for field trips or projects.
- ⇒ Give your kids an alarm clock. Have your kids set their alarm clock to 15 minutes before you intend on going in their rooms.



10 Helpful Hints

For Parents to Help Children Succeed

1. **GET INVOLVED AT SCHOOL** ~ Volunteer in class, for activities, field trips, PTA, Site Council, etc.
2. **SET AND MAINTAIN HIGH EXPECTATIONS FOR THEIR EDUCATION** ~ Support, encourage and celebrate successes
3. **MODEL DESIRED BEHAVIORS** ~ Academically, behaviorally and socially
4. **COMMUNICATE WITH STAFF** ~ Teachers, Office and Administration
5. **CHECK BACKPACKS NIGHTLY**
6. **TALK WITH YOUR KIDS ABOUT THEIR DAY AT SCHOOL**
7. **HOMEWORK SUPPORT** ~ Establish a routine setting aside a specific place and time to do it
8. **READ... READ... READ...**
9. **GET A GOOD NIGHTS SLEEP**
10. **HEALTHY BREAKFAST TO START THE DAY** ~ Remember we offer free breakfast in the morning beginning at 7:15

Spring Break bucket list

make a volcano with baking soda and vinegar - play go fish - go for a hike - read a book about bugs - make a paper airplane - climb a tree - visit a local museum - have a dance party in the kitchen - read a comic book - draw a self portrait - make a tower with every block in your house - read a magazine - play tag - paint rocks - go to the beach - have a backyard picnic - ride your bike - make a paper bag puppet of yourself - pick some flowers - make a fort - splash in a puddle - make a mud pie - help make lunch or make it all by yourself - talk like a pirate - make a bird feeder - flip over rocks and look for bugs - find shapes in the clouds - plant some seeds - go for ice cream - go swimming - read an alphabet book - do a word search - write a story - go to the library - RUN outside.

1 hour late start Fridays
Bell rings at 8:35





Technology Corner

LOST & FOUND

DO YOUR PART!

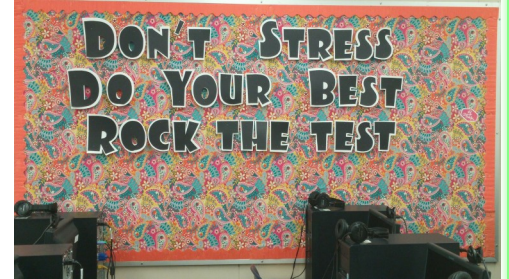
**THE LOST AND FOUND
NEEDS TO BE FOUND!!**

**PLEASE CHECK FOR
MISSING ITEMS!**

LOST A COAT?



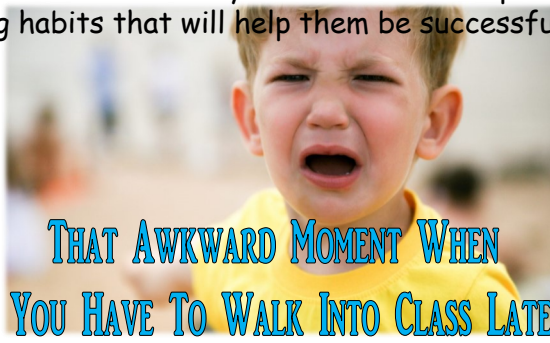
Parents of 3rd-5th grade students: Over the next few weeks we will begin taking our OSAS State testing in Science, Language Arts and Math. In the computer lab, will be having fun in the practice/training test site, playing around with all the tools that are available within the program. Students are learning more valuable computer/word processing skills as we move forward. Starting in March our 5th grade students will be taking an OAKS Science test, then after Spring Break we will begin our OSAS testing in Language Arts and Math. We've been teaching the "Let's just have fun with our test and DO OUR BEST" attitude. It reflects well on the kids for us to maintain a cool attitude and not share any anxiety we may be feeling. They're really ready to rock their tests!! Ensure your student gets enough sleep and eats a healthy breakfast. Avoid heavy foods that may make them feel groggy or high sugar foods that will make them "crash".



LOOK!

One of the most valuable life skills a student can learn is taking the responsibility of arriving at school everyday on time. This skill can easily be accomplished and will transfer as a valuable asset for the future. One of the most important times of the school day is the morning.

This is the time when important school news is announced, teachers define the plans for the day, important social interactions with peers are established and instructional goals are reviewed and set. The whole tone of a child's school day is set in the first part of the day. Please help support your children in learning habits that will help them be successful at school and throughout life.



**THAT AWKWARD MOMENT WHEN
YOU HAVE TO WALK INTO CLASS LATE**

In the wee hours of Sunday, March 8th, at 2:00 am set your clocks forward one hour to "spring ahead."



After School Plans

The office must be informed of after school plan changes. Please send a note with your child or call the office **by 1:00!**



Coming Soon

APRIL

- 2** All school play Shrek District Spelling Bee 6pm
- 3** Clerical Day No Classes
- 7~10** Book Fair
- 8** PTA meets 2:00
- 9~10** Conferences No School
- 16** Site Council meets 2:00
- 22** Volunteer Appreciation Day
- 24** 5th Grade to Lake Selmac

